

# 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

## AMBASSADOR CUP 2018

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### INFORMATION SHEET

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#### 1 SCHEDULE

- 1.1 Registration : Open from 6 Aug 18 (Mon) to 8 Aug 18 (Wed),  
from 9.30am to 12.00pm and 2.00pm to 4.00pm at STF office.
- 1.2 Briefing & Drawing of lots : 2 September 2018 (Sunday)  
5.00 pm to 7.00 pm at National Training Centre
- 1.3 Preliminaries & Finals : 15 & 16 Sept 2018 (Saturday & Sunday); and  
22 & 23 Sept 2018 (Saturday & Sunday)  
**at Toa Payoh Active SG Sports Hall.**

(The organising committee reserves the right to change the schedule as it deems fit)

#### 2 ELIGIBILITY

- 2.1 Members of clubs affiliated to Singapore Taekwondo Federation (STF).  
2.2 Red belt, poom belt and black belt holders (Grades obtained in **April 2018**, second quarter grading season or earlier).

#### 3 CLASSIFICATIONS (FREE SPARRING)

|                                      |  |
|--------------------------------------|--|
| Young (1) Category                   | <b>9 years old and below</b><br>( Born on or after year 2009 )   |
| Young (2) Category                   | <b>10 to 11 years old</b><br>( Born between year 2007 to 2008 )  |
| Cadet 1 Category<br>(Head Kick)      | <b>12 to 14 years old</b><br>( Born between year 2004 to 2006 )  |
| Cadet 2 Category<br>(Non Head Kick)  | <b>12 to 14 years old</b><br>( Born between year 2004 to 2006 )  |
| Junior 1 Category<br>(Head Kick)     | <b>15 to 17 years old</b><br>( Born between year 2001 to 2003 )  |
| Junior 2 Category<br>(Non Head Kick) | <b>15 to 17 years old</b><br>( Born between year 2001 to 2003 )  |
| Senior (1) Category                  | <b>18 to 30 years old</b><br>( Born between year 1988 to 2000 )  |
| Senior (2) Category                  | <b>31 to 40 years old</b><br>( Born between year 1978 to 1987 )  |
| Master (1) Category                  | <b>41 to 50 years old</b><br>( Born between year 1968 to 1977 )  |
| Master (2) Category                  | <b>51 years old and older</b><br>( Born on or before year 1967 ) |

( Details on the weight divisions are provided in the registration form )

#### **4 NUMBER OF PARTICIPANTS**

4.1 No limited of player per weight category

#### **5 UNIFORM**

5.1 Contestants shall wear the official uniform of the STF. Those who fail to observe this rule will be barred from participation.

#### **6 FIXTURES**

6.1 The tournament fixtures will be ready on STF's web by 7 September 2018 (Friday).

#### **7 WEIGH-IN**

7.1 It is compulsory for all participants to undergo the official weigh-in on the event days.

7.2 Weigh-in shall be conducted once. Switching of weight categories after weigh-in will not be allowed.

7.3 During Weigh-in contestant shall wear T-shirt & short. However, weigh-in may be conducted in the nude if the contest wishes to do so (inside room).

7.4 Not weigh allowance given. Players who are over weight or under weight shall be disqualified.

#### **8 DRAWING OF LOTS**

8.1 Only one representative per affiliate will be allowed to participate in draw which will be conducted on 2 September 2018 (Sunday) at 5.00pm.

#### **9 CONTEST**

9.1 One contestants in any of the categories will be counted in the overall tally for the team title.

#### **10 METHOD OF COMPETITION**

10.1 Single elimination system.

#### **11 RULES AND REGULATIONS**

11.1 WTF and STF rules will apply.

11.2 Free sparring will be conducted in 2 or 3 round of 1.0 minutes or 1.5 minutes each with **30 seconds** rest in between rounds. The organising committee reserves the right to modify the duration

11.3 Introduce head kicks for cadets (12 to 14) and juniors (15 to 17) to provide them the opportunity to optimize their skill development. There will be two categories for the two divisions - that is cadet and junior players can participate in either the head kick or non-kick category. For the head kick category, players will be required to wear headgear with protective face shield

11.4 Kicking to the head is prohibited for the **Young, Cadet 2 & Junior 2 Divisions**. The competitor who executes a kick to the head will be an immediate disqualification.

## 12 REGISTRATION

- 12.1 Registration for the championships will be open from 6 Aug 18 (Mon) to 8 Aug 18 (Wed) from 9.30am to 12.00pm and 2.00pm to 4.00pm at the STF office .
- 12.2 Provide photocopy of participants' grades and proofs of participants' ages (for those below 17 years old) are required for verification. Grading cards, black belt/poom certificates, birth certificates and passports are acceptable as documentary proofs.
- 12.3 ***Doctor's clearance will be required for those with pre-existing medical conditions.***
- 12.4 Submission of in-completed registration form will constitute in disqualification of the participant. Submission **after 8 August 18 @ 1600 hours** will not be accepted.
- 12.5 **Strictly not allowed to field their athletes under other clubs.**
- 12.6 Registration Fees : **All fees included GST**
- On or before 8 August 18 : S\$ 21.40 per contestants.**
- On or before 15 August 18 : S\$ 42.80 per contestants,**

## 13 PROVISION OF REFEREES AND VOLUNTERS

- 13.1 All participating teams or clubs are compulsory to provide sufficient qualified National Referees for the tournament. Based on one Referee for every 30 participants per club.**
- 13.2 All participating teams or clubs are compulsory to provide one volunteer (Junior or Senior) for the tournament.**

## 14 COMPETITION OFFICIAL COACH.

- 14.1 Coaches must hold a minimum of Level 2 qualification.**
- 14.2 Strictly not allowed to employ coaches from other clubs to coach their members during the competitions.
- 14.3 All coaches are required to display their professional coach passes before entering the field of play.
- 14.4 Professional coach passes will be required for all tournaments organized or sanctioned by the Singapore Taekwondo Federation henceforth without exception.
- 14.5 Clubs must produce sufficient coaches to take care of their own athletes during the competition especially when 4 courts are used. Athletes will be **disqualified** if coaches from their clubs are not available to accompany them to the arena. It will not be acceptable to use the excuse that the athlete's coach is at another court as the competition cannot be delayed.

## 15 EQUIPMENT

- 15.1 All competitors will be required to wear the following protective equipment on entering the contest area :
- Headgear with face shield (Blue or Red only) or E- Headgear, Trunk protector, E-Socks, Groin guard, Forearm guard, Shin guard, Gloves and Mouthpiece (option for headgear with face shield).**
- 15.2 A female competitor will also be required to wear groin guard.
- 15.3 Equipment used for the competition must be approved by the STF.
- 15.4 PSS system in use : KPNP system, Headgear, Trunk protector & E-socks will be provided,**

## 16 AWARDS

16.1 The following prizes will be presented:

|                       |                     |
|-----------------------|---------------------|
| 1 <sup>st</sup> place | : One Gold Medal    |
| 2 <sup>nd</sup> place | : One Silver Medal  |
| 3 <sup>rd</sup> place | : Two Bronze Medals |

16.2 In addition to 16.1, 3 teams titles – overall champions, 1<sup>st</sup> runner-up and 2<sup>nd</sup> runner-up – will be awarded.

16.3 The titles will be based on, first, the number of gold medals won, followed by the number of silver medals won and finally the number of bronze medal collected. If there is still a tie, the number of participants fielded will decide the winner.

16.4 All medal winners must be present in FULL uniform to receive their prizes. **No further claim after the event.**

## 17 FOREIGN PARTICIPANTS

17.1 Each affiliate is allowed to field a maximum of 2 foreign players.

17.2 The medals won by the foreign participants will not be counted in the overall tally for the team title.

17.3 Documentary proofs of participants' grades and nationalities are required.

## 18 DECLARATION

18.1 Any previous training in other martial arts must be declared. ( e.g. types of martial art ; level and years of training ) ;

18.2 Affiliate representatives (Manager / Coaches) must ensure that parents of participants under 21 years old personally endorse the indemnity forms. They will be held responsible if the forms contain fake signatures.

**18.3 Team manager / Coaches to ensure that their athletes are prepared and fit for the competition. They should withdraw any athlete who is not feeling well on the day of the competition. *Doctor's clearance will be required for those with pre-existing medical conditions***

## 19 RANDOM CHECK

19.1 Random weight checks and participant's grade and ages checks will be conducted during the tournament. Contestants who fail their requirement, shall be disqualified.

## 20 PROTEST

20.1 Any protest against a judgment shall be made on a prescribed form and submitted together with the fee of **S\$214.00 (included GST)** to the Competition Supervisory Board within **15** minutes of the pertinent contest.

## 21 ENQUIRIES

21.1 For further clarification, please call: STF Secretariat at Tel: 6345 149 , or  
Mr. Andy Lee (Chairman, Tournament) at 9106 4421

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# GUIDELINES

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## **CODE OF CONDUCT**

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described.

1. The participants must at all times conduct and behave themselves in a manner befitting of a Taekwondo exponent and will take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behavior.
2. The decisions of all judges and referees are deemed final save that in the event of a genuine dispute or disagreement, the complainant must:
  - a) **Refrain from use of abusive language;**
  - b) **Channel his / her protest through the Team Manager or coach of his / her club to an authorised official of the Federation on the day of the event.**
3. Any attempts to discredit any officials, judges, and referees without good cause subjects those participants to disciplinary actions.
4. No one, including the Team Manager or coaches is allowed to step beyond the boundary line of the RECORDER'S table.
5. Anyone previously disqualified is not allowed to participate without first seeking clearance from the Secretariat.
6. The Federation and / or its organisers reserve the right to vary or add to the above rules if and whenever necessary.

## **Arbitration and Sanction**

The Competition Supervisory Board shall make corrections of misjudgments according to their decision regarding protests and take disciplinary action against the officials committing the misjudgment or any illegal behavior and the results of which shall be sent to the Secretariat of the STF. The Competition Supervisory Board shall also be entitled the Extraordinary Committee of Sanction concurrently at the competition for the matters in relation to competition management.

- 1) The STF President or Hon Secretary (in case of their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviors are committed by a coach or a contestant.
  - a) Interfering with the management of contest or stirring up the spectators for the same purpose.
  - b) Interfering with the operation of the competition conducted by the STF and the Organising Committee.
  - c) Spreading false rumor for the purpose of exerting an unwarranted influence on the judgement.
- 2) When judged reasonable, the Extraordinary Committee of Sanction shall deliberate over the matter and takes disciplinary action immediately. The result of deliberation shall be announced to the public and reported to the STF Secretariat afterwards.
- 3) The Extraordinary Committee of Sanction may summon the person concerned for confirmation of events.

## **Agreement**

Our team agrees to abide by the guidelines.

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CLUB

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Full Name & Signature of Team Manager / Coach

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Date

# REGISTRATION FORM A - Young ( 1 )

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)\_\_\_\_\_ Sex:\_\_\_\_\_ Year of Birth:\_\_\_\_\_ Age\_\_\_\_\_ (as at 2018)

Emergency Contact No:\_\_\_\_\_ Tel:\_\_\_\_\_ H/P:\_\_\_\_\_

Address:\_\_\_\_\_ (S)\_\_\_\_\_

Grade:\_\_\_\_\_ Date Obtained:\_\_\_\_\_ Name of Coach:\_\_\_\_\_ HP:\_\_\_\_\_

AFFILIATE:\_\_\_\_\_ Name of Manager:\_\_\_\_\_ HP:\_\_\_\_\_

Others Martial Art: \_\_\_\_\_ Level: \_\_\_\_\_ Years there: \_\_\_\_\_

Medical condition (if any) : \_\_\_\_\_ Years : \_\_\_\_\_

( Please X the appropriate box )

### YOUNG ( 1 ) CATEGORY ( 9 years old & Below ) ( born on or after year 2009 )

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 22 kg</b> | 22 kg & Under   |  |
| <b>Under 25 kg</b> | Over 22 – 25 kg |  |
| <b>Under 28 kg</b> | Over 25 – 28 kg |  |
| <b>Under 31 kg</b> | Over 28 – 31 kg |  |
| <b>Under 34 kg</b> | Over 31 – 34 kg |  |
| <b>Under 37 kg</b> | Over 34 – 37 kg |  |
| <b>Under 40 kg</b> | Over 37 – 40 kg |  |
| <b>Under 43 kg</b> | Over 40 – 43kg  |  |
| <b>Under 46 kg</b> | Over 43 – 46 kg |  |
| <b>Under 49 kg</b> | Over 46 – 49 kg |  |
| <b>Under 52 kg</b> | Over 49 – 52 kg |  |
| <b>Under 55 kg</b> | Over 52 – 55 kg |  |
| <b>Under 58 kg</b> | Over 55 – 58 kg |  |
| <b>Under 61 kg</b> | Over 58 – 61 kg |  |
| <b>Over 61 kg</b>  | Over 61 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 22 kg</b> | 22 kg & Under   |  |
| <b>Under 25 kg</b> | Over 22 – 25 kg |  |
| <b>Under 28 kg</b> | Over 25 – 28 kg |  |
| <b>Under 31 kg</b> | Over 28 – 31 kg |  |
| <b>Under 34 kg</b> | Over 31 – 34 kg |  |
| <b>Under 37 kg</b> | Over 34 – 37 kg |  |
| <b>Under 40 kg</b> | Over 37 – 40 kg |  |
| <b>Under 43 kg</b> | Over 40 – 43kg  |  |
| <b>Under 46 kg</b> | Over 43 – 46 kg |  |
| <b>Under 49 kg</b> | Over 46 – 49 kg |  |
| <b>Under 52 kg</b> | Over 49 – 52 kg |  |
| <b>Under 55 kg</b> | Over 52 – 55 kg |  |
| <b>Under 58 kg</b> | Over 55 – 58 kg |  |
| <b>Under 61 kg</b> | Over 58 – 61 kg |  |
| <b>Over 61 kg</b>  | Over 61 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

Signature of Participant

**( To be completed by parent / guardian of participant below 21 years old )**

I, Mr/Mrs/Ms \_\_\_\_\_, the parent / guardian of \_\_\_\_\_ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

\_\_\_\_\_  
Name of Parent / Guardian

\_\_\_\_\_  
Contact No.

\_\_\_\_\_  
Signature / Date

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address.

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM B - Young ( 2 )

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)\_\_\_\_\_ Sex:\_\_\_\_\_ Year of Birth:\_\_\_\_\_ Age\_\_\_\_\_ (as at 2018)

Emergency Contact No:\_\_\_\_\_ Tel:\_\_\_\_\_ H/P:\_\_\_\_\_

Address:\_\_\_\_\_ (S)\_\_\_\_\_

Grade:\_\_\_\_\_ Date Obtained:\_\_\_\_\_ Name of Coach:\_\_\_\_\_ HP:\_\_\_\_\_

AFFILIATE:\_\_\_\_\_ Name of Manager:\_\_\_\_\_ HP:\_\_\_\_\_

Others Martial Art: \_\_\_\_\_ Level:\_\_\_\_\_ Years there:\_\_\_\_\_

Medical condition (if any) : \_\_\_\_\_ Years : \_\_\_\_\_

( Please X the appropriate box )

### YOUNG ( 2 ) CATEGORY ( 10 to 11 years old ) ( born between year 2007 to 2008 )

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 24 kg</b> | 24 kg & Under   |  |
| <b>Under 27 kg</b> | Over 24 – 27 kg |  |
| <b>Under 30 kg</b> | Over 27 – 30 kg |  |
| <b>Under 33 kg</b> | Over 30 –33 kg  |  |
| <b>Under 36 kg</b> | Over 33 – 36 kg |  |
| <b>Under 39 kg</b> | Over 36 – 39 kg |  |
| <b>Under 42 kg</b> | Over 39 – 42 kg |  |
| <b>Under 45 kg</b> | Over 42 – 45 kg |  |
| <b>Under 48 kg</b> | Over 45 – 48 kg |  |
| <b>Under 51 kg</b> | Over 48 – 51 kg |  |
| <b>Under 54 kg</b> | Over 51 – 54 kg |  |
| <b>Under 57 kg</b> | Over 54 – 57 kg |  |
| <b>Under 60 kg</b> | Over 57 – 60 kg |  |
| <b>Under 63 kg</b> | Over 60 – 63 kg |  |
| <b>Over 63 kg</b>  | Over 63 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 24 kg</b> | 24 kg & Under   |  |
| <b>Under 27 kg</b> | Over 24 – 27 kg |  |
| <b>Under 30 kg</b> | Over 27 – 30 kg |  |
| <b>Under 33 kg</b> | Over 30 –33 kg  |  |
| <b>Under 36 kg</b> | Over 33 – 36 kg |  |
| <b>Under 39 kg</b> | Over 36 – 39 kg |  |
| <b>Under 42 kg</b> | Over 39 – 42 kg |  |
| <b>Under 45 kg</b> | Over 42 – 45 kg |  |
| <b>Under 48 kg</b> | Over 45 – 48 kg |  |
| <b>Under 51 kg</b> | Over 48 – 51 kg |  |
| <b>Under 54 kg</b> | Over 51 – 54 kg |  |
| <b>Under 57 kg</b> | Over 54 – 57 kg |  |
| <b>Under 60 kg</b> | Over 57 – 60 kg |  |
| <b>Under 63 kg</b> | Over 60 – 63 kg |  |
| <b>Over 63 kg</b>  | Over 63 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

Signature of Participant

**( To be completed by parent / guardian of participant below 21 years old )**

I, Mr/Mrs/Ms \_\_\_\_\_, the parent / guardian of \_\_\_\_\_ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

\_\_\_\_\_  
Name of Parent / Guardian

\_\_\_\_\_  
Contact No.

\_\_\_\_\_  
Signature / Date

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM C - Cadet 1 (Head Kick)

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) \_\_\_\_\_ Sex: \_\_\_\_\_ Year of Birth: \_\_\_\_\_ Age \_\_\_\_\_  
(as at 2018)

Emergency Contact No: \_\_\_\_\_ Tel: \_\_\_\_\_ H/P: \_\_\_\_\_

Address: \_\_\_\_\_ (S) \_\_\_\_\_

Grade: \_\_\_\_\_ Date Obtained: \_\_\_\_\_ Name of Coach: \_\_\_\_\_ HP: \_\_\_\_\_

AFFILIATE: \_\_\_\_\_ Name of Manager: \_\_\_\_\_ HP: \_\_\_\_\_

Others Martial Art: \_\_\_\_\_ Level: \_\_\_\_\_ Years there: \_\_\_\_\_

Medical condition (if any) : \_\_\_\_\_ Years: \_\_\_\_\_

( Please X the appropriate box )

### CADET 1 CATEGORY ( 12 to 14 years old ) (born between year 2004 to 2006)

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 24 kg</b> | 24 kg & Under   |  |
| <b>Under 27 kg</b> | Over 24 – 27 kg |  |
| <b>Under 30 kg</b> | Over 27 – 30 kg |  |
| <b>Under 33 kg</b> | Over 30 – 33 kg |  |
| <b>Under 37 kg</b> | Over 33 – 37 kg |  |
| <b>Under 41 kg</b> | Over 37 – 41 kg |  |
| <b>Under 45 kg</b> | Over 41 – 45 kg |  |
| <b>Under 49 kg</b> | Over 45 – 49 kg |  |
| <b>Under 53 kg</b> | Over 49 – 53 kg |  |
| <b>Under 57 kg</b> | Over 53 – 57 kg |  |
| <b>Under 61 kg</b> | Over 57 – 61 kg |  |
| <b>Under 65 kg</b> | Over 61 – 65 kg |  |
| <b>Under 70 kg</b> | Over 65 – 70 kg |  |
| <b>Under 75 kg</b> | Over 70 – 75 kg |  |
| <b>Over 75 kg</b>  | Over 75 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 23 kg</b> | 23 kg & Under   |  |
| <b>Under 26 kg</b> | Over 23 – 26 kg |  |
| <b>Under 29 kg</b> | Over 26 – 29 kg |  |
| <b>Under 33 kg</b> | Over 29 – 33 kg |  |
| <b>Under 37 kg</b> | Over 33 – 37 kg |  |
| <b>Under 41 kg</b> | Over 37 – 41 kg |  |
| <b>Under 44 kg</b> | Over 41 – 44 kg |  |
| <b>Under 47 kg</b> | Over 44 – 47 kg |  |
| <b>Under 51 kg</b> | Over 47 – 51 kg |  |
| <b>Under 55 kg</b> | Over 51 – 55 kg |  |
| <b>Under 59 kg</b> | Over 55 – 59 kg |  |
| <b>Under 63 kg</b> | Over 59 – 63 kg |  |
| <b>Under 67 kg</b> | Over 63 – 67 kg |  |
| <b>Under 72 kg</b> | Over 67 – 72 kg |  |
| <b>Over 72 kg</b>  | Over 72 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

Signature of Participant

( To be completed by parent / guardian of participant below 21 years old )

I, Mr/Mrs/Ms \_\_\_\_\_, the parent / guardian of \_\_\_\_\_ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

\_\_\_\_\_  
Name of Parent / Guardian

\_\_\_\_\_  
Contact No.

\_\_\_\_\_  
Signature / Date

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Signature / Date



# REGISTRATION FORM D - Cadet 2 (Non Head Kick)

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)\_\_\_\_\_ Sex:\_\_\_\_\_ Year of Birth:\_\_\_\_\_ Age\_\_\_\_\_ (as at 2018)

Emergency Contact No:\_\_\_\_\_ Tel:\_\_\_\_\_ H/P:\_\_\_\_\_

Address:\_\_\_\_\_ (S)\_\_\_\_\_

Grade:\_\_\_\_\_ Date Obtained:\_\_\_\_\_ Name of Coach:\_\_\_\_\_ HP:\_\_\_\_\_

AFFILIATE:\_\_\_\_\_ Name of Manager:\_\_\_\_\_ HP:\_\_\_\_\_

Others Martial Art: \_\_\_\_\_ Level:\_\_\_\_\_ Years there:\_\_\_\_\_

Medical condition (if any) : \_\_\_\_\_ Years:\_\_\_\_\_

( Please X the appropriate box )

### CADET 2 CATEGORY ( 12 to 14 years old) (born between year 2004 to 2006)

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 24 kg</b> | 24 kg & Under   |  |
| <b>Under 27 kg</b> | Over 24 – 27 kg |  |
| <b>Under 30 kg</b> | Over 27 – 30 kg |  |
| <b>Under 33 kg</b> | Over 30 –33 kg  |  |
| <b>Under 37 kg</b> | Over 33 – 37 kg |  |
| <b>Under 41 kg</b> | Over 37 – 41 kg |  |
| <b>Under 45 kg</b> | Over 41 – 45 kg |  |
| <b>Under 49 kg</b> | Over 45 – 49 kg |  |
| <b>Under 53 kg</b> | Over 49 – 53 kg |  |
| <b>Under 57 kg</b> | Over 53 – 57 kg |  |
| <b>Under 61 kg</b> | Over 57 – 61 kg |  |
| <b>Under 65 kg</b> | Over 61 – 65 kg |  |
| <b>Under 70 kg</b> | Over 65 – 70 kg |  |
| <b>Under 75 kg</b> | Over 70 – 75 kg |  |
| <b>Over 75 kg</b>  | Over 75 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Poom            |  |
| <b>Under 23 kg</b> | 23 kg & Under   |  |
| <b>Under 26 kg</b> | Over 23 – 26 kg |  |
| <b>Under 29 kg</b> | Over 26 – 29 kg |  |
| <b>Under 33 kg</b> | Over 29 –33 kg  |  |
| <b>Under 37 kg</b> | Over 33 – 37 kg |  |
| <b>Under 41 kg</b> | Over 37 – 41 kg |  |
| <b>Under 44 kg</b> | Over 41 – 44 kg |  |
| <b>Under 47 kg</b> | Over 44 – 47 kg |  |
| <b>Under 51 kg</b> | Over 47 – 51 kg |  |
| <b>Under 55 kg</b> | Over 51 – 55 kg |  |
| <b>Under 59 kg</b> | Over 55 – 59 kg |  |
| <b>Under 63 kg</b> | Over 59 – 63 kg |  |
| <b>Under 67 kg</b> | Over 63 – 67 kg |  |
| <b>Under 72 kg</b> | Over 67 – 72 kg |  |
| <b>Over 72 kg</b>  | Over 72 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

Signature of Participant

**( To be completed by parent / guardian of participant below 21 years old )**

I, Mr/Mrs/Ms \_\_\_\_\_, the parent / guardian of \_\_\_\_\_ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

\_\_\_\_\_  
Name of Parent / Guardian

\_\_\_\_\_  
Contact No.

\_\_\_\_\_  
Signature / Date

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM E - Junior 1 (Head Kick)

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) \_\_\_\_\_ Sex: \_\_\_\_\_ Year of Birth: \_\_\_\_\_ Age \_\_\_\_\_  
(as at 2018)

Emergency Contact No: \_\_\_\_\_ Tel: \_\_\_\_\_ H/P: \_\_\_\_\_

Address: \_\_\_\_\_ (S) \_\_\_\_\_

Grade: \_\_\_\_\_ Date Obtained: \_\_\_\_\_ Name of Coach: \_\_\_\_\_ HP: \_\_\_\_\_

AFFILIATE: \_\_\_\_\_ Name of Manager: \_\_\_\_\_ HP: \_\_\_\_\_

Others Martial Art: \_\_\_\_\_ Level: \_\_\_\_\_ Years there: \_\_\_\_\_

Medical condition (if any) : \_\_\_\_\_ Years: \_\_\_\_\_

( Please X the appropriate box )

### JUNIOR 1 CATEGORY ( 15 to 17 years old ) ( born between year 2001 to 2003 )

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 33 kg</b> | 33 kg & Under   |  |
| <b>Under 36 kg</b> | Over 33 – 36 kg |  |
| <b>Under 39 kg</b> | Over 36 – 39 kg |  |
| <b>Under 42 kg</b> | Over 39 – 42 kg |  |
| <b>Under 45 kg</b> | Over 42 – 45 kg |  |
| <b>Under 48 kg</b> | Over 45 – 48 kg |  |
| <b>Under 51 kg</b> | Over 48 – 51 kg |  |
| <b>Under 55 kg</b> | Over 51 – 55 kg |  |
| <b>Under 59 kg</b> | Over 55 – 59 kg |  |
| <b>Under 63 kg</b> | Over 59 – 63 kg |  |
| <b>Under 68 kg</b> | Over 63 – 68 kg |  |
| <b>Under 73 kg</b> | Over 68 – 73 kg |  |
| <b>Under 78 kg</b> | Over 73 – 78 kg |  |
| <b>Under 83 kg</b> | Over 78 – 83 kg |  |
| <b>Over 83 kg</b>  | Over 83 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 33 kg</b> | 33 kg & Under   |  |
| <b>Under 36 kg</b> | Over 34 – 36 kg |  |
| <b>Under 39 kg</b> | Over 36 – 39 kg |  |
| <b>Under 42 kg</b> | Over 39 – 42 kg |  |
| <b>Under 44 kg</b> | Over 42 – 44 kg |  |
| <b>Under 46 kg</b> | Over 44 – 46 kg |  |
| <b>Under 49 kg</b> | Over 46 – 49 kg |  |
| <b>Under 52 kg</b> | Over 49 – 52 kg |  |
| <b>Under 55 kg</b> | Over 52 – 55 kg |  |
| <b>Under 59 kg</b> | Over 55 – 59 kg |  |
| <b>Under 63 kg</b> | Over 59 – 63 kg |  |
| <b>Under 68 kg</b> | Over 63 – 68 kg |  |
| <b>Under 73 kg</b> | Over 68 – 73 kg |  |
| <b>Under 78 kg</b> | Over 73 – 78 kg |  |
| <b>Over 78 kg</b>  | Over 78 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

Signature of Participant

( To be completed by parent / guardian of participant below 21 years old )

I, Mr/Mrs/Ms \_\_\_\_\_, the parent / guardian of \_\_\_\_\_ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

\_\_\_\_\_  
Name of Parent / Guardian

\_\_\_\_\_  
Contact No.

\_\_\_\_\_  
Signature / Date

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM F - Junior 2 (Non Head Kick)

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) \_\_\_\_\_ Sex: \_\_\_\_\_ Year of Birth: \_\_\_\_\_ Age \_\_\_\_\_  
(as at 2018)

Emergency Contact No: \_\_\_\_\_ Tel: \_\_\_\_\_ H/P: \_\_\_\_\_

Address: \_\_\_\_\_ (S) \_\_\_\_\_

Grade: \_\_\_\_\_ Date Obtained: \_\_\_\_\_ Name of Coach: \_\_\_\_\_ HP: \_\_\_\_\_

AFFILIATE: \_\_\_\_\_ Name of Manager: \_\_\_\_\_ HP: \_\_\_\_\_

Others Martial Art: \_\_\_\_\_ Level: \_\_\_\_\_ Years there: \_\_\_\_\_

Medical condition (if any) : \_\_\_\_\_ Years: \_\_\_\_\_

( Please X the appropriate box )

### JUNIOR 2 CATEGORY ( 15 to 17 years old ) ( born between year 2001 to 2003 )

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 33 kg</b> | 33 kg & Under   |  |
| <b>Under 36 kg</b> | Over 33 – 36 kg |  |
| <b>Under 39 kg</b> | Over 36 – 39 kg |  |
| <b>Under 42 kg</b> | Over 39 – 42 kg |  |
| <b>Under 45 kg</b> | Over 42 – 45 kg |  |
| <b>Under 48 kg</b> | Over 45 – 48 kg |  |
| <b>Under 51 kg</b> | Over 48 – 51 kg |  |
| <b>Under 55 kg</b> | Over 51 – 55 kg |  |
| <b>Under 59 kg</b> | Over 55 – 59 kg |  |
| <b>Under 63 kg</b> | Over 59 – 63 kg |  |
| <b>Under 68 kg</b> | Over 63 – 68 kg |  |
| <b>Under 73 kg</b> | Over 68 – 73 kg |  |
| <b>Under 78 kg</b> | Over 73 – 78 kg |  |
| <b>Under 83 kg</b> | Over 78 – 83 kg |  |
| <b>Over 83 kg</b>  | Over 83 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 33 kg</b> | 33 kg & Under   |  |
| <b>Under 36 kg</b> | Over 34 – 36 kg |  |
| <b>Under 39 kg</b> | Over 36 – 39 kg |  |
| <b>Under 42 kg</b> | Over 39 – 42 kg |  |
| <b>Under 44 kg</b> | Over 42 – 44 kg |  |
| <b>Under 46 kg</b> | Over 44 – 46 kg |  |
| <b>Under 49 kg</b> | Over 46 – 49 kg |  |
| <b>Under 52 kg</b> | Over 49 – 52 kg |  |
| <b>Under 55 kg</b> | Over 52 – 55 kg |  |
| <b>Under 59 kg</b> | Over 55 – 59 kg |  |
| <b>Under 63 kg</b> | Over 59 – 63 kg |  |
| <b>Under 68 kg</b> | Over 63 – 68 kg |  |
| <b>Under 73 kg</b> | Over 68 – 73 kg |  |
| <b>Under 78 kg</b> | Over 73 – 78 kg |  |
| <b>Over 78 kg</b>  | Over 78 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

Signature of Participant

( To be completed by parent / guardian of participant below 21 years old )

I, Mr/Mrs/Ms \_\_\_\_\_, the parent / guardian of \_\_\_\_\_ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

\_\_\_\_\_  
Name of Parent / Guardian

\_\_\_\_\_  
Contact No.

\_\_\_\_\_  
Signature / Date

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM G - Senior (1)

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)\_\_\_\_\_ Sex:\_\_\_\_\_ Year of Birth:\_\_\_\_\_ Age\_\_\_\_\_ (as at 2018)

Emergency Contact No:\_\_\_\_\_ Tel:\_\_\_\_\_ H/P:\_\_\_\_\_

Address:\_\_\_\_\_ (S)\_\_\_\_\_

Grade:\_\_\_\_\_ Date Obtained:\_\_\_\_\_ Name of Coach:\_\_\_\_\_ HP:\_\_\_\_\_

AFFILIATE:\_\_\_\_\_ Name of Manager:\_\_\_\_\_ HP:\_\_\_\_\_

Others Martial Art:\_\_\_\_\_ Level:\_\_\_\_\_ Years there:\_\_\_\_\_

Medical condition (if any) :\_\_\_\_\_ Years:\_\_\_\_\_

( Please X the appropriate box )

### SENIOR (1) CATEGORY (18 to 30 years old) (born between year 1988 to 2000)

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

|                                     |
|-------------------------------------|
| Actual Weight<br><b>Pl. Fill In</b> |
|-------------------------------------|

|              |
|--------------|
| Official Use |
|--------------|

**Signature of Participant**

**( To be completed by parent / guardian of participant below 21 years old )**

I, Mr/Mrs/Ms \_\_\_\_\_, the parent / guardian of \_\_\_\_\_ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

\_\_\_\_\_  
Name of Parent / Guardian

\_\_\_\_\_  
Contact No.

\_\_\_\_\_  
Signature / Date

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address.

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM H - Senior ( 2 )

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)\_\_\_\_\_ Sex:\_\_\_\_\_ Year of Birth:\_\_\_\_\_ Age\_\_\_\_\_ (as at 2018)

Emergency Contact No:\_\_\_\_\_ Tel:\_\_\_\_\_ H/P:\_\_\_\_\_

Address:\_\_\_\_\_ (S)\_\_\_\_\_

Grade:\_\_\_\_\_ Date Obtained:\_\_\_\_\_ Name of Coach:\_\_\_\_\_ HP:\_\_\_\_\_

AFFILIATE:\_\_\_\_\_ Name of Manager:\_\_\_\_\_ HP:\_\_\_\_\_

Others Martial Art:\_\_\_\_\_ Level:\_\_\_\_\_ Years there:\_\_\_\_\_

Medical condition (if any) :\_\_\_\_\_ Years:\_\_\_\_\_

( Please X the appropriate box )

### SENIOR ( 2 ) CATEGORY ( 31 to 40 years old) ( born between year 1978 to 1987 )

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

\_\_\_\_\_  
Signature of Participant

I, \_\_\_\_\_ consent to the participation of the above named applicant. and confirm that all the information provided herein is true and ratify the Medical Declaration .

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address.

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM J - Master ( 1 )

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)\_\_\_\_\_ Sex:\_\_\_\_\_ Year of Birth:\_\_\_\_\_ Age\_\_\_\_\_ (as at 2018)

Emergency Contact No:\_\_\_\_\_ Tel:\_\_\_\_\_ H/P:\_\_\_\_\_

Address:\_\_\_\_\_ (S)\_\_\_\_\_

Grade:\_\_\_\_\_ Date Obtained:\_\_\_\_\_ Name of Coach:\_\_\_\_\_ HP:\_\_\_\_\_

AFFILIATE:\_\_\_\_\_ Name of Manager:\_\_\_\_\_ HP:\_\_\_\_\_

Others Martial Art:\_\_\_\_\_ Level:\_\_\_\_\_ Years there:\_\_\_\_\_

Medical condition (if any) :\_\_\_\_\_ Years:\_\_\_\_\_

( Please X the appropriate box )

### MASTER ( 1 ) CATEGORY ( 41 to 50 years old ) ( born between year 1968 to 1977 )

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

\_\_\_\_\_  
Signature of Participant

I, \_\_\_\_\_ consent to the participation of the above named applicant. and confirm that all the information provided herein is true and ratify the Medical Declaration .

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Signature / Date

# REGISTRATION FORM K - Master ( 2 )

## 45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)\_\_\_\_\_ Sex:\_\_\_\_\_ Year of Birth:\_\_\_\_\_ Age\_\_\_\_\_ (as at 2018)

Emergency Contact No:\_\_\_\_\_ Tel:\_\_\_\_\_ H/P:\_\_\_\_\_

Address:\_\_\_\_\_ (S)\_\_\_\_\_

Grade:\_\_\_\_\_ Date Obtained:\_\_\_\_\_ Name of Coach:\_\_\_\_\_ HP:\_\_\_\_\_

AFFILIATE:\_\_\_\_\_ Name of Manager:\_\_\_\_\_ HP:\_\_\_\_\_

Others Martial Art:\_\_\_\_\_ Level:\_\_\_\_\_ Years there:\_\_\_\_\_

Medical condition (if any) :\_\_\_\_\_ Years:\_\_\_\_\_

( Please X the appropriate box )

### MASTER ( 2 ) CATEGORY ( 51 years old & older ) ( born on or before year 1967 )

| DIVISION           | MALE            |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

| DIVISION           | FEMALE          |  |
|--------------------|-----------------|--|
| BELT               | Red             |  |
|                    | Black           |  |
| <b>Under 42 kg</b> | 42 kg & Under   |  |
| <b>Under 46 kg</b> | Over 42 – 46 kg |  |
| <b>Under 50 kg</b> | Over 46 – 50 kg |  |
| <b>Under 54 kg</b> | Over 50 – 54 kg |  |
| <b>Under 58 kg</b> | Over 54 – 58 kg |  |
| <b>Under 62 kg</b> | Over 58 – 62 kg |  |
| <b>Under 66 kg</b> | Over 62 – 66 kg |  |
| <b>Under 70 kg</b> | Over 66 – 70 kg |  |
| <b>Under 74 kg</b> | Over 70 – 74 kg |  |
| <b>Under 78 kg</b> | Over 74 – 78 kg |  |
| <b>Under 82 kg</b> | Over 78 – 82 kg |  |
| <b>Under 86 kg</b> | Over 82 – 86 kg |  |
| <b>Under 90 kg</b> | Over 86 – 90 kg |  |
| <b>Under 94 kg</b> | Over 90 – 94 kg |  |
| <b>Over 94 kg</b>  | Over 94 kg      |  |

Actual Weight  
**Pl. Fill In**

Official Use

\_\_\_\_\_  
Signature of Participant

I, \_\_\_\_\_ consent to the participation of the above named applicant. and confirm that all the information provided herein is true and ratify the Medical Declaration .

\_\_\_\_\_  
Name of Team Manager

\_\_\_\_\_  
Email Address.

\_\_\_\_\_  
Signature /Date

**45th NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP**

**ENTRIES FOR AFFILIATE**

**Affiliate** : \_\_\_\_\_

**Head of Team** : \_\_\_\_\_ **HP:** \_\_\_\_\_

**Team Manager** : \_\_\_\_\_ **HP:** \_\_\_\_\_

**Name of coaches:** 1) \_\_\_\_\_ 5) \_\_\_\_\_  
(Professional Passes)

2) \_\_\_\_\_ 6) \_\_\_\_\_

3) \_\_\_\_\_ 7) \_\_\_\_\_

4) \_\_\_\_\_ 8) \_\_\_\_\_

**Name of Referees :** 1) \_\_\_\_\_ 4) \_\_\_\_\_

2) \_\_\_\_\_ 5) \_\_\_\_\_

3) \_\_\_\_\_ 6) \_\_\_\_\_

**Name of volunteers :** 1) \_\_\_\_\_ 3) \_\_\_\_\_

2) \_\_\_\_\_ 4) \_\_\_\_\_

**YOUNG ( 1 ) CATEGORY ( 9 years old & below )**

**Form A**

| S/No | SEX  | BELT | CATEGORY           | WEIGHT          | NAME | Kg |
|------|------|------|--------------------|-----------------|------|----|
|      | Male | Red  | <b>Under 22 kg</b> | 22 kg & Under   |      |    |
|      | Male | Red  | <b>Under 25 kg</b> | Over 22 – 25 kg |      |    |
|      | Male | Red  | <b>Under 28 kg</b> | Over 25 – 28 kg |      |    |
|      | Male | Red  | <b>Under 31 kg</b> | Over 28 – 31 kg |      |    |
|      | Male | Red  | <b>Under 34 kg</b> | Over 31 – 34 kg |      |    |
|      | Male | Red  | <b>Under 37 kg</b> | Over 34 – 37 kg |      |    |
|      | Male | Red  | <b>Under 40 kg</b> | Over 37 – 40 kg |      |    |
|      | Male | Red  | <b>Under 43 kg</b> | Over 40 – 43kg  |      |    |
|      | Male | Red  | <b>Under 46 kg</b> | Over 43 – 46 kg |      |    |
|      | Male | Red  | <b>Under 49 kg</b> | Over 46 – 49 kg |      |    |
|      | Male | Red  | <b>Under 52 kg</b> | Over 49 – 52 kg |      |    |
|      | Male | Red  | <b>Under 55 kg</b> | Over 52 – 55 kg |      |    |
|      | Male | Red  | <b>Under 58 kg</b> | Over 55 – 58 kg |      |    |



|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Male   | Red  | <b>Under 61 kg</b> | Over 58 – 61 kg |  |  |
|  | Male   | Red  | <b>Over 61 kg</b>  | Over 61 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Male   | Poom | <b>Under 22 kg</b> | 22 kg & Under   |  |  |
|  | Male   | Poom | <b>Under 25 kg</b> | Over 22 – 25 kg |  |  |
|  | Male   | Poom | <b>Under 28 kg</b> | Over 25 – 28 kg |  |  |
|  | Male   | Poom | <b>Under 31 kg</b> | Over 28 – 31 kg |  |  |
|  | Male   | Poom | <b>Under 34 kg</b> | Over 31 – 34 kg |  |  |
|  | Male   | Poom | <b>Under 37 kg</b> | Over 34 – 37 kg |  |  |
|  | Male   | Poom | <b>Under 40 kg</b> | Over 37 – 40 kg |  |  |
|  | Male   | Poom | <b>Under 43 kg</b> | Over 40 – 43kg  |  |  |
|  | Male   | Poom | <b>Under 46 kg</b> | Over 43 – 46 kg |  |  |
|  | Male   | Poom | <b>Under 49 kg</b> | Over 46 – 49 kg |  |  |
|  | Male   | Poom | <b>Under 52 kg</b> | Over 49 – 52 kg |  |  |
|  | Male   | Poom | <b>Under 55 kg</b> | Over 52 – 55 kg |  |  |
|  | Male   | Poom | <b>Under 58 kg</b> | Over 55 – 58 kg |  |  |
|  | Male   | Poom | <b>Under 61 kg</b> | Over 58 – 61 kg |  |  |
|  | Male   | Poom | <b>Over 61 kg</b>  | Over 61 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Red  | <b>Under 22 kg</b> | 22 kg & Under   |  |  |
|  | Female | Red  | <b>Under 25 kg</b> | Over 22 – 25 kg |  |  |
|  | Female | Red  | <b>Under 28 kg</b> | Over 25 – 28 kg |  |  |
|  | Female | Red  | <b>Under 31 kg</b> | Over 28 – 31 kg |  |  |
|  | Female | Red  | <b>Under 34 kg</b> | Over 31 – 34 kg |  |  |
|  | Female | Red  | <b>Under 37 kg</b> | Over 34 – 37 kg |  |  |
|  | Female | Red  | <b>Under 40 kg</b> | Over 37 – 40 kg |  |  |
|  | Female | Red  | <b>Under 43 kg</b> | Over 40 – 43kg  |  |  |
|  | Female | Red  | <b>Under 46 kg</b> | Over 43 – 46 kg |  |  |
|  | Female | Red  | <b>Under 49 kg</b> | Over 46 – 49 kg |  |  |
|  | Female | Red  | <b>Under 52 kg</b> | Over 49 – 52 kg |  |  |
|  | Female | Red  | <b>Under 55 kg</b> | Over 52 – 55 kg |  |  |

|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Female | Red  | <b>Under 58 kg</b> | Over 55 – 58 kg |  |  |
|  | Female | Red  | <b>Under 61 kg</b> | Over 58 – 61 kg |  |  |
|  | Female | Red  | <b>Over 61 kg</b>  | Over 61 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Poom | <b>Under 22 kg</b> | 22 kg & Under   |  |  |
|  | Female | Poom | <b>Under 25 kg</b> | Over 22 – 25 kg |  |  |
|  | Female | Poom | <b>Under 28 kg</b> | Over 25 – 28 kg |  |  |
|  | Female | Poom | <b>Under 31 kg</b> | Over 28 – 31 kg |  |  |
|  | Female | Poom | <b>Under 34 kg</b> | Over 31 – 34 kg |  |  |
|  | Female | Poom | <b>Under 37 kg</b> | Over 34 – 37 kg |  |  |
|  | Female | Poom | <b>Under 40 kg</b> | Over 37 – 40 kg |  |  |
|  | Female | Poom | <b>Under 43 kg</b> | Over 40 – 43kg  |  |  |
|  | Female | Poom | <b>Under 46 kg</b> | Over 43 – 46 kg |  |  |
|  | Female | Poom | <b>Under 49 kg</b> | Over 46 – 49 kg |  |  |
|  | Female | Poom | <b>Under 52 kg</b> | Over 49 – 52 kg |  |  |
|  | Female | Poom | <b>Under 55 kg</b> | Over 52 – 55 kg |  |  |
|  | Female | Poom | <b>Under 58 kg</b> | Over 55 – 58 kg |  |  |
|  | Female | Poom | <b>Under 61 kg</b> | Over 58 – 61 kg |  |  |
|  | Female | Poom | <b>Over 61 kg</b>  | Over 61 kg      |  |  |

**YOUNG ( 2 ) CATEGORY ( 10 to 11 years old )**
**Form B**

| S/No | SEX  | BELT | CATEGORY           | WEIGHT          | NAME | Kg |
|------|------|------|--------------------|-----------------|------|----|
|      | Male | Red  | <b>Under 24 kg</b> | 24 kg & Under   |      |    |
|      | Male | Red  | <b>Under 27 kg</b> | Over 24 – 27 kg |      |    |
|      | Male | Red  | <b>Under 30 kg</b> | Over 27 – 30 kg |      |    |
|      | Male | Red  | <b>Under 33 kg</b> | Over 30 –33 kg  |      |    |
|      | Male | Red  | <b>Under 36 kg</b> | Over 33 – 36 kg |      |    |
|      | Male | Red  | <b>Under 39 kg</b> | Over 36 – 39 kg |      |    |
|      | Male | Red  | <b>Under 42 kg</b> | Over 39 – 42 kg |      |    |
|      | Male | Red  | <b>Under 45 kg</b> | Over 42 – 45 kg |      |    |
|      | Male | Red  | <b>Under 48 kg</b> | Over 45 – 48 kg |      |    |
|      | Male | Red  | <b>Under 51 kg</b> | Over 48 – 51 kg |      |    |
|      | Male | Red  | <b>Under 54 kg</b> | Over 51 – 54 kg |      |    |
|      | Male | Red  | <b>Under 57 kg</b> | Over 54 – 57 kg |      |    |
|      | Male | Red  | <b>Under 60 kg</b> | Over 57 – 60 kg |      |    |
|      | Male | Red  | <b>Under 63 kg</b> | Over 60 – 63 kg |      |    |
|      | Male | Red  | <b>Over 63 kg</b>  | Over 63 kg      |      |    |
|      |      |      |                    |                 |      |    |
|      | Male | Poom | <b>Under 24 kg</b> | 24 kg & Under   |      |    |
|      | Male | Poom | <b>Under 27 kg</b> | Over 24 – 27 kg |      |    |
|      | Male | Poom | <b>Under 30 kg</b> | Over 27 – 30 kg |      |    |
|      | Male | Poom | <b>Under 33 kg</b> | Over 30 –33 kg  |      |    |
|      | Male | Poom | <b>Under 36 kg</b> | Over 33 – 36 kg |      |    |
|      | Male | Poom | <b>Under 39 kg</b> | Over 36 – 39 kg |      |    |
|      | Male | Poom | <b>Under 42 kg</b> | Over 39 – 42 kg |      |    |
|      | Male | Poom | <b>Under 45 kg</b> | Over 42 – 45 kg |      |    |
|      | Male | Poom | <b>Under 48 kg</b> | Over 45 – 48 kg |      |    |
|      | Male | Poom | <b>Under 51 kg</b> | Over 48 – 51 kg |      |    |
|      | Male | Poom | <b>Under 54 kg</b> | Over 51 – 54 kg |      |    |

|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Male   | Poom | <b>Under 57 kg</b> | Over 54 – 57 kg |  |  |
|  | Male   | Poom | <b>Under 60 kg</b> | Over 57 – 60 kg |  |  |
|  | Male   | Poom | <b>Under 63 kg</b> | Over 60 – 63 kg |  |  |
|  | Male   | Poom | <b>Over 63 kg</b>  | Over 63 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Red  | <b>Under 24 kg</b> | 24 kg & Under   |  |  |
|  | Female | Red  | <b>Under 27 kg</b> | Over 24 – 27 kg |  |  |
|  | Female | Red  | <b>Under 30 kg</b> | Over 27 – 30 kg |  |  |
|  | Female | Red  | <b>Under 33 kg</b> | Over 30 – 33 kg |  |  |
|  | Female | Red  | <b>Under 36 kg</b> | Over 33 – 36 kg |  |  |
|  | Female | Red  | <b>Under 39 kg</b> | Over 36 – 39 kg |  |  |
|  | Female | Red  | <b>Under 42 kg</b> | Over 39 – 42 kg |  |  |
|  | Female | Red  | <b>Under 45 kg</b> | Over 42 – 45 kg |  |  |
|  | Female | Red  | <b>Under 48 kg</b> | Over 45 – 48 kg |  |  |
|  | Female | Red  | <b>Under 51 kg</b> | Over 48 – 51 kg |  |  |
|  | Female | Red  | <b>Under 54 kg</b> | Over 51 – 54 kg |  |  |
|  | Female | Red  | <b>Under 57 kg</b> | Over 54 – 57 kg |  |  |
|  | Female | Red  | <b>Under 60 kg</b> | Over 57 – 60 kg |  |  |
|  | Female | Red  | <b>Under 63 kg</b> | Over 60 – 63 kg |  |  |
|  | Female | Red  | <b>Over 63 kg</b>  | Over 63 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Poom | <b>Under 24 kg</b> | 24 kg & Under   |  |  |
|  | Female | Poom | <b>Under 27 kg</b> | Over 24 – 27 kg |  |  |
|  | Female | Poom | <b>Under 30 kg</b> | Over 27 – 30 kg |  |  |
|  | Female | Poom | <b>Under 33 kg</b> | Over 30 – 33 kg |  |  |
|  | Female | Poom | <b>Under 36 kg</b> | Over 33 – 36 kg |  |  |
|  | Female | Poom | <b>Under 39 kg</b> | Over 36 – 39 kg |  |  |
|  | Female | Poom | <b>Under 42 kg</b> | Over 39 – 42 kg |  |  |
|  | Female | Poom | <b>Under 45 kg</b> | Over 42 – 45 kg |  |  |
|  | Female | Poom | <b>Under 48 kg</b> | Over 45 – 48 kg |  |  |

|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Female | Poom | <b>Under 51 kg</b> | Over 48 – 51 kg |  |  |
|  | Female | Poom | <b>Under 54 kg</b> | Over 51 – 54 kg |  |  |
|  | Female | Poom | <b>Under 57 kg</b> | Over 54 – 57 kg |  |  |
|  | Female | Poom | <b>Under 60 kg</b> | Over 57 – 60 kg |  |  |
|  | Female | Poom | <b>Under 63 kg</b> | Over 60 – 63 kg |  |  |
|  | Female | Poom | <b>Over 63 kg</b>  | Over 63 kg      |  |  |

**CADET 1 CATEGORY ( 12 to 14 years old ) ( Head Kick )**

**Form C**

| S/No | SEX  | BELT | CATEGORY           | WEIGHT          | NAME | Kg |
|------|------|------|--------------------|-----------------|------|----|
|      | Male | Red  | <b>Under 24 kg</b> | 24 kg & Under   |      |    |
|      | Male | Red  | <b>Under 27 kg</b> | Over 24 – 27 kg |      |    |
|      | Male | Red  | <b>Under 30 kg</b> | Over 27 – 30 kg |      |    |
|      | Male | Red  | <b>Under 33 kg</b> | Over 30 – 33 kg |      |    |
|      | Male | Red  | <b>Under 37 kg</b> | Over 33 – 37 kg |      |    |
|      | Male | Red  | <b>Under 41 kg</b> | Over 37 – 41 kg |      |    |
|      | Male | Red  | <b>Under 45 kg</b> | Over 41 – 45 kg |      |    |
|      | Male | Red  | <b>Under 49 kg</b> | Over 45 – 49 kg |      |    |
|      | Male | Red  | <b>Under 53 kg</b> | Over 49 – 53 kg |      |    |
|      | Male | Red  | <b>Under 57 kg</b> | Over 53 – 57 kg |      |    |
|      | Male | Red  | <b>Under 61 kg</b> | Over 57 – 61 kg |      |    |
|      | Male | Red  | <b>Under 65 kg</b> | Over 61 – 65 kg |      |    |
|      | Male | Red  | <b>Under 70 kg</b> | Over 65 – 70 kg |      |    |
|      | Male | Red  | <b>Under 75 kg</b> | Over 70 – 75 kg |      |    |
|      | Male | Red  | <b>Over 75 kg</b>  | Over 75 kg      |      |    |
|      |      |      |                    |                 |      |    |
|      | Male | Poom | <b>Under 24 kg</b> | 24 kg & Under   |      |    |
|      | Male | Poom | <b>Under 27 kg</b> | Over 24 – 27 kg |      |    |
|      | Male | Poom | <b>Under 30 kg</b> | Over 27 – 30 kg |      |    |
|      | Male | Poom | <b>Under 33 kg</b> | Over 30 – 33 kg |      |    |
|      | Male | Poom | <b>Under 37 kg</b> | Over 33 – 37 kg |      |    |
|      | Male | Poom | <b>Under 41 kg</b> | Over 37 – 41 kg |      |    |
|      | Male | Poom | <b>Under 45 kg</b> | Over 41 – 45 kg |      |    |
|      | Male | Poom | <b>Under 49 kg</b> | Over 45 – 49 kg |      |    |
|      | Male | Poom | <b>Under 53 kg</b> | Over 49 – 53 kg |      |    |
|      | Male | Poom | <b>Under 57 kg</b> | Over 53 – 57 kg |      |    |
|      | Male | Poom | <b>Under 61 kg</b> | Over 57 – 61 kg |      |    |
|      | Male | Poom | <b>Under 65 kg</b> | Over 61 – 65 kg |      |    |

|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Male   | Poom | <b>Under 70 kg</b> | Over 65 – 70 kg |  |  |
|  | Male   | Poom | <b>Under 75 kg</b> | Over 70 – 75 kg |  |  |
|  | Male   | Poom | <b>Over 75 kg</b>  | Over 75 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Red  | <b>Under 23 kg</b> | 23 kg & Under   |  |  |
|  | Female | Red  | <b>Under 26 kg</b> | Over 23 – 26 kg |  |  |
|  | Female | Red  | <b>Under 29 kg</b> | Over 26 – 29 kg |  |  |
|  | Female | Red  | <b>Under 33 kg</b> | Over 29 – 33 kg |  |  |
|  | Female | Red  | <b>Under 37 kg</b> | Over 33 – 37 kg |  |  |
|  | Female | Red  | <b>Under 41 kg</b> | Over 37 – 41 kg |  |  |
|  | Female | Red  | <b>Under 44 kg</b> | Over 41 – 44 kg |  |  |
|  | Female | Red  | <b>Under 47 kg</b> | Over 44 – 47 kg |  |  |
|  | Female | Red  | <b>Under 51 kg</b> | Over 47 – 51 kg |  |  |
|  | Female | Red  | <b>Under 55 kg</b> | Over 51 – 55 kg |  |  |
|  | Female | Red  | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |
|  | Female | Red  | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Red  | <b>Under 67 kg</b> | Over 63 – 67 kg |  |  |
|  | Female | Red  | <b>Under 72 kg</b> | Over 67 – 72 kg |  |  |
|  | Female | Red  | <b>Over 72 kg</b>  | Over 72 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Poom | <b>Under 23 kg</b> | 23 kg & Under   |  |  |
|  | Female | Poom | <b>Under 26 kg</b> | Over 23 – 26 kg |  |  |
|  | Female | Poom | <b>Under 29 kg</b> | Over 26 – 29 kg |  |  |
|  | Female | Poom | <b>Under 33 kg</b> | Over 29 – 33 kg |  |  |
|  | Female | Poom | <b>Under 37 kg</b> | Over 33 – 37 kg |  |  |
|  | Female | Poom | <b>Under 41 kg</b> | Over 37 – 41 kg |  |  |
|  | Female | Poom | <b>Under 44 kg</b> | Over 41 – 44 kg |  |  |
|  | Female | Poom | <b>Under 47 kg</b> | Over 44 – 47 kg |  |  |
|  | Female | Poom | <b>Under 51 kg</b> | Over 47 – 51 kg |  |  |
|  | Female | Poom | <b>Under 55 kg</b> | Over 51 – 55 kg |  |  |

|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Female | Poom | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |
|  | Female | Poom | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Poom | <b>Under 67 kg</b> | Over 63 – 67 kg |  |  |
|  | Female | Poom | <b>Under 72 kg</b> | Over 67 – 72 kg |  |  |
|  | Female | Poom | <b>Over 72 kg</b>  | Over 72 kg      |  |  |



**CADET 2 CATEGORY ( 12 to 14 years old ) ( Non Head Kick )**
**Form D**

| S/No | SEX  | BELT | CATEGORY           | WEIGHT          | NAME | Kg |
|------|------|------|--------------------|-----------------|------|----|
|      | Male | Red  | <b>Under 24 kg</b> | 24 kg & Under   |      |    |
|      | Male | Red  | <b>Under 27 kg</b> | Over 24 – 27 kg |      |    |
|      | Male | Red  | <b>Under 30 kg</b> | Over 27 – 30 kg |      |    |
|      | Male | Red  | <b>Under 33 kg</b> | Over 30 – 33 kg |      |    |
|      | Male | Red  | <b>Under 37 kg</b> | Over 33 – 37 kg |      |    |
|      | Male | Red  | <b>Under 41 kg</b> | Over 37 – 41 kg |      |    |
|      | Male | Red  | <b>Under 45 kg</b> | Over 41 – 45 kg |      |    |
|      | Male | Red  | <b>Under 49 kg</b> | Over 45 – 49 kg |      |    |
|      | Male | Red  | <b>Under 53 kg</b> | Over 49 – 53 kg |      |    |
|      | Male | Red  | <b>Under 57 kg</b> | Over 53 – 57 kg |      |    |
|      | Male | Red  | <b>Under 61 kg</b> | Over 57 – 61 kg |      |    |
|      | Male | Red  | <b>Under 65 kg</b> | Over 61 – 65 kg |      |    |
|      | Male | Red  | <b>Under 70 kg</b> | Over 65 – 70 kg |      |    |
|      | Male | Red  | <b>Under 75 kg</b> | Over 70 – 75 kg |      |    |
|      | Male | Red  | <b>Over 75 kg</b>  | Over 75 kg      |      |    |
|      |      |      |                    |                 |      |    |
|      | Male | Poom | <b>Under 24 kg</b> | 24 kg & Under   |      |    |
|      | Male | Poom | <b>Under 27 kg</b> | Over 24 – 27 kg |      |    |
|      | Male | Poom | <b>Under 30 kg</b> | Over 27 – 30 kg |      |    |
|      | Male | Poom | <b>Under 33 kg</b> | Over 30 – 33 kg |      |    |
|      | Male | Poom | <b>Under 37 kg</b> | Over 33 – 37 kg |      |    |
|      | Male | Poom | <b>Under 41 kg</b> | Over 37 – 41 kg |      |    |
|      | Male | Poom | <b>Under 45 kg</b> | Over 41 – 45 kg |      |    |
|      | Male | Poom | <b>Under 49 kg</b> | Over 45 – 49 kg |      |    |
|      | Male | Poom | <b>Under 53 kg</b> | Over 49 – 53 kg |      |    |
|      | Male | Poom | <b>Under 57 kg</b> | Over 53 – 57 kg |      |    |
|      | Male | Poom | <b>Under 61 kg</b> | Over 57 – 61 kg |      |    |
|      | Male | Poom | <b>Under 65 kg</b> | Over 61 – 65 kg |      |    |

|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Male   | Poom | <b>Under 70 kg</b> | Over 65 – 70 kg |  |  |
|  | Male   | Poom | <b>Under 75 kg</b> | Over 70 – 75 kg |  |  |
|  | Male   | Poom | <b>Over 75 kg</b>  | Over 75 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Red  | <b>Under 23 kg</b> | 23 kg & Under   |  |  |
|  | Female | Red  | <b>Under 26 kg</b> | Over 23 – 26 kg |  |  |
|  | Female | Red  | <b>Under 29 kg</b> | Over 26 – 29 kg |  |  |
|  | Female | Red  | <b>Under 33 kg</b> | Over 29 – 33 kg |  |  |
|  | Female | Red  | <b>Under 37 kg</b> | Over 33 – 37 kg |  |  |
|  | Female | Red  | <b>Under 41 kg</b> | Over 37 – 41 kg |  |  |
|  | Female | Red  | <b>Under 44 kg</b> | Over 41 – 44 kg |  |  |
|  | Female | Red  | <b>Under 47 kg</b> | Over 44 – 47 kg |  |  |
|  | Female | Red  | <b>Under 51 kg</b> | Over 47 – 51 kg |  |  |
|  | Female | Red  | <b>Under 55 kg</b> | Over 51 – 55 kg |  |  |
|  | Female | Red  | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |
|  | Female | Red  | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Red  | <b>Under 67 kg</b> | Over 63 – 67 kg |  |  |
|  | Female | Red  | <b>Under 72 kg</b> | Over 67 – 72 kg |  |  |
|  | Female | Red  | <b>Over 72 kg</b>  | Over 72 kg      |  |  |
|  |        |      |                    |                 |  |  |
|  | Female | Poom | <b>Under 23 kg</b> | 23 kg & Under   |  |  |
|  | Female | Poom | <b>Under 26 kg</b> | Over 23 – 26 kg |  |  |
|  | Female | Poom | <b>Under 29 kg</b> | Over 26 – 29 kg |  |  |
|  | Female | Poom | <b>Under 33 kg</b> | Over 29 – 33 kg |  |  |
|  | Female | Poom | <b>Under 37 kg</b> | Over 33 – 37 kg |  |  |
|  | Female | Poom | <b>Under 41 kg</b> | Over 37 – 41 kg |  |  |
|  | Female | Poom | <b>Under 44 kg</b> | Over 41 – 44 kg |  |  |
|  | Female | Poom | <b>Under 47 kg</b> | Over 44 – 47 kg |  |  |
|  | Female | Poom | <b>Under 51 kg</b> | Over 47 – 51 kg |  |  |
|  | Female | Poom | <b>Under 55 kg</b> | Over 51 – 55 kg |  |  |

|  |        |      |                    |                 |  |  |
|--|--------|------|--------------------|-----------------|--|--|
|  | Female | Poom | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |
|  | Female | Poom | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Poom | <b>Under 67 kg</b> | Over 63 – 67 kg |  |  |
|  | Female | Poom | <b>Under 72 kg</b> | Over 67 – 72 kg |  |  |
|  | Female | Poom | <b>Over 72 kg</b>  | Over 72 kg      |  |  |

**JUNIOR 1 CATEGORY 1 ( 15 to 17 years old ) (Head Kick )**

**Form E**

| <b>s/No</b> | <b>SEX</b> | <b>BELT</b> | <b>CATEGORY</b>    | <b>WEIGHT</b>   | <b>NAME</b> | <b>Kg</b> |
|-------------|------------|-------------|--------------------|-----------------|-------------|-----------|
|             | Male       | Red         | <b>Under 33 kg</b> | 33 kg & Under   |             |           |
|             | Male       | Red         | <b>Under 36 kg</b> | Over 33 – 36 kg |             |           |
|             | Male       | Red         | <b>Under 39 kg</b> | Over 36 – 39 kg |             |           |
|             | Male       | Red         | <b>Under 42 kg</b> | Over 39 – 42 kg |             |           |
|             | Male       | Red         | <b>Under 45 kg</b> | Over 42 – 45 kg |             |           |
|             | Male       | Red         | <b>Under 48 kg</b> | Over 45 – 48 kg |             |           |
|             | Male       | Red         | <b>Under 51 kg</b> | Over 48 – 51 kg |             |           |
|             | Male       | Red         | <b>Under 55 kg</b> | Over 51 – 55 kg |             |           |
|             | Male       | Red         | <b>Under 59 kg</b> | Over 55 – 59 kg |             |           |
|             | Male       | Red         | <b>Under 63 kg</b> | Over 59 – 63 kg |             |           |
|             | Male       | Red         | <b>Under 68 kg</b> | Over 63 – 68 kg |             |           |
|             | Male       | Red         | <b>Under 73 kg</b> | Over 68 – 73 kg |             |           |
|             | Male       | Red         | <b>Under 78 kg</b> | Over 73 – 78 kg |             |           |
|             | Male       | Red         | <b>Under 83 kg</b> | Over 78 – 83 kg |             |           |
|             | Male       | Red         | <b>Over 83 kg</b>  | Over 83 kg      |             |           |
|             |            |             |                    |                 |             |           |
|             | Male       | Black       | <b>Under 33 kg</b> | 33 kg & Under   |             |           |
|             | Male       | Black       | <b>Under 36 kg</b> | Over 33 – 36 kg |             |           |
|             | Male       | Black       | <b>Under 39 kg</b> | Over 36 – 39 kg |             |           |
|             | Male       | Black       | <b>Under 42 kg</b> | Over 39 – 42 kg |             |           |
|             | Male       | Black       | <b>Under 45 kg</b> | Over 42 – 45 kg |             |           |
|             | Male       | Black       | <b>Under 48 kg</b> | Over 45 – 48 kg |             |           |
|             | Male       | Black       | <b>Under 51 kg</b> | Over 48 – 51 kg |             |           |
|             | Male       | Black       | <b>Under 55 kg</b> | Over 51 – 55 kg |             |           |
|             | Male       | Black       | <b>Under 59 kg</b> | Over 55 – 59 kg |             |           |
|             | Male       | Black       | <b>Under 63 kg</b> | Over 59 – 63 kg |             |           |
|             | Male       | Black       | <b>Under 68 kg</b> | Over 63 – 68 kg |             |           |
|             | Male       | Black       | <b>Under 73 kg</b> | Over 68 – 73 kg |             |           |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Male   | Black | <b>Under 78 kg</b> | Over 73 – 78 kg |  |  |
|  | Male   | Black | <b>Under 83 kg</b> | Over 78 – 83 kg |  |  |
|  | Male   | Black | <b>Over 83 kg</b>  | Over 83 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Red   | <b>Under 33 kg</b> | 33 kg & Under   |  |  |
|  | Female | Red   | <b>Under 36 kg</b> | Over 33 – 36 kg |  |  |
|  | Female | Red   | <b>Under 39 kg</b> | Over 36 – 39 kg |  |  |
|  | Female | Red   | <b>Under 42 kg</b> | Over 39 – 42 kg |  |  |
|  | Female | Red   | <b>Under 44 kg</b> | Over 42 – 44 kg |  |  |
|  | Female | Red   | <b>Under 46 kg</b> | Over 44 – 46 kg |  |  |
|  | Female | Red   | <b>Under 49 kg</b> | Over 46 – 49 kg |  |  |
|  | Female | Red   | <b>Under 52 kg</b> | Over 49 – 52 kg |  |  |
|  | Female | Red   | <b>Under 55 kg</b> | Over 52 – 55 kg |  |  |
|  | Female | Red   | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |
|  | Female | Red   | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Red   | <b>Under 68 kg</b> | Over 63 – 68 kg |  |  |
|  | Female | Red   | <b>Under 73 kg</b> | Over 78 – 73 kg |  |  |
|  | Female | Red   | <b>Under 78 kg</b> | Over 73 – 78 kg |  |  |
|  | Female | Red   | <b>Over 78 kg</b>  | Over 78 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Black | <b>Under 33 kg</b> | 33 kg & Under   |  |  |
|  | Female | Black | <b>Under 36 kg</b> | Over 33 – 36 kg |  |  |
|  | Female | Black | <b>Under 39 kg</b> | Over 36 – 39 kg |  |  |
|  | Female | Black | <b>Under 42 kg</b> | Over 39 – 42 kg |  |  |
|  | Female | Black | <b>Under 44 kg</b> | Over 42 – 44 kg |  |  |
|  | Female | Black | <b>Under 46 kg</b> | Over 44 – 46 kg |  |  |
|  | Female | Black | <b>Under 49 kg</b> | Over 46 – 49 kg |  |  |
|  | Female | Black | <b>Under 52 kg</b> | Over 49 – 52 kg |  |  |
|  | Female | Black | <b>Under 55 kg</b> | Over 52 – 55 kg |  |  |
|  | Female | Black | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Female | Black | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Black | <b>Under 68 kg</b> | Over 63 – 68 kg |  |  |
|  | Female | Black | <b>Under 73 kg</b> | Over 68 – 73 kg |  |  |
|  | Female | Black | <b>Under 78 kg</b> | Over 73 – 78 kg |  |  |
|  | Female | Black | <b>Over 78 kg</b>  | Over 78 kg      |  |  |

**JUNIOR 2 CATEGORY 1 ( 15 to 17 years old ) ( Non Head Kick )**

**Form F**

| <b>s/No</b> | <b>SEX</b> | <b>BELT</b> | <b>CATEGORY</b>    | <b>WEIGHT</b>   | <b>NAME</b> | <b>Kg</b> |
|-------------|------------|-------------|--------------------|-----------------|-------------|-----------|
|             | Male       | Red         | <b>Under 33 kg</b> | 33 kg & Under   |             |           |
|             | Male       | Red         | <b>Under 36 kg</b> | Over 33 – 36 kg |             |           |
|             | Male       | Red         | <b>Under 39 kg</b> | Over 36 – 39 kg |             |           |
|             | Male       | Red         | <b>Under 42 kg</b> | Over 39 – 42 kg |             |           |
|             | Male       | Red         | <b>Under 45 kg</b> | Over 42 – 45 kg |             |           |
|             | Male       | Red         | <b>Under 48 kg</b> | Over 45 – 48 kg |             |           |
|             | Male       | Red         | <b>Under 51 kg</b> | Over 48 – 51 kg |             |           |
|             | Male       | Red         | <b>Under 55 kg</b> | Over 51 – 55 kg |             |           |
|             | Male       | Red         | <b>Under 59 kg</b> | Over 55 – 59 kg |             |           |
|             | Male       | Red         | <b>Under 63 kg</b> | Over 59 – 63 kg |             |           |
|             | Male       | Red         | <b>Under 68 kg</b> | Over 63 – 68 kg |             |           |
|             | Male       | Red         | <b>Under 73 kg</b> | Over 68 – 73 kg |             |           |
|             | Male       | Red         | <b>Under 78 kg</b> | Over 73 – 78 kg |             |           |
|             | Male       | Red         | <b>Under 83 kg</b> | Over 78 – 83 kg |             |           |
|             | Male       | Red         | <b>Over 83 kg</b>  | Over 83 kg      |             |           |
|             |            |             |                    |                 |             |           |
|             | Male       | Black       | <b>Under 33 kg</b> | 33 kg & Under   |             |           |
|             | Male       | Black       | <b>Under 36 kg</b> | Over 33 – 36 kg |             |           |
|             | Male       | Black       | <b>Under 39 kg</b> | Over 36 – 39 kg |             |           |
|             | Male       | Black       | <b>Under 42 kg</b> | Over 39 – 42 kg |             |           |
|             | Male       | Black       | <b>Under 45 kg</b> | Over 42 – 45 kg |             |           |
|             | Male       | Black       | <b>Under 48 kg</b> | Over 45 – 48 kg |             |           |
|             | Male       | Black       | <b>Under 51 kg</b> | Over 48 – 51 kg |             |           |
|             | Male       | Black       | <b>Under 55 kg</b> | Over 51 – 55 kg |             |           |
|             | Male       | Black       | <b>Under 59 kg</b> | Over 55 – 59 kg |             |           |
|             | Male       | Black       | <b>Under 63 kg</b> | Over 59 – 63 kg |             |           |
|             | Male       | Black       | <b>Under 68 kg</b> | Over 63 – 68 kg |             |           |
|             | Male       | Black       | <b>Under 73 kg</b> | Over 68 – 73 kg |             |           |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Male   | Black | <b>Under 78 kg</b> | Over 73 – 78 kg |  |  |
|  | Male   | Black | <b>Under 83 kg</b> | Over 78 – 83 kg |  |  |
|  | Male   | Black | <b>Over 83 kg</b>  | Over 83 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Red   | <b>Under 33 kg</b> | 33 kg & Under   |  |  |
|  | Female | Red   | <b>Under 36 kg</b> | Over 33 – 36 kg |  |  |
|  | Female | Red   | <b>Under 39 kg</b> | Over 36 – 39 kg |  |  |
|  | Female | Red   | <b>Under 42 kg</b> | Over 39 – 42 kg |  |  |
|  | Female | Red   | <b>Under 44 kg</b> | Over 42 – 44 kg |  |  |
|  | Female | Red   | <b>Under 46 kg</b> | Over 44 – 46 kg |  |  |
|  | Female | Red   | <b>Under 49 kg</b> | Over 46 – 49 kg |  |  |
|  | Female | Red   | <b>Under 52 kg</b> | Over 49 – 52 kg |  |  |
|  | Female | Red   | <b>Under 55 kg</b> | Over 52 – 55 kg |  |  |
|  | Female | Red   | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |
|  | Female | Red   | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Red   | <b>Under 68 kg</b> | Over 63 – 68 kg |  |  |
|  | Female | Red   | <b>Under 73 kg</b> | Over 78 – 73 kg |  |  |
|  | Female | Red   | <b>Under 78 kg</b> | Over 73 – 78 kg |  |  |
|  | Female | Red   | <b>Over 78 kg</b>  | Over 78 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Black | <b>Under 33 kg</b> | 33 kg & Under   |  |  |
|  | Female | Black | <b>Under 36 kg</b> | Over 33 – 36 kg |  |  |
|  | Female | Black | <b>Under 39 kg</b> | Over 36 – 39 kg |  |  |
|  | Female | Black | <b>Under 42 kg</b> | Over 39 – 42 kg |  |  |
|  | Female | Black | <b>Under 44 kg</b> | Over 42 – 44 kg |  |  |
|  | Female | Black | <b>Under 46 kg</b> | Over 44 – 46 kg |  |  |
|  | Female | Black | <b>Under 49 kg</b> | Over 46 – 49 kg |  |  |
|  | Female | Black | <b>Under 52 kg</b> | Over 49 – 52 kg |  |  |
|  | Female | Black | <b>Under 55 kg</b> | Over 52 – 55 kg |  |  |
|  | Female | Black | <b>Under 59 kg</b> | Over 55 – 59 kg |  |  |



|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Female | Black | <b>Under 63 kg</b> | Over 59 – 63 kg |  |  |
|  | Female | Black | <b>Under 68 kg</b> | Over 63 – 68 kg |  |  |
|  | Female | Black | <b>Under 73 kg</b> | Over 68 – 73 kg |  |  |
|  | Female | Black | <b>Under 78 kg</b> | Over 73 – 78 kg |  |  |
|  | Female | Black | <b>Over 78 kg</b>  | Over 78 kg      |  |  |

**SENIOR ( 1 ) CATEGORY ( 18 to 30 years old )**

**Form G**

| <b>S/No</b> | <b>SEX</b> | <b>BELT</b> | <b>CATEGORY</b>    | <b>WEIGHT</b>   | <b>NAME</b> | <b>Kg</b> |
|-------------|------------|-------------|--------------------|-----------------|-------------|-----------|
|             | Male       | Red         | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Red         | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Red         | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Red         | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Red         | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Red         | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Red         | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Red         | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Red         | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Red         | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Red         | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Red         | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |
|             | Male       | Red         | <b>Under 90 kg</b> | Over 86 – 90 kg |             |           |
|             | Male       | Red         | <b>Under 94 kg</b> | Over 90 – 94 kg |             |           |
|             | Male       | Red         | <b>Over 94 kg</b>  | Over 94 kg      |             |           |
|             |            |             |                    |                 |             |           |
|             | Male       | Black       | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Black       | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Black       | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Black       | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Black       | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Black       | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Black       | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Black       | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Black       | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Black       | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Black       | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Black       | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Male   | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Male   | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Male   | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Red   | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Red   | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Red   | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Red   | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Red   | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Red   | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Red   | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Red   | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Red   | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Red   | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |
|  | Female | Red   | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Red   | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Red   | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Red   | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Red   | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Black | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Black | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Black | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Black | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Black | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Black | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Black | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Black | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Black | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Black | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Female | Black | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Black | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |

**SENIOR ( 2 ) CATEGORY ( 31 to 40 years old )**

**Form H**

| <b>S/No</b> | <b>SEX</b> | <b>BELT</b> | <b>CATEGORY</b>    | <b>WEIGHT</b>   | <b>NAME</b> | <b>Kg</b> |
|-------------|------------|-------------|--------------------|-----------------|-------------|-----------|
|             | Male       | Red         | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Red         | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Red         | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Red         | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Red         | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Red         | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Red         | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Red         | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Red         | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Red         | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Red         | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Red         | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |
|             | Male       | Red         | <b>Under 90 kg</b> | Over 86 – 90 kg |             |           |
|             | Male       | Red         | <b>Under 94 kg</b> | Over 90 – 94 kg |             |           |
|             | Male       | Red         | <b>Over 94 kg</b>  | Over 94 kg      |             |           |
|             |            |             |                    |                 |             |           |
|             | Male       | Black       | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Black       | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Black       | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Black       | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Black       | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Black       | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Black       | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Black       | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Black       | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Black       | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Black       | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Black       | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Male   | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Male   | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Male   | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Red   | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Red   | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Red   | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Red   | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Red   | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Red   | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Red   | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Red   | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Red   | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Red   | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |
|  | Female | Red   | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Red   | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Red   | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Red   | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Red   | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Black | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Black | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Black | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Black | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Black | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Black | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Black | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Black | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Black | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Black | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Female | Black | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Black | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |

**MASTER ( 1 ) CATEGORY ( 41 to 50 years old )**

**Form J**

| <b>S/No</b> | <b>SEX</b> | <b>BELT</b> | <b>CATEGORY</b>    | <b>WEIGHT</b>   | <b>NAME</b> | <b>Kg</b> |
|-------------|------------|-------------|--------------------|-----------------|-------------|-----------|
|             | Male       | Red         | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Red         | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Red         | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Red         | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Red         | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Red         | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Red         | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Red         | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Red         | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Red         | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Red         | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Red         | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |
|             | Male       | Red         | <b>Under 90 kg</b> | Over 86 – 90 kg |             |           |
|             | Male       | Red         | <b>Under 94 kg</b> | Over 90 – 94 kg |             |           |
|             | Male       | Red         | <b>Over 94 kg</b>  | Over 94 kg      |             |           |
|             |            |             |                    |                 |             |           |
|             | Male       | Black       | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Black       | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Black       | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Black       | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Black       | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Black       | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Black       | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Black       | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Black       | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Black       | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Black       | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Black       | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |



|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Male   | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Male   | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Male   | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Red   | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Red   | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Red   | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Red   | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Red   | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Red   | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Red   | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Red   | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Red   | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Red   | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |
|  | Female | Red   | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Red   | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Red   | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Red   | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Red   | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Black | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Black | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Black | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Black | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Black | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Black | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Black | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Black | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Black | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Black | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Female | Black | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Black | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |

**MASTER (2) CATEGORY ( 51 years old & older )**

**Form K**

| <b>S/No</b> | <b>SEX</b> | <b>BELT</b> | <b>CATEGORY</b>    | <b>WEIGHT</b>   | <b>NAME</b> | <b>Kg</b> |
|-------------|------------|-------------|--------------------|-----------------|-------------|-----------|
|             | Male       | Red         | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Red         | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Red         | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Red         | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Red         | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Red         | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Red         | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Red         | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Red         | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Red         | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Red         | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Red         | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |
|             | Male       | Red         | <b>Under 90 kg</b> | Over 86 – 90 kg |             |           |
|             | Male       | Red         | <b>Under 94 kg</b> | Over 90 – 94 kg |             |           |
|             | Male       | Red         | <b>Over 94 kg</b>  | Over 94 kg      |             |           |
|             |            |             |                    |                 |             |           |
|             | Male       | Black       | <b>Under 42 kg</b> | 42 kg & Under   |             |           |
|             | Male       | Black       | <b>Under 46 kg</b> | Over 42 – 46 kg |             |           |
|             | Male       | Black       | <b>Under 50 kg</b> | Over 46 – 50 kg |             |           |
|             | Male       | Black       | <b>Under 54 kg</b> | Over 50 – 54 kg |             |           |
|             | Male       | Black       | <b>Under 58 kg</b> | Over 54 – 58 kg |             |           |
|             | Male       | Black       | <b>Under 62 kg</b> | Over 58 – 62 kg |             |           |
|             | Male       | Black       | <b>Under 66 kg</b> | Over 62 – 66 kg |             |           |
|             | Male       | Black       | <b>Under 70 kg</b> | Over 66 – 70 kg |             |           |
|             | Male       | Black       | <b>Under 74 kg</b> | Over 70 – 74 kg |             |           |
|             | Male       | Black       | <b>Under 78 kg</b> | Over 74 – 78 kg |             |           |
|             | Male       | Black       | <b>Under 82 kg</b> | Over 78 – 82 kg |             |           |
|             | Male       | Black       | <b>Under 86 kg</b> | Over 82 – 86 kg |             |           |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Male   | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Male   | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Male   | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Red   | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Red   | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Red   | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Red   | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Red   | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Red   | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Red   | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Red   | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Red   | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Red   | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |
|  | Female | Red   | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Red   | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Red   | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Red   | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Red   | <b>Over 94 kg</b>  | Over 94 kg      |  |  |
|  |        |       |                    |                 |  |  |
|  | Female | Black | <b>Under 42 kg</b> | 42 kg & Under   |  |  |
|  | Female | Black | <b>Under 46 kg</b> | Over 42 – 46 kg |  |  |
|  | Female | Black | <b>Under 50 kg</b> | Over 46 – 50 kg |  |  |
|  | Female | Black | <b>Under 54 kg</b> | Over 50 – 54 kg |  |  |
|  | Female | Black | <b>Under 58 kg</b> | Over 54 – 58 kg |  |  |
|  | Female | Black | <b>Under 62 kg</b> | Over 58 – 62 kg |  |  |
|  | Female | Black | <b>Under 66 kg</b> | Over 62 – 66 kg |  |  |
|  | Female | Black | <b>Under 70 kg</b> | Over 66 – 70 kg |  |  |
|  | Female | Black | <b>Under 74 kg</b> | Over 70 – 74 kg |  |  |
|  | Female | Black | <b>Under 78 kg</b> | Over 74 – 78 kg |  |  |

|  |        |       |                    |                 |  |  |
|--|--------|-------|--------------------|-----------------|--|--|
|  | Female | Black | <b>Under 82 kg</b> | Over 78 – 82 kg |  |  |
|  | Female | Black | <b>Under 86 kg</b> | Over 82 – 86 kg |  |  |
|  | Female | Black | <b>Under 90 kg</b> | Over 86 – 90 kg |  |  |
|  | Female | Black | <b>Under 94 kg</b> | Over 90 – 94 kg |  |  |
|  | Female | Black | <b>Over 94 kg</b>  | Over 94 kg      |  |  |

**Total:** \_\_\_\_\_ **Payment :** \_\_\_\_\_

\_\_\_\_\_  
Name & Signature of Team Manager / Coaches

**Receipt No :** \_\_\_\_\_

Cheque No / Bank: \_\_\_\_\_

Date : \_\_\_\_\_

Cash : \_\_\_\_\_

By Invoice : Yes / No