

NATIONAL INTER - SCHOOL TAEKWONDO CHAMPIONSHIPS 2010

	<u>Position</u>	<u>A Division</u>	<u>Points</u>
A DIVISION MALE :	1 st	Hwa Chong Institution	87
	2 nd	Temasek Junior College	67
	3 rd	Jurong Junior College	42
	4 th	Victoria Junior College	39
A DIVISION FEMALE :	1 st	Temasek Junior College	104
	2 nd	Jurong Junior College	48
	3 rd	Hwa Chong Institution	39
	4 th	Victoria Junior College	38

Best Coach : Celestine Lee

More Improved Team : Jurong Junior College

NATIONAL INTER-SCHOOL TAEKWONDO CHAMPIONSHIPS 2010
(A DIVISION -- Medallists)

A) POOMSAE INDIVIDUAL

(1) MALE POOMSAE INDIVIDUAL - White Belt

1st	Ng Guang Hua Bryan	Jurong Junior College
2nd	Teo Seen Wee	Meridian Junior College
3rd	Lo Jun Hong	Victoria Junior College
4th	Zhou Tian Xun	Victoria Junior College

(2) MALE POOMSAE INDIVIDUAL - Yellow Belt

1st	Choi Jun Tong	Jurong Junior College
2nd	Cheong Jia Chin	Temasek Junior College
3rd	Kheng Lin Chun	Hwa Chong Institution
4th	Koh Jit Woon	Hwa Chong Institution

(3) MALE POOMSAE INDIVIDUAL - Green Belt

1st	Lim Wei Jing	Hwa Chong Institution
2nd	Tan Zheng Hao	Temasek Junior College
3rd	Theodore William Salim	Temasek Junior College
4th	Chow He Nian	Jurong Junior College

(4) MALE POOMSAE INDIVIDUAL - Blue Belt

1st	Tai Jun Hao Sam	Hwa Chong Institution
2nd	Muhd Arif B Othman	Temasek Junior College
3rd	Lee Ren Jie	Hwa Chong Institution
4th	Zhao Jia Hua	Jurong Junior College

(5) MALE POOMSAE INDIVIDUAL - Red Belt

1st	Lim Yan Wei Bertram	Hwa Chong Institution
2nd	Choo Bin Zhi Glen	Temasek Junior College
3rd	Lee Zi Cong Brandon	Victoria Junior College
4th	Theodore William Salim	Temasek Junior College

(6) MALE POOMSAE INDIVIDUAL - Black Belt

1st	Lim Yan Wei Bertram	Hwa Chong Institution
2nd	Park Sun Myung	Meridian Junior College
3rd	Lee Zi Cong Brandon	Victoria Junior College
4th	Lim Yang Jun	Jurong Junior College

(7) FEMALE POOMSAE INDIVIDUAL - White Belt

1st	Fang Yunna	Victoria Junior College
2nd	Tan Jia Xin Caroline	Victoria Junior College
3rd	Keng Bao Yi Priscilla	Hwa Chong Institution
4th	Wong Sarah	Meridian Junior College

(8) FEMALE POOMSAE INDIVIDUAL - Yellow Belt

1st	Goh Qi Yan	Meridian Junior College
2nd	Cheng Ci Lin Cheryl	Hwa Chong Institution
3rd	Ng Jia Hui Petrina	Hwa Chong Institution
4th	Mak Hao Yin Nicole	Jurong Junior College

(9) FEMALE POOMSAE INDIVIDUAL - Green Belt

1st	Ho Hui Jie	Temasek Junior College
2nd	Koh Qing Ru	Temasek Junior College
3rd	Goh Jia Ying Clareen	Temasek Junior College
4th	Teh Wei Wen Vivian	Meridian Junior College

(10) FEMALE POOMSAE INDIVIDUAL - Blue Belt

1st	Ho Hui Jie	Temasek Junior College
2nd	Ameera Bte Sapiee	Meridian Junior College
3rd	Tan Yi Ling	Hwa Chong Institution
4th	Qi Man Li	Temasek Junior College

(11) FEMALE POOMSAE INDIVIDUAL - Red Belt

1st	Koh Sheng Lin Rachel	Jurong Junior College
2nd	Mack Zhi Fang Wendy	Temasek Junior College
3rd	Wu Jiawen	Hwa Chong Institution
4th	Kang Chong Xian Shirlyn	Temasek Junior College

(12) FEMALE POOMSAE INDIVIDUAL - Black Belt

1st	Koh Wen Jia Pearly	Temasek Junior College
2nd	Zhou Wen Jing	Hwa Chong Institution
3rd	Ow Wen Yan	Temasek Junior College
4th	Ng Yi Jun	Meridian Junior College

B) POOMSAE TEAM

(13) MALE POOMSAE TEAM - White Belt

1st	Tan Jian Zhi	Temasek Junior College
1st	Choo Yan Ru	Temasek Junior College
1st	Cheong Jia Chin	Temasek Junior College
2nd	Lo Jun Hong	Victoria Junior College
2nd	Chua Chiah Hock	Victoria Junior College
2nd	Zhou Tian Xun	Victoria Junior College
3rd	Loh Yu Gui	Hwa Chong Institution
3rd	Zhu Kezheng	Hwa Chong Institution
3rd	Thian Chang Hoong Marcus	Hwa Chong Institution
4th	Lim Cheng Liang Lionel	Jurong Junior College
4th	Chua Jie Yong	Jurong Junior College
4th	Ng Guang Hua Bryan	Jurong Junior College

(14) MALE POOMSAE TEAM - Yellow Belt

1st	Tan Jian Zhi	Temasek Junior College
1st	Choo Yan Ru	Temasek Junior College
1st	Cheong Jia Chin	Temasek Junior College
2nd	Lai Jin Meng	Victoria Junior College
2nd	Quek Ming Kai Elton	Victoria Junior College
2nd	Pua Suan Jin Robin	Victoria Junior College
3rd	Muhammad Fauzi	Jurong Junior College
3rd	Kang Kai	Jurong Junior College
3rd	Choi Jun Tong	Jurong Junior College
4th	Koh Jit Woon	Hwa Chong Institution
4th	Tan Hwee Yong Trevor	Hwa Chong Institution
4th	Kay Boon Khai Jordy	Hwa Chong Institution

(15) MALE POOMSAE TEAM - Green Belt

1st	Ho Ze Wei Daryl	Hwa Chong Institution
1st	Lim Wei Jing	Hwa Chong Institution
1st	Chui Chuan Jie Jaron	Hwa Chong Institution
2nd	Theodore William Salim	Temasek Junior College
2nd	Tan Zheng Hao	Temasek Junior College
2nd	Tan Zheng Hong	Temasek Junior College
3rd	Zhao Jia Hua	Jurong Junior College
3rd	Chow He Nian	Jurong Junior College
3rd	Zeng Boli	Jurong Junior College
4th	Theodoric Phay Kiat	Meridian Junior College
4th	Tang Ying Chung Isaac	Meridian Junior College
4th	Lam Yue Hao	Meridian Junior College

(16) MALE POOMSAE TEAM - Blue Belt

1st	Choo Bin Zhi Glen	Temasek Junior College
1st	Tan Zheng Hao	Temasek Junior College
1st	Muhd Arif B Othman	Temasek Junior College
2nd	Lee Ren Jie	Hwa Chong Institution
2nd	Lee Wei Jie Basil	Hwa Chong Institution
2nd	Tai Jun Hao Sam	Hwa Chong Institution
3rd	Theodoric Phay Kiat	Meridian Junior College
3rd	Ng Yu Lun Darian	Meridian Junior College
3rd	Lam Yue Hao	Meridian Junior College
4th	Tan Koon Ngee Jonathan	Victoria Junior College
4th	Wong Boon Bin	Victoria Junior College
4th	Pua Suan Jin Robin	Victoria Junior College

(17) MALE POOMSAE TEAM - Red Belt

1st	Chen Fuchen Sharnon	Meridian Junior College
1st	Lim Wei Min Dennis	Meridian Junior College
1st	Loh Zhi Heng Jonathan	Meridian Junior College
2nd	Teng Min Ren Aldysius	Hwa Chong Institution
2nd	Lim Yan Wei Bertram	Hwa Chong Institution
2nd	Ng Yanjie Jonathan	Hwa Chong Institution
3rd	Lee Zi Cong Brandon	Victoria Junior College
3rd	Cheng Kang Jian	Victoria Junior College
3rd	Low Pei Jiang	Victoria Junior College
4th	Tan Zheng Hong	Temasek Junior College
4th	theodore William Salim	Temasek Junior College
4th	Cheong Jia Chin	Temasek Junior College

(18) MALE POOMSAE TEAM - Black Belt

1st	Ng Jun Xiang	Meridian Junior College
1st	Tan Sheng Liang	Meridian Junior College
1st	Park Sun Myung	Meridian Junior College
2nd	Choo Bin Zhi Glen	Temasek Junior College
2nd	Tan Zheng Hao	Temasek Junior College
2nd	Chen Han Teng Kenny	Temasek Junior College
3rd	Gan Ding Han	Hwa Chong Institution
3rd	Li Ming Yang	Hwa Chong Institution
3rd	Lai Wei Hong Sean	Hwa Chong Institution
4th	Lee Zi Cong Brandon	Victoria Junior College
4th	Cheng Kang Jian	Victoria Junior College
4th	Low Pei Jiang	Victoria Junior College

(19) FEMALE POOMSAE TEAM - White Belt

1st	Tan Li Ling Michelle	Jurong Junior College
1st	Chew Siew Lee Celia	Jurong Junior College
1st	Li Yong Bei	Jurong Junior College
2nd	Tan Jia Xin Caroline	Victoria Junior College
2nd	Ding Jia Fu	Victoria Junior College
2nd	Fang Yunna	Victoria Junior College
3rd	Lee Jia Hui	Temasek Junior College
3rd	Wang Zhen Yan	Temasek Junior College
3rd	Choong Pei Wen	Temasek Junior College
4th	Kho Rui Min	Hwa Chong Institution
4th	Seah Sze Ling	Hwa Chong Institution
4th	Keng Bao Yi Priscilla	Hwa Chong Institution

(20) FEMALE POOMSAE TEAM - Yellow Belt

1st	Thidar Engt@Zheng Mei Lian	Temasek Junior College
1st	Lim Miao Chun	Temasek Junior College
1st	Chan Qian Ru	Temasek Junior College
2nd	Zhou Lili	Jurong Junior College
2nd	Mak Hao Yin Nicole	Jurong Junior College
2nd	Zhang Qi Yao	Jurong Junior College
3rd	Tan Zi Hou	Victoria Junior College
3rd	Tay Kai Lin	Victoria Junior College
3rd	Leow Teng	Victoria Junior College
4th	Chia Yun Zhen Sheriel	Hwa Chong Institution
4th	Lin Geng Yu	Hwa Chong Institution
4th	Lim Shu Qing Carine	Hwa Chong Institution

(21) FEMALE POOMSAE TEAM - Green Belt

1st	Goh Jia Ying Clareen	Temasek Junior College
1st	Koh Qing Ru	Temasek Junior College
1st	Ho Hui Jie	Temasek Junior College
2nd	Lin Zhenping	Hwa Chong Institution
2nd	Lim Qian Yi Cheryl	Hwa Chong Institution
2nd	Teo Chiat Mein Jasmine	Hwa Chong Institution
3rd	Teh Wei Wen Vivian	Meridian Junior College
3rd	Teo Wei Qi Charissa	Meridian Junior College
3rd	Peh Jing Yi	Meridian Junior College
4th	See Lin Li	Victoria Junior College
4th	Ho Li Ying Jazreel	Victoria Junior College
4th	Phua Xin Yi Stephanie	Victoria Junior College

(22) FEMALE POOMSAE TEAM - Blue Belt

1st	Yee Kwai Ga	Jurong Junior College
1st	Yang Yi Zhuang	Jurong Junior College
1st	Yukie Dohi	Jurong Junior College
2nd	Koh Qing Ru	Temasek Junior College
2nd	Ho Hui Jie	Temasek Junior College
2nd	Yeoh Leng Lee	Temasek Junior College
3rd	Tan Yi Ling	Hwa Chong Institution
3rd	Tan Kai Yu	Hwa Chong Institution
3rd	Luo Hui	Hwa Chong Institution
4th	Liu Meixi	Victoria Junior College
4th	Chow Geng Yen Grace	Victoria Junior College
4th	Liao Shuang	Victoria Junior College

(23) FEMALE POOMSAE TEAM - Red Belt

1st	Chan Wen Qing Bernice	Temasek Junior College
1st	Mack Zhi Fang Wendy	Temasek Junior College
1st	Ng Yihui Mary Ann	Temasek Junior College
2nd	Zhang Qi Yao	Jurong Junior College
2nd	Pua Kah Mei	Jurong Junior College
2nd	Koh Sheng Lin Rachel	Jurong Junior College
3rd	Teo Kai Ting	Meridian Junior College
3rd	Ng Xin Pei Gwendolene	Meridian Junior College
3rd	Nur Azizah Bte Nordali	Meridian Junior College
4th	Wu Nan Nan	Victoria Junior College
4th	Shi Yue	Victoria Junior College
4th	Chio Tse Ning Jamien	Victoria Junior College

(24) FEMALE POOMSAE TEAM - Black Belt

1st	Chiew Zhi Xin	Temasek Junior College
1st	Koh Wen Jia Pearly	Temasek Junior College
1st	Ow Wen Yan	Temasek Junior College
2nd	Lauw Deborah	Jurong Junior College
2nd	Pua Kah Mei	Jurong Junior College
2nd	Koh Sheng Lin Rachel	Jurong Junior College
3rd	Liang Wei Ning Nicole	Hwa Chong Institution
3rd	Zhou Wen Jing	Hwa Chong Institution
3rd	Low Jomain	Hwa Chong Institution
4th	Ng Yi Jun	Meridian Junior College
4th	Nee Pei Yi	Meridian Junior College
4th	Chan Chu Quan Rowena	Meridian Junior College