



**SINGAPORE TAEKWONDO FEDERATION (STF)
NATIONAL PRIMARY SCHOOLS TAEKWONDO
CHAMPIONSHIPS 2013**

OUTLINE FOR POOMSAE COMPETITION

- Promoter : Singapore Taekwondo Federation (STF)
260A Tanjong Katong Road
Singapore 437048
- Schedule : Registration
- 11 & 12 March 2013 (Monday & Tuesday)
10.00am to 4.30pm
STF Office
260A Tanjong Katong Road Singapore 437048
- Briefing and Drawing of Lots
- 11 April 2013 (Thursday)
1.30pm to 5.30pm
STF National Training Centre
Block 80 Lorong Limau #04-191 Singapore
320080
- Competition
- 22 April 2013 (Monday)
9.00am onwards
Toa Payoh Sports Hall
- Eligibility : Students in the Senior and Junior Divisions holding at least a grade 9 (white with yellow tip) certification issued or endorsed by the STF. The grade shall be on or before January 2013.

Grading cards or certificates of participants must be produced for verification during registration

Application forms, where required, have to be endorsed by the respective schools before they can be accepted.

Competition Rules : WTF rules adopted and modified by the STF

Uniform : STF Uniform. A performer will be barred from participating if he or she cannot fulfill this condition fully.

Method of Competition : Cut-off system

- Divisions : **SENIOR DIVISION**
1 January 2002
1 January 2001 to 31 December 2001
2 January 2000 to 31 December 2000

Individual (Male)

White
Yellow
Green
Blue
Red
Poom

Individual (Female)

White
Yellow
Green
Blue
Red
Poom

Team of Three (Male)

White
Yellow
Green
Blue
Red
Poom

Team of Three (Female)

White
Yellow
Green
Blue
Red
Poom

JUNIOR DIVISION

1 January 2005

1 January 2004 to 31 December 2004

1 January 2003 to 31 December 2003

2 January 2002 to 31 December 2002

(Poomsae events only)

1 January 2007

1 January 2006 to 31 December 2006

1 January 2005 to 31 December 2005

Individual (Male)

White
Yellow
Green
Blue
Red
Poom

Individual (Female)

White
Yellow
Green
Blue

Red
Poom

Team of Three (Male)

White
Yellow
Green
Blue
Red
Poom

Team of Three (Female)

White
Yellow
Green
Blue
Red
Poom

Competition
Poomsae for all
stages

: White - Preliminary Taegeuk
Yellow - Taegeuk 1
Green - Taegeuk 3
Blue - Taegeuk 5
Red - Taegeuk 7
Poom - Koryo

Performance
Order

: The order of performance shall be decided by ballot
for both the individual and team events.

Participation

: **A performer may participate in both the individual
and team events and is allowed to compete in
more than one higher belt category up to Red 1.**

The performer shall wear the belt colour of the
category he or she is competing.

Each school may field a maximum of three male and three female performers per individual colour category and one male and one female team per colour category for each Division.

A team will be disqualified if any of its registered members is not able to compete. Replacement of absent members is prohibited.

- Fees : \$12.00 per player per colour category
- Payment by crossed cheques to Singapore Taekwondo Federation or IFAAS. Cash payment will not be accepted.
- Fees paid will not be refunded under any circumstances.
- Decision : The decision shall be made by a panel of 3, 5 or 7 judges to be determined and appointed by the STF.
- Condition of Participation : All participants shall abide by the general rules and regulations governed by the Singapore Schools Primary Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.
- Enquiries : For more information, please call the STF Secretariat at 6345 1491.



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

**POOMSAE COMPETITION
(SENIOR DIVISION)**

**To : Organizing Chairman
National Primary Schools Taekwondo Championships 2013**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the school.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach	Pass No ()	
Principal's Name & Signature		School Stamp
Date		



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013
REGISTRATION FORM**

DIVISION : SENIOR **BOYS / GIRLS***
School : _____ (Zone _____)
**Please delete accordingly*

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

(SENIOR DIVISION)

INDIVIDUAL

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

(SENIOR DIVISION)

INDIVIDUAL

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013
(SENIOR DIVISION)

TEAM OF THREE

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

(SENIOR DIVISION)

TEAM OF THREE

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

(SENIOR DIVISION)

PARTICIPANT

**REGISTRATION FORM
(to be completed by all participants)**

School	
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Name of Student	(Class)	NRIC No	
Date of Birth		Age (as at 1 January 2013)	
Grade (as at January 2013)		Sex	
Contact No	(Mobile)		(Home)
Teacher in Charge			(Mobile)
Name of Coach			(Mobile)



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

**POOMSAE COMPETITION
(JUNIOR DIVISION)**

**To : Organizing Chairman
National Primary Schools Taekwondo Championships 2013**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the school.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach	Pass No ()	
Principal's Name & Signature		School Stamp
Date		



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

REGISTRATION FORM

DIVISION : **JUNIOR** **BOYS / GIRLS***

School : _____

**Please delete accordingly*

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nation ality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013
(JUNIOR DIVISION)

INDIVIDUAL

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013
(JUNIOR DIVISION)

INDIVIDUAL

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

(JUNIOR DIVISION)

TEAM OF THREE

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013
(JUNIOR DIVISION)**

TEAM OF THREE

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

**POOMSAE
PRIMARY (JUNIOR DIVISION)**

F2f



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013

(JUNIOR DIVISION)

PARTICIPANT

**REGISTRATION FORM
(to be completed by all participants)**

School	
--------	--

Name of Student	(Class)	NRIC No	
Date of Birth		Age (as at 1 January 2013)	
Grade (as at January 2013)		Sex	
Contact No	(Mobile)		(Home)
Teacher in Charge			(Mobile)
Name of Coach			(Mobile)

NATIONAL SCHOOL GAMES

School Acknowledgement¹ of Baseline Safety Standards

Section A:

Sport: Taekwondo

Event: _____
(Example: National Inter-School Netball Championship)

Division: _____ Level: Pri / Sec / JC/CI

School: _____

Section B:

The school acknowledges that the following checks will be made in all National Schools Games:

Domain	Safety Standard	Description
Personnel	GEN-PER-3.1	Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical well-being of participants.
Participants	GEN-PAR-4.1	Participants understand the rules of the sport/game.
	GEN-PAR-4.2	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.3	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.4	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.5	Participants conduct cooling down exercises after the sport/game.
	TKD-PAR-4.1	Each participant must be accompanied by a coach with a professional coaching pass. A participant will not be allowed to compete without a coach.
	TKD-PAR-4.2	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.

Name and Signature of Principal: _____

Date: _____

Note: All completed forms are to be submitted to the STF prior to the start of competition.

¹ Schools need only submit 1 acknowledgement form for each event.