



**IT IS MY PLEASURE TO EXTEND INVITATIONS TO TAEKWONDO CLUBS TO COMPETE IN THE 14<sup>TH</sup> NESTLÉ KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2018 – SINGAPORE ON **MARCH 9 & 10, 2019** AT JURONG EAST SPORTS COMPLETE, SINGAPORE.**

**THE CHAMPIONSHIP, EXCLUSIVELY FOR BOYS AND GIRLS IN THE 7-12 AGE BRACKET, IS ORGANISED BY SINGAPORE TAEKWONDO FEDERATION AND SPONSORED BY NESTLÉ KOKO KRUNCH®.**

**ATTACHED HEREWITH ARE THE RELEVANT INFORMATION AND PARTICIPATION FORMS.**

**LET US DEVELOP TAEKWONDO TOGETHER.**

**ANDY LEE**

**ORGANISING CHAIRPERSON**

**14<sup>TH</sup> NESTLÉ KOKO KRUNCH®**

**JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**



## 14<sup>th</sup> NESTLE KOKO KRUNCH®

### JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE

#### INFORMATION


No.	SUBJECT	DETAILS
1.	DATE	<b>MARCH 9 &amp; 10 , 2019</b>
2.	VENUE	JURONG EAST SPORTS COMPLETE, SINGAPORE
3.	ORGANISED BY	SINGAPORE TAEKWONDO FEDERATION (STF)
4.	QUALIFICATION	OPEN TO ALL STF AFFILIATES. Grades obtained on or before 31 DECEMBER 2018 and issued endorsed by the STF.
5.	COMPETITION RULES	STF (WT) SPARRING RULES WITH <b>NO KICKING TO THE HEAD.</b> AND POOMSAE RULES.
6.	ENTRIES – BOYS & GIRLS	7 – 9 AND 10 - 12 AGE GROUPS – <ul style="list-style-type: none"> <li>• KYORUGI - RED &amp; POOM BELTS.</li> <li>• POOMSAE (INDIVIDUAL) - ALL GRADES</li> <li>• POOMSAE TEAM ( TEAM OF 3 ) - ALL GRADES</li> <li>• CREATIVE POOMSAE (TEAM OF 4-6) – MIXED</li> <li>• TAEKWONDO AEROBICS (TEAM OF 4-6) – MIXED</li> </ul>
7.	KYORUGI	CONTEST DURATION 1 MINUTE x 3 ROUNDS PER BOUT. <ul style="list-style-type: none"> <li>• The organising committee reserves the right to modify the duration &amp; no. of rounds</li> </ul>

8	POOMSAE	<p>COMPETITION POOMSAE FOR ALL STAGE</p> <p>White 10 - Introductory Poomsae  White 9 - Preliminary Taegeuk  Yellow 8 - Taegeuk II Jang  Yellow 7 - Taegeuk E Jang  Green 6 - Taegeuk Sam Jang  Green 5 - Taegeuk Sa Jang  Blue 4 - Taegeuk O Jang  Blue 3 - Taegeuk Yuk Jang  Red 2 - Taegeuk Chil Jang  Red 1 - Taegeuk Pal Jang</p> <p>1<sup>st</sup> Poom - *Taegeuk Pal Jang / ** Koryo  2<sup>nd</sup> Poom - * Koryo / ** Keumgang  3<sup>rd</sup> Poom &amp; higher - *Keumgang / **Taeback</p> <p><i>*First Poomsae for Semi-Finals round, and  **Second Poomsae for Final round</i></p>
9.	NUMBER OF PARTICIPANTS PER CATEGORY	<ul style="list-style-type: none"> <li>• KYORUGI  CLUBS ARE ALLOWED MULTIPLE ENTRIES PER WEIGHT BUT ENTRIES WILL CLOSE UPON RECEIPT OF 400 ENTRIES OR AT THE FEBRUARY 14, 2019 CLOSING DATE, WHICHEVER COMES FIRST.</li>   <li>• POOMSAE (INDIVIDUAL)  A PERFORMER MAY PARTICIPATE IN <b>ONE</b> INDIVIDUAL COLOUR-CATEGORY. HE OR SHE IS ALLOWED TO PARTICIPATE IN HIS OR HER BELT CATEGORIES ONLY.</li>   <li>• POOMSAE TEAM / CREATIVE POOMSAE / TAEKWON AEROBICS  CLUBS ARE ALLOWED MULTIPLE ENTRIES.. A PERFORMER MAY PARTICIPATE IN NOT MORE THAN ONE COLOUR-CATEGORY.</li> </ul>
10.	MEDALS	<p>MEDALS WILL BE AWARDED IN EVERY WEIGHT DIVISION FOR THE 1<sup>ST</sup>, 2<sup>ND</sup>, AND 2 X 3<sup>RD</sup> PLACINGS.  OVERALL TROPHIES WILL BE AWARDED FOR THE 1<sup>ST</sup>, 2<sup>ND</sup>, 3<sup>RD</sup> &amp; 4<sup>TH</sup> PLACED TEAMS IN BOTH CATEGORIES.</p>

	<p>OVERALL TROPHIES</p> <p>SPECIAL AWARDS</p>	<p>A GRAND CHAMPION TROPHY WILL BE AWARDED TO THE TEAM WITH THE HIGHEST NUMBER OF GOLD MEDALS WON.</p> <p>THERE WILL BE SPECIAL AWARDS FOR THE BEST PERFORMING BOY AND GIRL (THE ORGANISERS RESERVE THE RIGHT TO DECIDE THE CRITERIA).</p>
11	DISCIPLINE	ALL OFFICIALS AND CONTESTANTS ARE RESPONSIBLE FOR THE HIGHEST STANDARDS OF DISCIPLINE. MISBEHAVIOUR DURING COMPETITION AND IN THE STADIUM GROUNDS WILL BE DEALT WITH SEVERELY, INCLUDING EXPULSION OF ENTIRE TEAM. THE SINGAPORE TAEKWONDO FEDERATION CODE OF ETHICS WILL APPLY IN THE CHAMPIONSHIPS.
12.	PARTICIPATION FEE	<b>S\$21.40</b> PER PARTICIPANT (ALL CATEGORIES). EACH PARTICIPANT WILL RECEIVE ONE CHAMPIONSHIP T-SHIRT AND A CERTIFICATE OF PARTICIPATION.
13.	PROTEST FEE	<b>S\$214.00</b> PER PROTEST. THE DECISIONS OF THE ORGANISERS IN CONNECTION WITH ANY PROTEST SHALL BE FINAL AND BINDING.
14.	INDEMNITIES AND GOVERNING LAW	IT SHALL BE THE RESPONSIBILITY OF THE LEGAL GUARDIANS/PARENTS OF PARTICIPANTS AND THEIR INSTRUCTORS TO HAVE VALIDLY COMPLETED THE PARTICIPATION FORMS, WITH COPIES OF BIRTH CERTIFICATES/MYKADS/NRIC/PASSPORTS, AND HAVE THEM DULY SIGNED AND EXECUTED AGREEING TO THE FOLLOWING: (1) NESTLE SINGAPORE (PTE) LTD (UEN196700197W) IS SOLELY SPONSORING THIS CHAMPIONSHIP AND (2) TO FULLEST EXTENT NOT PROHIGITED BY LAW, EACH OF THE LEGAL GUARDIANS/PARENTS AND INSTRUCTORS AGREE TO RELEASE, AND SHALL INDEMNIFY AND HOLD HARMLESS, EACH OF NESTLÉ KOKO KRUNCH® AND/OR NESTLE SINGAPORE (PTE) LTD AND/OR ANY COMPANIES OR BUSINESSES ASSOCIATED WITH IT, SINGAPORE

		<p>TAEKWONDO FEDERATION, THE ORGANISING COMMITTEE, ITS OFFICIALS AND OTHER CONTESTANTS, FROM AND AGAINST ANY DAMAGES, COSTS, EXPENSES CLAIMS, DEATH, INJURIES, LOSSES, FATAL OR OTHERWISE CAUSED TO OR SUFFERED BY ANY PERSON IN CONNECTION WITH THIS CHAMPIONSHIP (AND ANY FOLLOW UP CHAMPIONSHIPS) OR ANY OTHER RELATED ACTIVITIES. IT IS THE RESPONSIBILITY OF THE RESPECTIVE INSTRUCTORS/LEGAL GUARDIAN/PARENTS TO ENSURE THAT PARTICIPANTS AND OFFICIALS HAVE VALID AND ADEQUATE INSURANCE COVERAGE ON ALL RISKS.</p> <p>THE CHAMPIONSHIP AND THESE TERMS AND CONDITIONS ARE GOVERNED BY SINGAPORE LAW AND EACH PARTICIPANT AND THE ORGANISERS AGREE TO SUBMIT TO THE EXCLUSIVE JURISIDCTION OF THE COURTS OF THE REPUBLIC OF SINGAPORE.</p>
15.	SPARRING EQUIPMENT	<ul style="list-style-type: none"> <li>• THE ORGANISERS WILL PROVIDE THE PSS EQUIPMENT ONLY.</li> <li>• GROIN GUARDS ARE COMPULSORY</li> <li>• SOFT PROTECTIVE GUARDS FOR FOREARMS AND SHINS ARE COMP ULSORY.</li> </ul>
16.	TEAM MANAGERS MEETING/DRAWING OF LOTS	<p>VENUE: STF'S NATIONAL TRAINING CENTRE  DATE: <b>March 2, 2019 ( Sat )</b>  TIME: <b>5.30 PM</b></p>
17.	WEIGH-IN	<p>VENUE: JURONG EAST SPORTS COMPLETE SINGAPORE  DATE: March 9 &amp; 10, 2019  TIME: 9.30AM – 9.00PM</p>
18.	PROVISION OF REFEREE AND VOLUNTER	<p>It is compulsory for all participating teams or clubs to provide sufficient qualified National Referee (Both Poomsae &amp; Kyorugi Referee) for the tournament. Based on one Referee for every 30 participants per club. Kyorugi and Poomsae are considered separately.</p> <p>Should the club fail to provide sufficient qualified National Referees, participants from the club will be treated as disqualified and not be called to participate</p> <p>All participating teams or clubs are compulsory to provide one volunteer (above 15 year old ) each day for the tournament.</p>

19.	ENTRIES CLOSING DATE	<b>FROM 11 FEBRUARY TO 14 FEBRUARY, 2019.</b> <b>VENUE: STF'S OFFICE, 35 JOO CHIAT PLACE SINGAPORE 427759</b> <b>PLEASE ADHERE TO CLOSING DATE TO ENABLE SMOOTH RUNNING OF CHAMPIONSHIPS. COMPLETED PARTICIPATION FORMS, INDEMNITY FORMS AND PAYMENT MUST BE SUBMITTED.</b>
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2019

**14<sup>th</sup> NESTLÉ KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**ENTRY FORM**

**THE ORGANISING CHAIRPERSON,  
14<sup>TH</sup> NESTLÉ KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2019 –  
SINGAPORE ZONE ( MARCH 9 & 10 , 2019 )**

Dear Sir / Madam,

We submit herewith our application to participate in the **14<sup>th</sup> NESTLÉ KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE.**

NAME OF TEAM : \_\_\_\_\_

TEAM MANAGER : \_\_\_\_\_

CONTACT NO: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

TEAM COACHES : 1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

REFEREE : 1 \_\_\_\_\_ 4 \_\_\_\_\_

: 2 \_\_\_\_\_ 5 \_\_\_\_\_

: 3 \_\_\_\_\_ 6 \_\_\_\_\_

Yours truly,

.....  
NAME:

POSITION:

DATE:

# A



## 14<sup>th</sup> NESTLE KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE

### KYORUGI ENTRY FORM

BOYS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )

CATEGORIES	WEIGHT	CATEGORIES	WEIGHT
UNDER 18 KG	18KG & Below	UNDER 28 KG	25.1KG – 28KG
UNDER 20 KG	18.1KG – 20KG	UNDER 31 KG	28.1KG – 31KG
UNDER 22 KG	20.1KG – 22KG	UNDER 35 KG	31.1KG – 35KG
UNDER 25 KG	22.1KG – 25KG	UNDER 39 KG	35.1KG – 39KG

### RED BELT - CONTESTANTS

CATEGORY	BOYS NAME	WTG (KG)	YEAR OF BIRTH	RED BELT
UNDER 18KG				
UNDER 20KG				
UNDER 22KG				
UNDER 25KG				
UNDER 28KG				
UNDER 31KG				
UNDER 35KG				
UNDER 39KG				

NAME OF CLUB: \_\_\_\_\_ CONTACT NO: \_\_\_\_\_



# B



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**KYORUGI ENTRY FORM**

**BOYS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

CATEGORIES	WEIGHT	CATEGORIES	WEIGHT
UNDER 18 KG	18KG & Below	UNDER 28 KG	25.1KG – 28KG
UNDER 20 KG	18.1KG – 20KG	UNDER 31 KG	28.1KG – 31KG
UNDER 22 KG	20.1KG – 22KG	UNDER 35 KG	31.1KG – 35KG
UNDER 25 KG	22.1KG – 25KG	UNDER 39 KG	35.1KG – 39KG

**POOM BELT - CONTESTANTS**

CATEGORY	BOYS NAME	WTG (KG)	YEAR OF BIRTH	Poom BELT
UNDER 18KG				
UNDER 20KG				
UNDER 22KG				
UNDER 25KG				
UNDER 28KG				
UNDER 31KG				
UNDER 35KG				
UNDER 39KG				

NAME OF CLUB: \_\_\_\_\_ CONTACT NO: \_\_\_\_\_

C



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**KYORUGI ENTRY FORM**

**GIRLS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

<b>CATEGORIES</b>	<b>WEIGHT</b>	<b>CATEGORIES</b>	<b>WEIGHT</b>
UNDER 17 KG	17KG & below	UNDER 27 KG	24.1KG – 27KG
UNDER 19 KG	17.1KG – 19KG	UNDER 30 KG	27.1KG – 30KG
UNDER 21 KG	19.1kG – 21KG	UNDER 34 KG	30.1KG – 34KG
UNDER 24 KG	21.1KG – 24KG	UNDER 38 KG	34.1KG – 38KG

**RED BELT - CONTESTANTS**

<b>CATEGORY</b>	<b>GIRLS NAME</b>	<b>WTG (KG)</b>	<b>YEAR OF BIRTH</b>	<b>RED BELT</b>
<b>UNDER 17KG</b>				
<b>UNDER 19KG</b>				
<b>UNDER 21KG</b>				
<b>UNDER 24KG</b>				
<b>UNDER 27KG</b>				
<b>UNDER 30KG</b>				
<b>UNDER 34KG</b>				
<b>UNDER 38KG</b>				

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_

# D



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**KYORUGI ENTRY FORM**

**GIRLS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

<b>CATEGORIES</b>	<b>WEIGHT</b>	<b>CATEGORIES</b>	<b>WEIGHT</b>
UNDER 17 KG	17KG & below	UNDER 27 KG	24.1KG – 27KG
UNDER 19 KG	17.1KG – 19KG	UNDER 30 KG	27.1KG – 30KG
UNDER 21 KG	19.1kG – 21KG	UNDER 34 KG	30.1KG – 34KG
UNDER 24 KG	21.1KG – 24KG	UNDER 38 KG	34.1KG – 38KG

**POOM BELT - CONTESTANTS**

<b>CATEGORY</b>	<b>GIRLS NAME</b>	<b>WTG (KG)</b>	<b>YEAR OF BIRTH</b>	<b>Poom BELT</b>
<b>UNDER 17KG</b>				
<b>UNDER 19KG</b>				
<b>UNDER 21KG</b>				
<b>UNDER 24KG</b>				
<b>UNDER 27KG</b>				
<b>UNDER 30KG</b>				
<b>UNDER 34KG</b>				
<b>UNDER 38KG</b>				

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_

# E



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**KYORUGI ENTRY FORM**

**BOYS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

CATEGORIES	WEIGHT	CATEGORIES	WEIGHT
UNDER 23 KG	23KG & Below	UNDER 39 KG	35.1KG – 39KG
UNDER 27 KG	23.1KG – 27KG	UNDER 44 KG	39.1KG – 44KG
UNDER 31 KG	27.1KG – 31KG	UNDER 49 KG	44.1KG – 49KG
UNDER 35KG	31.1KG – 35KG	UNDER 56 KG	49.1KG – 56KG

**RED BELT - CONTESTANTS**

CATEGORY	GIRLS NAME	WTG (KG)	YEAR OF BIRTH	RED BELT
UNDER 23KG				
UNDER 27KG				
UNDER 31KG				
UNDER 35KG				
UNDER 39KG				
UNDER 44KG				
UNDER 49KG				
UNDER 56KG				

NAME OF CLUB: \_\_\_\_\_ CONTACT NO: \_\_\_\_\_

# F



## 14<sup>th</sup> NESTLE KOKO KRUNCH®

### JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE

#### KYORUGI ENTRY FORM

**BOYS : 10-12 YEARS OLD** ( Born between Jan 1, 2007 and Dec 31, 2009 )

CATEGORIES	WEIGHT	CATEGORIES	WEIGHT
UNDER 23 KG	23KG & Below	UNDER 39 KG	35.1KG – 39KG
UNDER 27 KG	23.1KG – 27KG	UNDER 44 KG	39.1KG – 44KG
UNDER 31 KG	27.1KG – 31KG	UNDER 49 KG	44.1KG – 49KG
UNDER 35KG	31.1KG – 35KG	UNDER 56 KG	49.1KG – 56KG

#### POOM BELT - CONTESTANTS

CATEGORY	GIRLS NAME	WTG (KG)	YEAR OF BIRTH	POOM BELT
UNDER 23KG				
UNDER 27KG				
UNDER 31KG				
UNDER 35KG				
UNDER 39KG				
UNDER 44KG				
UNDER 49KG				
UNDER 56KG				

NAME OF CLUB: \_\_\_\_\_ CONTACT NO: \_\_\_\_\_

# G



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**KYORUGI ENTRY FORM**

**GIRLS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

<b>CATEGORIES</b>	<b>WEIGHT</b>	<b>CATEGORIES</b>	<b>WEIGHT</b>
UNDER 22 KG	22KG & Below	UNDER 38 KG	33.1KG – 38KG
UNDER 25 KG	22.1KG – 25KG	UNDER 43 KG	38.1KG – 43KG
UNDER 29 KG	25.1KG – 29KG	UNDER 48 KG	43.1KG – 48KG
UNDER 33KG	29.1KG – 33KG	UNDER 53 KG	48.1KG – 53KG

**RED BELT - CONTESTANTS**

<b>CATEGORY</b>	<b>GIRLS NAME</b>	<b>WTG (KG)</b>	<b>YEAR OF BIRTH</b>	<b>RED BELT</b>
<b>UNDER 22KG</b>				
<b>UNDER 25KG</b>				
<b>UNDER 29KG</b>				
<b>UNDER 33KG</b>				
<b>UNDER 38KG</b>				
<b>UNDER 43KG</b>				
<b>UNDER 48KG</b>				
<b>UNDER 53KG</b>				

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_

# H



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**KYORUGI ENTRY FORM**

**GIRLS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

<b>CATEGORIES</b>	<b>WEIGHT</b>	<b>CATEGORIES</b>	<b>WEIGHT</b>
UNDER 22 KG	22KG & Below	UNDER 38 KG	33.1KG – 38KG
UNDER 25 KG	22.1KG – 25KG	UNDER 43 KG	38.1KG – 43KG
UNDER 29 KG	25.1KG – 29KG	UNDER 48 KG	43.1KG – 48KG
UNDER 33KG	29.1KG – 33KG	UNDER 53 KG	48.1KG – 53KG

**POOM BELT - CONTESTANTS**

<b>CATEGORY</b>	<b>GIRLS NAME</b>	<b>WTG (KG)</b>	<b>YEAR OF BIRTH</b>	<b>POOM BELT</b>
<b>UNDER 22KG</b>				
<b>UNDER 25KG</b>				
<b>UNDER 29KG</b>				
<b>UNDER 33KG</b>				
<b>UNDER 38KG</b>				
<b>UNDER 43KG</b>				
<b>UNDER 48KG</b>				
<b>UNDER 53KG</b>				

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



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JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE (INDIVIDUAL) ENTRY FORM**

**BOYS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOYS NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		





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**POOMSAE (INDIVIDUAL) ENTRY FORM**

**BOYS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOYS NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>st</sup> POOM</b>		
<b>2<sup>nd</sup> POOM</b>		
<b>3<sup>rd</sup> POOM &amp; higher</b>		



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**POOMSAE (INDIVIDUAL) ENTRY FORM**

**GIRLS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRLS NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		



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**POOMSAE (INDIVIDUAL) ENTRY FORM**

**GIRLS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRLS NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>st</sup> POOM</b>		
<b>2<sup>nd</sup> POOM</b>		
<b>3<sup>rd</sup> POOM &amp; higher</b>		



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JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE (INDIVIDUAL) ENTRY FORM**

**BOYS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOYS NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		



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**POOMSAE ( INDIVIDUAL ) ENTRY FORM**

**BOYS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOYS NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>st</sup> POOM</b>		
<b>2<sup>nd</sup> POOM</b>		
<b>3<sup>rd</sup> POOM &amp; higher</b>		



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**POOMSAE (INDIVIDUAL) ENTRY FORM**

**GIRLS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRLS NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		



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**POOMSAE (INDIVIDUAL) ENTRY FORM**

**GIRLS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRLS NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>st</sup> POOM</b>		
<b>2<sup>nd</sup> POOM</b>		
<b>3<sup>rd</sup> POOM &amp; higher</b>		



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JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM ( TEAM OF 3 ) ENTRY FORM**

**BOYS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOY TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



# N-2



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM (TEAM OF 3) ENTRY FORM**

**BOYS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOY TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>st</sup> POOM</b>		
<b>2<sup>nd</sup> POOM</b>		
<b>3<sup>rd</sup> POOM &amp; higher</b>		

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM (TEAM OF 3) ENTRY FORM**

**GIRLS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRL TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		

**NAME OF CLUB: \_\_\_\_\_ CONTACT NO: \_\_\_\_\_**



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM ( TEAM OF 3 ) ENTRY FORM**

**GIRLS : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRL TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>ST</sup> POOM</b>		
<b>2<sup>ND</sup> POOM</b>		
<b>3<sup>RD</sup> POOM &amp; higher</b>		

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM ( TEAM OF 3 ) ENTRY FORM**

**BOYS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOY TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM ( TEAM OF 3 ) ENTRY FORM**

**BOYS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>BOY TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>ST</sup> POOM</b>		
<b>2<sup>ND</sup> POOM</b>		
<b>3<sup>RD</sup> POOM &amp; higher</b>		

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM ( TEAM OF 3 ) ENTRY FORM**

**GIRLS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRL TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>WHITE 10</b>		
<b>WHITE 9</b>		
<b>YELLOW 8</b>		
<b>YELLOW 7</b>		
<b>GREEN 6</b>		
<b>GREEN 5</b>		

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE TEAM ( TEAM OF 3 ) ENTRY FORM**

**GIRLS : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>BELT CATEGORY</b>	<b>GIRL TEAM NAME</b>	<b>YEAR OF BIRTH</b>
<b>BLUE 4</b>		
<b>BLUE 3</b>		
<b>RED 2</b>		
<b>RED 1</b>		
<b>1<sup>ST</sup> POOM</b>		
<b>2<sup>ND</sup> POOM</b>		
<b>3<sup>RD</sup> POOM &amp; higher</b>		

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_

# S



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE ( TEAM OF 4 - 6 ) ENTRY FORM**

**Mixed : 7-9 YEARS OLD ( Born between Jan 1, 2010 and Dec 31, 2012 )**

**CONTESTANTS**

<b>TEAM</b>	<b>MIXED TEAM NAME</b>	<b>YEAR OF BIRTH</b>	<b>GENDER</b>
<b>CREATIVE</b>			
<b>POOMSAE</b>			
<b>TEAM 1</b>			
<b>CREATIVE</b>			
<b>POOMSAE</b>			
<b>TEAM 2</b>			
<b>TAEKWON</b>			
<b>AEROBICS</b>			
<b>TEAM 1</b>			
<b>TAEKWON</b>			
<b>AEROBICS</b>			
<b>TEAM 2</b>			

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



# T



**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**POOMSAE ( TEAM OF 4 - 6 ) ENTRY FORM**

**Mixed : 10-12 YEARS OLD ( Born between Jan 1, 2007 and Dec 31, 2009 )**

**CONTESTANTS**

<b>TEAM</b>	<b>MIXED TEAM NAME</b>	<b>YEAR OF BIRTH</b>	<b>GENDER</b>
<b>CREATIVE</b>			
<b>POOMSAE</b>			
<b>TEAM 1</b>			
<b>CREATIVE</b>			
<b>POOMSAE</b>			
<b>TEAM 2</b>			
<b>TAEKWON</b>			
<b>AEROBICS</b>			
<b>TEAM 1</b>			
<b>TAEKWON</b>			
<b>AEROBICS</b>			
<b>TEAM 2</b>			

**NAME OF CLUB:** \_\_\_\_\_ **CONTACT NO:** \_\_\_\_\_



U<sub>5</sub>

**CONTESTANT'S PARTICIPATION FORM**

**THE ORGANISING CHAIRPERSON,  
14<sup>th</sup> NESTLÉ KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

Dear Sir / Madam,

I \_\_\_\_\_ hereby allow my

son/daughter/ward \_\_\_\_\_ to compete in the

**14<sup>th</sup> NESTLÉ KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

<b>Participant's Name</b>				
<b>Year of birth</b>		<b>Gender</b>	<b>Male</b>	<b>Female</b>
<b>Address</b>				
<b>Club</b>		<b>Grade</b>		
<b>Tel</b>		<b>Relationships :</b>		
<b>Poomsae Belt</b>		<b>Poomsae Category</b>		
<b>Kyorugi Weight (kg)</b>		<b>Kyorugi Category</b>		
<b>Medical Condition</b>				

I am aware that NESTLÉ KOKO KRUNCH® AND/OR NESTLÉ SINGAPORE (PTE) LTD (UEN 196700197W) and/or any business/company associated with them is only acting as the sponsor of this Championship and is not liable for any claims, death, expenses, costs, losses, injuries– fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship or any other incidental therefore.

I declare that I have sought independent and qualified medical advice, and that my son/daughter/ward is medically fit to participate in the competition. I am also aware of the possibility of my son/daughter/ward being injured (fatal or otherwise) in the Championship and any follow up competitions (including in the full body contact sparring event) and hereby undertake and agree that I will not attach any blame and fault to NESTLÉ KOKO KRUNCH® AND/OR NESTLÉ SINGAPORE (PTE) LTD. (UEN196700197W) AND/OR ANY COMPANIES/BUSINESSES ASSOCIATED WITH THEM, SINGAPORE TAEKWONDO FEDERATION, THE ORGANISING COMMITTEE OF THE NESTLÉ KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE, ITS DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS, OR HOLD THEM LIABLE OR BRING CIVIL PROCEEDINGS OF ANY KIND against the said organizations, officials and individuals for any costs, expenses, damages, death, injuries, losses – fatal or otherwise – arising in the course of my son/daughter/ward competing in the championship (including any follow up competitions).

I hereby confirm that I have duly read and understand the above-mentioned terms and conditions. If there is any clause (or part thereof) that is held to be illegal, invalid or unenforceable by a court of competent jurisdiction, the legality, validity and enforceability shall not of the other clauses (or part thereof) shall not be affected or impaired.

.....  
Signature of Parent/Guardian

.....  
Signature of Instructor /Coach

1. Non-refundable Participation Fee – **S\$21.40 per participant**
2. Sparring participants will each receive ONE championship T-Shirt and Certificate of Participation.



2019

**14<sup>th</sup> NESTLÉ KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**Group Indemnity**

Name of Team Manager : \_\_\_\_\_

Team : \_\_\_\_\_

Address : \_\_\_\_\_

Contact No. : \_\_\_\_\_

I, the above named, hereby declare and confirm that the liability insurance has been

affected for all the officials and contestants of \_\_\_\_\_

participating/competing in the **14<sup>th</sup> NESTLÉ KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE.**

This insurance covers all potential injuries, death, claims, losses and/or damages to officials, exponents, and participants in connection with the Championship and any other follow up competitions and indemnifies **NESTLÉ KOKO KRUNCH®, NESTLÉ SINGAPORE (PTE) LTD, SINGAPORE TAEKWONDO FEDERATION, THE ORGANISING COMMITTEE OF THE NESTLÉ KOKO KRUNCH® JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE, IT'S DULY APPOINTED OFFICIALS AND OTHER CONTESTANTS** against all losses, damages, claims and demands in respect therefore.

Signature : \_\_\_\_\_

Club Seal/Chop:

Email : \_\_\_\_\_

Date : \_\_\_\_\_



2019

**14<sup>th</sup> NESTLE KOKO KRUNCH®  
JUNIOR TAEKWONDO CHAMPIONSHIP 2019 – SINGAPORE ZONE**

**TENTATIVE SCHEDULE**

<b>SATURDAY MARCH 9 , 2019</b>	<b>Poomsae Events</b>	<b>1.00 PM- 8.00PM</b>	<b>JURONG EAST SPORTS COMPLETE</b>
<b>SUNDAY MARCH 10 , 2019</b>	<b>Kyorugi Events</b>  Team Managers briefing  Competition begins  Lunch Break  Competition resumes  Finals  Arrival of VIPS  Feature bouts  Demonstration  Closing Speech  Prize Giving  Lucky Draw  Till we meet again	9.30am  10.00am  12.30pm  1.30pm  3.00pm  4.40pm  5.00pm  5.20pm  5.35pm  6.00pm  6.30pm	<b>JURONG EAST SPORTS COMPLETE</b>

***COMMITTED TO DEVELOPING CHAMPIONS***