

SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL
National School Games Taekwondo Championships 2019

OUTLINE FOR KYORUGI COMPETITION

National Convenor : Jing Shan Primary School

Schedule : Registration

- eRegistration at <https://nsg.moe.edu.sg>
(From 11 February to 12 March 2019)
- Hard copy forms attached in this notification can be used for collation of data from athletes

Briefing

- 21 February 2019 (Thursday) 2.00pm to 3.30pm
PSOEB Auditorium 21 Evans Road
Singapore 259366

Drawing of Lots

- 28 March 2019 (Thursday) 1.30pm to 2.30pm
STF National Training Centre Block 80 Lorong
Limau #04-191 Singapore 320080

Competition

15 to 16 April 2019 (Poomsae)
16 to 17 April 2019 (Kyorugi)
9.00am onwards
Toa Payoh Sports Hall

Eligibility : Students in the Senior and Junior Divisions holding red, poom or dan certification obtained on or before **8 March 2018** and issued or endorsed by the STF

It is **compulsory** for students to submit the Data Collation Form to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation). The Data Collation form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system.

Competition Rules : WTF rules adopted and modified by the STF

Rule Highlights : The weigh-in of players will be conducted at the competition day when they report to the competitor steward. Players who do not meet their weight categories will be disqualified.

The size of the arena shall be 7m x 7m.

The duration of the competition shall be 3 rounds of 1 minute each with 30 seconds break in between rounds. (The organising committee reserves the right to modify the duration & no. of rounds.)

Four points shall be given for points scored using back kick or 360 kick.

Kicking to the head is not allowed. The offender shall be declared loser by penalty.

Uniform : STF Uniform. A player will be barred from participating if he or she cannot fulfill this condition fully.

Equipment : Headgear and body protector will be provided by the organiser. The other mandatory protective equipment - shin and forearm guard, groin guard, mouth piece (**fitting**) and gloves - shall be the responsibility of participants. Participants may use their own headgear and body protector. All equipment must be STF approved.

Method of Competition : Single-elimination system

Divisions : **SENIOR DIVISION**
1 January 2009
1 January 2008 to 31 December 2008
1 January 2007 to 31 December 2007
2 January 2006 to 31 December 2006

Individual (Male & Female)

Under 26 kg Not exceeding 26 kg

Under 30 kg Over 26 but not exceeding 30 kg

Under 34 kg	Over 30 but not exceeding 34 kg
Under 38 kg	Over 34 but not exceeding 38 kg
Under 42 kg	Over 38 but not exceeding 42 kg
Under 46 kg	Over 42 but not exceeding 46 kg
Under 50 kg	Over 46 but not exceeding 50 kg
Under 54 kg	Over 50 but not exceeding 54 kg
Under 58 kg	Over 54 but not exceeding 58 kg
Under 62 kg	Over 58 but not exceeding 62 kg
Under 66 kg	Over 62 but not exceeding 66 kg
Over 66 kg	Over 66 kg

JUNIOR DIVISION

1 January 2011

1 January 2010 to 31 December 2010

1 January 2009 to 31 December 2009

2 January 2008 to 31 December 2008

Individual (Male & Female)

Under 24 kg	Not exceeding 24 kg
Under 28 kg	Over 24 but not exceeding 28 kg
Under 32 kg	Over 28 but not exceeding 32 kg
Under 36 kg	Over 32 but not exceeding 36 kg
Under 40 kg	Over 36 but not exceeding 40 kg
Under 44 kg	Over 40 but not exceeding 44 kg
Under 48 kg	Over 44 but not exceeding 48 kg
Under 52 kg	Over 48 but not exceeding 52 kg
Under 56 kg	Over 52 but not exceeding 56 kg
Under 60 kg	Over 56 but not exceeding 60 kg
Under 64 kg	Over 60 but not exceeding 64 kg
Over 64 kg	Over 64 kg

Entries : Each school is allowed to submit a maximum of 2 male and 2 female players per weight and belt category.

Condition of Participation : All participants shall abide by the general rules and regulations governed by the Singapore Schools Primary Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.

Enquiries : For more information, please call the National Organising Secretariat at 64566305.

NATIONAL SCHOOL GAMES TAEKWONDO CHAMPIONSHIPS 2019

DATA COLLATION FORM (FOR PRIMARY SCHOOLS)

Note:

- It is **compulsory** for students to submit this form to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation)
- This form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system
- Submission of form to teacher-in-charge does not constitute registration. School will make the final decision on the students to be officially registered for the competition.
- **Student athletes should be accompanied by his/her qualified coach on competition day.**

Registration Rules

1) Kyorugi	Each school is allowed to submit a maximum of 2 players per weight category.
2) Poomsae	Each primary school may field a maximum of three male and three female performers per <u>individual</u> colour category and one male, and one female <u>team</u> per colour category.
3) Poomsae	A student may participate in both the individual and team events and is allowed to compete in a maximum of two categories each – his/her grade and another higher grade up to Red 1 (Black stripe) or any two grades higher than his or her present grade up to Red 1.
4) Poomsae Junior Division	Age Dispensation applies only to 7 and 8 years old who wish to participate in the Junior Division. If Age Dispensation = Yes, the Age Dispensation form must be completed, endorsed, and submitted via the eReg system.

School	
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Type of Competition: Kyorugi / Poomsae*

Division: Junior / Senior * **Age Dispensation** (only for Poomsae Junior Div): Yes / No*

Name of Student
(as in BC/NRIC/Passport): _____

Class: _____ **Gender:** F / M*

NRIC: _____ **Date of Birth:** _____ (dd/mm/yyyy)

Weight: _____ (to the nearest 1 decimal place)

Highest Belt / Grade Attained:	<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 (Green Stripe) <input type="checkbox"/> Green 6	<input type="checkbox"/> Green 5 (Blue Stripe) <input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 (Red Stripe) (Please tick the appropriate box)	<input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 (Black Stripe) <input type="checkbox"/> Poom <i>For Kyorugi, only students with these Belt/Grade are eligible</i>
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Date Highest Belt/Grade Attained: _____ (dd/mm/yyyy)

Participating Category (applicable only for <u>Poomsae</u>)	
Individual (max 2 categories)	Team of Three (max 2 categories) <input type="checkbox"/> Boys <input type="checkbox"/> Girls
<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 (Green Stripe) <input type="checkbox"/> Green 6 <input type="checkbox"/> Green 5 (Blue Stripe) <input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 (Red Stripe) <input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 (Black Stripe) <input type="checkbox"/> Poom	<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 (Green Stripe) <input type="checkbox"/> Green 6 <input type="checkbox"/> Green 5 (Blue Stripe) <input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 (Red Stripe) <input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 (Black Stripe) <input type="checkbox"/> Poom

(Please tick the appropriate box)

DETAILS AND ENDORSEMENT BY COACH/ TAEKWONDO CLUB (STF AFFILIATED)

Club (if any): _____

Name of Coach
(as in NRIC/Passport): _____

Coach Pass No. (compulsory) STF **Coaching Qualification:** 2 / 3*

Signature

Date

Contact number

**Please circle accordingly*

NATIONAL SCHOOL GAMES

School Acknowledgement¹ of Baseline Safety Standards

Section A:

Sport: Taekwondo

Event: _____
(Example: National Inter-School Netball Championship)

Division: _____ Level: Pri / Sec / JC/CI

School: _____

Section B:

The school acknowledges that the following checks will be made in all National Schools Games:

Domain	Safety Standard	Description
Personnel	GEN-PER-3.1	Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical wellbeing of participants.
	GEN-PER-3.4	Teacher-in-charge (Education Officer) to go through rules of sport/game and ensure that students have basic competency.
	GEN-PER-3.7	Each participant must be accompanied by a coach with a professional coaching pass.
Participants	GEN-PAR-4.1	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.2	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.3	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.4	Participants conduct cooling down exercises after the sport/game.
	GEN-PAR-4.5	Participants to conduct regular checks on personal equipment
	TKD-PAR-4.6	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.

Name and Signature of Principal: _____

Date: _____

¹ Schools need only submit 1 Acknowledgement Form for each division.

AGE DISPENSATION POLICY FOR SPSSC**1. BACKGROUND**

Age Dispensation Policy refers to the approval for a pupil to participate in a sport/game recognised by the Singapore Primary Schools Sports Council (SPSSC).

This policy **only** applies to 7 and 8 years old who wish to participate in the 'Junior' Division competitions organised under the auspices of the SPSSC (except the 5 identified sports² with higher risks). Poomsae event for Taekwondo is allowed.

2. APPLICATION PROCESS

Eligible students (listed in para 1) are to apply for age dispensation with their respective games organising committees using the application form in Annex B2. This form has to be submitted by their parents/guardians and endorsed by their school Principal.

The application form has to be submitted together with the school's registration form for the competition.

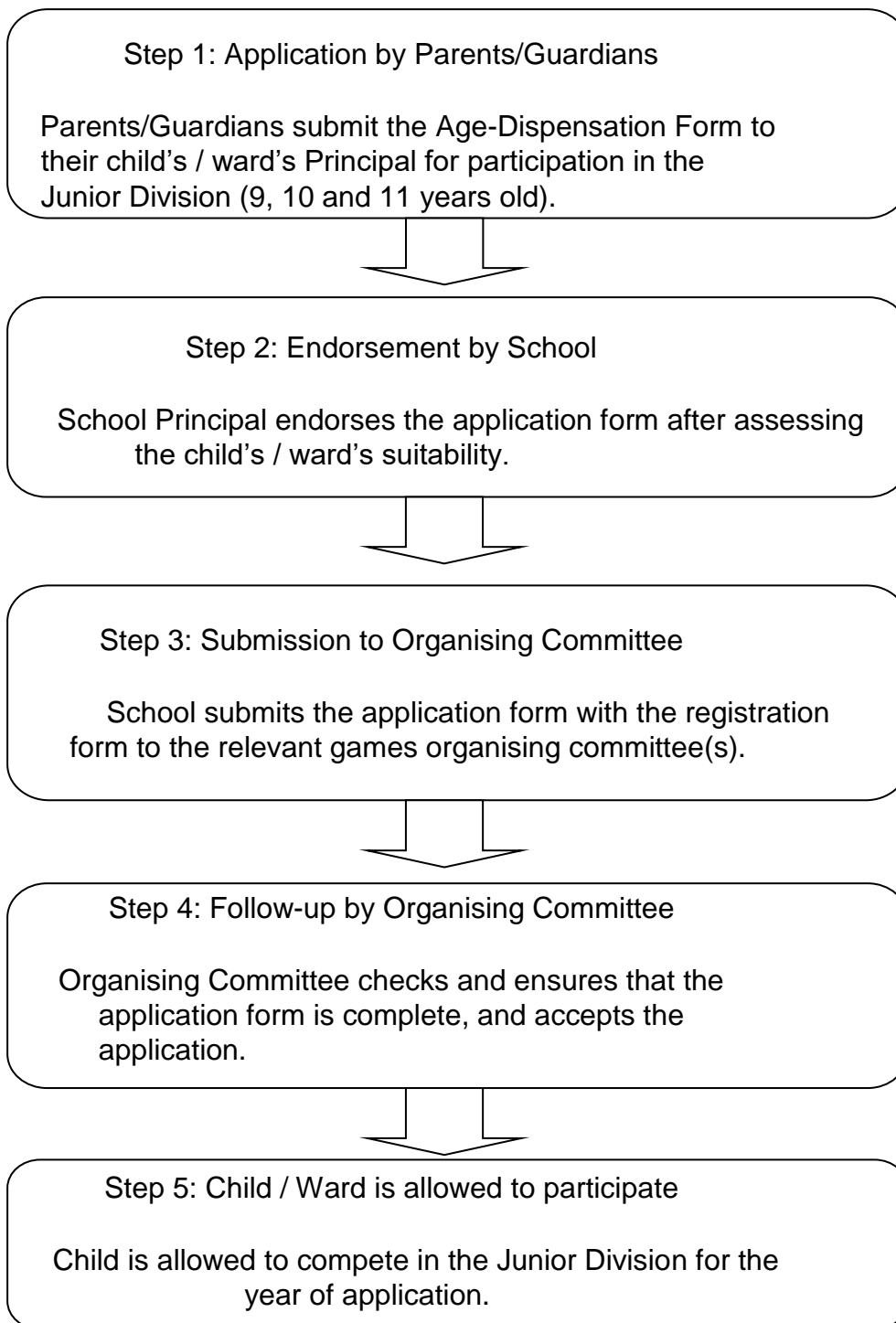
Any application submitted after the closing date stipulated by the respective games convenors will not be considered.

3. TERMS AND CONDITIONS

- a. Age dispensation for 7 and 8 years old is allowed for all sports; except the 5 identified sports with higher risks. Poomsae event for Taekwondo is allowed.
- b. Age dispensation is only granted for the year of application.
- c. Once approved, pupil can only compete in the Junior division, i.e. for both individual and team events for the approved year.

² The 5 identified sports are rugby, football, basketball, hockey and taekwondo (Kyorugi). Taekwondo (Poomsae) is a non-contact segment, hence it is not classified as a sport with higher risk.

**SPSSC FIVE STEP FLOWCHART FOR
AGE DISPENSATION**



**SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL
APPLICATION FOR AGE DISPENSATION**

Sport:			
Student's Particulars			
Name :		Gender:	
NRIC:		Date of Birth:	
Parent's / Guardian's Particulars			
Name:	* Father/Mother/Guardian		
Contact Number		Alt Contact Number :	
School's Particulars			
School:			
Principal:			
Teacher in charge:			
Contact Number		Alt Contact Number :	
Rationale Supporting the Request for Age Dispensation			

Acknowledgement by Parent/Guardian:

I, _____, parent/guardian of _____ would like to request for my child/ward to represent the school in the SPSSC Junior division competition for the above-mentioned sport in __ (Year).

I have assessed his/her physical and mental readiness and deem him/her to be suitable and ready to compete in the above-stated category.

Parent's/Guardian's Signature and Date

Principal's Endorsement:

Principal's Signature and Date