## UNARMED COMBAT COURSE (LEVEL1)

## Organized by SINGAPORE TAEKWONDO FEDERATION (Recognized by the Sport Singapore and affiliated to the Singapore National Olympic Council)

Day/Date/Time	:	Saturday 6 August 2016 (1.00pm to 4.00pm) Sunday 7 August 2016 (2.30pm to 5.30pm)
Practical Test	:	Sunday 14 August 2016 (1.30pm onwards) (Recitation of the STF pledge is part of the test component for all senior participants)
Registration Fees	:	Closing date : Monday 1 August 2016 - \$70.00 After closing date - \$110.00
Venue	:	STF National Training Centre Block 80 Lorong Limau #04-191 Singapore 320080
Medium of Instruction	:	English
Course Requirements	:	Participants must have 80% attendance to be eligible for the test.
		All participants are required to wear their taekwondo uniform
Eligibility	:	At least a 1 <sup>st</sup> poom or 1 <sup>st</sup> dan blackbelt
		Good fitness level (The STF reserves the right to request proof from a medical practitioner.)

Certification	:	All successful candidates will be issued with competency certificates.
Privilege	:	Holders of the certificates shall be exempted from the self-defence component required for the promotion test from 1 <sup>st</sup> poom to 2 <sup>nd</sup> poom or 1 <sup>st</sup> dan to 2 <sup>nd</sup> dan
Disclaimer	:	The STF reserves the right to cancel or postpone the course at its discretion. The STF, its servants and agents, will not be held responsible for any claims arising out of any death, injury, damage or loss, suffered or caused while attending the course. This includes all costs and expenses incurred as a result of such claims.