

**SINGAPORE TAEKWONDO FEDERATION  
ADDITIONAL PRECAUTIONARY MEASURES  
FOR COURSES  
2019 NOVEL CORONAVIRUS (2019-nCoV)  
(UPDATED ON 8<sup>th</sup> FEBRUARY 2020)**

As Singapore has raised its risk assessment level of the Novel Coronavirus (2019-nCoV) situation in Singapore to DORSCON Orange, we will be introducing the following additional precautionary measures for courses to minimize the risk of further transmission of the virus in the community. **These measures are over and above the precautionary measures stated by STF on 5<sup>th</sup> February 2020.** This is in line with the MOH and MOE measures that was advised on 7<sup>th</sup> February 2020.

**COURSES**

1. MOH advise event organisers to cancel or defer non-essential large-scale events. As such, STF will limit any course to **a maximum of one hundred (100) participants**. STF reserves the right to cancel/postpone the course even if there are less than a hundred participants if there are legitimate safety concerns.
2. If STF proceeds to conduct a course, STF will take the precautions as advised by MOH. These include:
  - a. Carry out temperature screening;
  - b. Look out for respiratory symptoms such as cough or runny nose, and deny entry to unwell individuals;
  - c. Remind participants not to attend if the participants have recent travel history to mainland China, and require travel declaration, if possible;
  - d. Ensure that event venues are ventilated and are adequately equipped with facilities for hand washing; and
  - e. Increase the frequency of cleaning commonly used areas; and
  - f. Maintain a registration list of participants, if practical.
3. Individuals who are unwell, on Leave of Absence, or have recent travel history to mainland China, should not attend such events.
4. Participants are required to fully participate in these precautions, especially the declaration of travel history. Participation is compulsory to help STF take precautionary measures to protect and safeguard all course conductors and participants. The completed form must be submitted before the start of the course.

The measures we are taking will only be effective in containing the spread of the virus if individuals also play their part. STF seek your cooperation and support to adhere to the measures. Let's work together to keep the Taekwondo community safe and healthy.

Thank you.