

SINGAPORE TAEKWONDO FEDERATION
NATIONAL SELECTION TRIALS (KYORUGI)
(SATURDAY 14th & 21st MARCH 2020)

CADET
(Born in 2006, 2007 or 2008)

Name of Coach	
Affiliate	
Contact Number	

Weight	Male	Year of Birth	Weight	Female	Year of Birth
Under 33kg			Under 29kg		
Under 37kg			Under 33kg		
Under 41kg			Under 37kg		
Under 45kg			Under 41kg		
Under 49kg			Under 44kg		
Under 53kg			Under 47kg		
Under 57kg			Under 51kg		
Under 61kg			Under 55kg		
Under 65kg			Under 59kg		
Over 65kg			Over 59kg		

Name of Accompanying Coach		Level 2 Coach Pass No
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****A copy of the players' blackbelt certificate or card and identity card must be attached with the submission form.***

SINGAPORE TAEKWONDO FEDERATION
NATIONAL SELECTION TRIALS (KYORUGI)
(SATURDAY 14th & 21st MARCH 2020)

JUNIOR
(Born in 2003, 2004 & 2005)

Name of Coach	
Affiliate	
Contact Number	

Weight	Male	Year of Birth	Weight	Female	Year of Birth
Under 45kg			Under 42kg		
Under 48kg			Under 44kg		
Under 51kg			Under 46kg		
Under 55kg			Under 49kg		
Under 59kg			Under 52kg		
Under 63kg			Under 55kg		
Under 68kg			Under 59kg		
Under 73kg			Under 63kg		
Under 78kg			Under 68kg		
Over 78kg			Over 68kg		

Name of Accompanying Coach		Level 2 Coach Pass No
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SINGAPORE TAEKWONDO FEDERATION

**NATIONAL SELECTION TRIALS (KYORUGI)
(SATURDAY 14th & 21st MARCH 2020)**

**SENIOR
(Born in 2002 or earlier)**

Name of Coach	
Affiliate	
Contact Number	

Weight	Male	Year of Birth	Weight	Female	Year of Birth
Under 54kg			Under 46kg		
Under 58kg			Under 49kg		
Under 63kg			Under 53kg		
Under 68kg			Under 57kg		
Under 74kg			Under 62kg		
Under 80kg			Under 67kg		
Under 87kg			Under 73kg		
Over 87kg			Over 73kg		

Name of Accompanying Coach		Level 2 Coach Pass No
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SINGAPORE TAEKWONDO FEDERATION

**NATIONAL SELECTION TRIALS (POOMSAE)
(SATURDAY 14th & 21st MARCH 2020)**

Name of Coach	
Affiliate	
Contact Number	

Male

No	Name	Event	Year of Birth
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	

Female

No	Name	Event	Date of Birth
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	
		Standard/Free-Style	

Name of Accompanying Coach		Level 2 Coach Pass No
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****A copy of the players' black belt certificate or card and identity card must be attached with the submission form.***