

September 25, 2020

To: Presidents & Secretaries General,  
Member National Associations

**Re: Online 2020 World Taekwondo Poomsae Championships  
- Invitation & Outline**

Dear Taekwondo family,

First of all, I hope that you and your loved ones are coping well with the global COVID-19 pandemic.

As you know, the World Taekwondo Poomsae Championships that were originally supposed to be organised in Herning, Denmark, in May 2020 were cancelled due to the pandemic. It was one of many other sport events globally that were postponed or cancelled this year.

Nonetheless, we at World Taekwondo believe that sport must be indispensable in our daily lives. Now more than ever, we need to stay healthy and positive. World Taekwondo has therefore decided to organise an online Poomsae championships in November 2020.

The Online 2020 World Taekwondo Poomsae Championships is an initiative to help the global Taekwondo family to restore some form of normalcy, and stay positive in the face of adversity. Through the Online 2020 World Taekwondo Poomsae Championships, the global Taekwondo family will be able to practice and compete in our beloved sport in relative safety and comfort.

In addition, we encourage families to participate and grow stronger together. In this regard, the online championships will have two categories – an Official category for national team athletes, and an Open category for families to participate in pairs and teams.

I look forward to your active participation this coming November.

Sincerely yours,



Chungwon Choue  
President

# OUTLINE

## Online 2020 World Taekwondo Poomsae Championships

### 1 Promoter & Organizer: World Taekwondo (President: Dr. Chungwon Choue)

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E-mail: [onlinepoomsae@worldtaekwondo.org](mailto:onlinepoomsae@worldtaekwondo.org) (Sport & Event Management Department)  
Website: [www.worldtaekwondo.org](http://www.worldtaekwondo.org)

### 2 Date: November 15 ~ early December, 2020

\* Detailed schedule will be informed after deadline of athlete's registration on November 13, 2020

### 3 Online platform Supplier: Taekwonsoft

\* Recognized WT Poomsae Scoring System Company

### 4 Competition Methods

#### 1) Online WT G2 Poomsae Championships

##### a. Individual

- Recognized Poomsae / Free Style Poomsae
- Open to only National Team Members
- Senior (18 & up) Divisions only
- Pre-recorded (Preliminary & Semi-final) and Live formats will be used

#### 2) Online WT Open Poomsae Championships

##### a. Individual

- Recognized Poomsae
- Open to All
- Cadet (12-14) / Junior (15-17) Divisions only
- Pre-recorded formats will be used

##### b. Pair & Team

- Recognized Poomsae
- Open to All
- All age groups among family members
- Pre-recorded formats will be used

### 5 Qualifications of contestants:

#### 1) Online WT G2 Poomsae Championships

In accordance with Article 4: Qualification of Contestant of the WT Poomsae Competition Rules, The contestant must meet all following requirements:

- 5.1 Holder of nationality of the participating team
- 5.2 Recommended by the national taekwondo association of the WT
- 5.3 Holder of the Kukkiwon Poom or Dan certificate
- 5.4 Holder of WT Global Athlete Licence (GAL). Any questions on the WT GAL please contact your assigned WT GMS Manager
- 5.5 Athlete aged 18 or over

*\* Poomsae competition uniform: All contestants must wear WT-approved Poomsae competition uniform in accordance with the Article 4.2 of the WT Poomsae Competition Rules. The latest version of WT-recognized manufacturers' list is available at the website of WT (<http://www.worldtaekwondo.org/wtf-partners/recognized/>)*

## 2) Online WT Open Poomsae Championships

Open to all age for family Pair & Team. The contestant must meet all following requirements:

### 5.6 For Family pair two generation: Family Members Only

- ➔ All belt: At least one player must be 4<sup>th</sup> geup, or Blue or higher belt holder
- ➔ Must be composed of two generations of direct family member regardless of gender
- ➔ Any combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter

### 5.7 For Family Team A: 3 Family Members Only

- ➔ All belt: at least one player must be 4<sup>th</sup> geup, or Blue or higher belt holder
- ➔ Must be composed of at least two generations of direct family regardless of gender
- ➔ Any combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter

### 5.8 For Family Team B: Family members of 3 generations

- ➔ All belt: at least one player must be 4<sup>th</sup> geup, or Blue or higher belt holder
- ➔ Must be composed of three generations of direct family regardless of gender
- ➔ Any three generations of combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter

### 5.9 For Cadet & Junior

- Holder of the Kukkiwon Poom or Dan certificate
- Cadet: 12-14 (Born between 1 January 2006 and 31 December 2008)
- Junior: 15-17 (Born between 1 January 2003 and 31 December 2005)

*\* The age limits for each division is based on the year, not on the date, when the Online Championships are held. For example, in Junior Division, contestants shall be between 15 and 17 years old. In this regard, if the Online Championships are held on November 2020, contestants born between 1 January 2003 and 31 December 2005 are eligible to participate in this division.*

*\* Poomsae competition uniform: All contestants may wear WT-approved Poomsae competition uniform. If contestants don't have WT-approved Poomsae competition uniform, contestants are able to wear any white colored uniform with the logo covered.*

## 6 Classification of Competition

### 1) WT G2

Recognized Poomsae Competition (12)	Free Style Poomsae Competition (2)
Men's & Women's Individual Under 30 Under 40 Under 50 Under 60 Under 65 Over 65	Men's & Women's Individual Over 17

## 2) WT Open

Recognized Poomsae Competition (7)	Free Style Poomsae Competition
Family Pair Family Team A & B Cadet Men's & Women's Individual Junior Men's & Women's Individual	None

## 7 Competition Rules:

- 1) WT Poomsae Competition Rules in force as of May 14, 2019 shall apply.
- 2) Applied Online Scoring Criteria
  - When any part of the player body is cut-off by the video frame a 0.3 points deduction will apply for every each Poom movements.
  - When whole body is cut-off by the video frame a 0.6 points deduction will apply for every Poom movement in each time.
  - Any video editing will be disqualified.
  - Any violation of the guidelines on recording and procedures provided by the WT will result in disqualification.
  - The recorded videos should be recorded separately 1<sup>st</sup> Poomsae and 2<sup>nd</sup> Poomsae. Each recorded Poomsae video must be uploaded on the WT competition official website (<http://www.onlinepoomsae.com/>) to match the 1<sup>st</sup> Poomsae and 2<sup>nd</sup> Poomsae.

## 8 Duration of Contest

- 8.1 Recognized Poomsae: Individual, Pair, and Team competitions up to 90 seconds.
- 8.2 Break time between 1<sup>st</sup> Poomsae and 2<sup>nd</sup> Poomsae is a minimum of 30 seconds (Only Live Finals)
- 8.3 The recorded videos should be recorded separately 1<sup>st</sup> Poomsae and 2<sup>nd</sup> Poomsae.
- 8.4 Free Style Poomsae: Individual competitions from 90 seconds to 100 seconds.

## 9 Method of Competition:

### 1) WT G2

Recognized Poomsae Competition
<p>- Two (2) Poomsae from designated Compulsory Poomsae will be decided by TD for each division must be performed for all competitions.</p> <p>- In the <b>preliminaries and semi-final</b>, the referee will judge the uploaded video of the player for two (2) days and stream the <b>pre-recorded video</b> according to schedule.</p> <p>- The <b>finals</b> will be held in a <b>live competition</b> according to schedule.</p> <p><b>Cut-off system:</b></p> <p>1) <b>Preliminaries:</b> In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. After uploading two (2) assigned Compulsory Poomsae, the top half of each group shall advance to semi-final based on the points.  <i>- Contestants' Poomsae video clip must be uploaded within five (5) days after the Head of Team Meeting on November 15</i></p> <p>2) <b>Semi-final:</b> In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Contestants shall upload two (2) assigned Compulsory Poomsae and top eight (8) of them shall advance to final based on the points.  <i>- Contestants' Poomsae video clip must be uploaded within five (5) days after the Head of Team Meeting (if there's no preliminary) or five (5) days after the preliminary round.</i></p> <p>3) <b>Final:</b> When eight (8) or less contestants are participating, competition shall start from final round. Contestants shall be performed two (2) assigned Compulsory Poomsae <b>in live competition</b>, and top four (4) contestants shall be awarded based on the points. Bronze medals shall be given to the 3rd and the 4th contestants.  <i>- A total of twelve (12) divisions will be held for six days with two designated divisions in live competitions per day.</i></p>

### Free Style Poomsae Competition

- One (1) Free Style Poomsae will be performed with following guidelines:
  - Yeon-mu line shall choice of contestant
  - Performed techniques must be within boundary of taekwondo.
  - The definition of taekwondo techniques shall be determined by WT Poomsae Committee, when contestant submits performance plan of Free Style Poomsae.
- In the preliminaries and semi-final and final, the referee will judge the uploaded video of the player for two (2) days and stream the **pre-recorded video** according to schedule.

#### **Cut-off system:**

1) **Preliminaries:** In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. After uploading one (1) Free Style Poomsae video, the top half of each group shall advance to semi-final based on the points.

- Contestants' Poomsae video clip must be uploaded within five (5) days after the Head of Team Meeting on November 15

2) **Semi-final:** In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Contestants shall upload one (1) Free Style Poomsae video and top eight (8) of them shall advance to final based on the points.

- Contestants' Poomsae video clip must be uploaded within five (5) days after the Head of Team Meeting (if there's no preliminary) or five (5) days after the preliminary round.

3) **Final:** When eight (8) or less contestants are participating, competition shall start from final round. Contestants shall upload one (1) Free Style Poomsae video within five (5) days after the Head of Team Meeting (if there's no preliminary & semi-final) or five (5) days after the semifinal round. and top four (4) contestants shall be awarded based on the points. Bronze medals shall be given to the 3rd and the 4th contestants.

## 2) WT Open

### Recognized Poomsae Competition

- Contestants for Pair and Teams shall select 2 Compulsory Poomsae including Taegeuk 1,2 and 3 Jang
- Contestants for Cadet and Junior shall be designated Two (2) Poomsae decided by TD for each division.

- In the **Preliminaries, Semi-final** and **Finals** the referee will judge the uploaded video of the player for two (2) days and stream the **pre-recorded video** according to schedule.

#### **Cut-off system:**

1) **Preliminaries:** In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. After uploading two (2) assigned Compulsory Poomsae, the top half of each group shall advance to semi-final based on the points.

- Contestants' Poomsae video clip must be uploaded within five (5) days after the Head of Team Meeting on November 15

2) **Semi-final:** In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Contestants shall upload two (2) assigned Compulsory Poomsae and top eight (8) of them shall advance to final based on the points.

- Contestants' Poomsae video clip must be uploaded within five (5) days after the Head of Team Meeting (if there's no preliminary) or five (5) days after the preliminary round.

3) **Final:** When eight (8) or less contestants for individual (or pairs/teams) are participating, competition shall start from final round. Contestants shall upload two (2) assigned Compulsory Poomsae videos within five (5) days after the Head of Team Meeting (if there's no preliminary & semi-final) or five (5) days after the semifinal round, and top four (4) contestants/pairs/teams shall be awarded based on the points. Bronze medals shall be given to the 3rd and the 4th contestants.

## 10 Entry

### 1) WT G2

10.1 Team Entry: No. of officials and No. of contestants

Officials	Members		Remarks
	Max. No. of Members Male	Max. No. of Members Female	
Head of Team	1		
Coach	1	1	
Trainer	2	2	
Team Doctor	1	1	

Athletes		Under 30 (18-30)	Under 40 (31-40)	Under 50 (41-50)	Under 60 (51-60)	Under 65 (61-65)	Over 65 (66-)	Total
Recognized Poomsae	Individual Male	1	1	1	1	1	1	6
	Individual Female	1	1	1	1	1	1	6
Athletes		Over 17 (18-)						Total
Free Style Poomsae	Individual Male	1						1
	Individual Female	1						1
Total		14						

### 2) WT Open

10.2 Team Entry: No. of contestants

Division	Gender	Ages	Composition	Poomsae
Individual	Male	Cadet /Junior	<b>Cadet (12-14) / Junior (15-17)</b> * No limit number of participants by MNA	Two (2) assigned Compulsory Poomsae
	Female	Cadet /Junior		
Family pair (2per.)	M&F M&M F&F	All ages	- Two (2) family members and - Two (2) generations of direct family members regardless of gender and - Any two generation of combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter	Selects two (2) Poomsaes including Taegeuk 1, 2, 3
Team (3per.)	Family Team A	All ages	- Three (3) Family members and - Two (2) generations of direct family members regardless of gender and - Any combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter	
	Family Team B	All ages	- Three (3) Family members of 3 generations and - Three (3) generations of direct family members regardless of gender and - Any three generation of combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter	

### 10.3 WT GLOBAL LICENCE & ONLINE REGISTRATION

**Contestants and Team officials participating in the WT G2** must first be registered with a WT Global Athlete Licence (GAL) or Global Official Licence (GOL).

For **contestants participating in the WT Open** will not be required to register WT Global Athlete Licence (GAL) temporarily in an online competition.

#### WT Online Registration (WT G2)

National Team Entry will only be accepted through the WT online registration system (<https://worldtkd.simplycompete.com>) and registration is only possible with a valid WT Global Licence. National Team GMS admins will be notified via email once online registration is open.

Please check the detailed event information as below GMS events site. All of participants are able to check through GMS for detailed information on how to register:

<https://worldtkd.simplycompete.com/events>

### 10.4 ENTRY FEES

Entry fee shall be various according to the timing and situation of the submission of entry. Please read carefully the following guidelines.

Registration period will begin on 12<sup>th</sup> October, 2020, 17:00 Local Swiss Time

Registration period will end on 13<sup>th</sup> November 2020, 17:00 Local Swiss Time

**\* Entry deadline: 13 November 2020, 17:00 Local Swiss Time**

#### **For WT G2 – REGISTRATION FEES:**

- Individual Male/Female - US\$50 per athlete

#### **For WT Open - REGISTRATION FEES:**

- Cadet / Junior - US \$20 per athlete
- Family Pair – US\$20 per pair
- Family Team – US\$30 per team

Entry fee can only be paid through the online payment system provided by the WT, not allowed by bank account transfer.

### 11 List of Poomsae to be performed:

#### - Designated Compulsory Poomsae

Two (2) Poomsae from designated Compulsory Poomsae decided for each division must be performed for all the preliminarily, semi-final and final rounds for all competitions except family pair & team division. Compulsory Poomsae to be assigned for each division shall be decided at the time of drawing of lots by Technical Delegate in consultation with the WT officials.

Competition	Division	Compulsory Poomsae
Individual For WT G2	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
	Under 40	
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60	Koryo, Keumgang, Taeback Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65	
	Over 65	

Individual For WT Open	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback
Family Pair	All ages	<p><b><u>Selects 2 Poomsaes from below;</u></b></p> <ul style="list-style-type: none"> <li>- Taegeuk 1,2,3, 4, 5, 6, 7, 8 Jang,</li> <li>- Koryo, Keumgang, Taeback Pyongwon</li> <li>- Shipjin, Jitae, Chonkwon, Hansu</li> </ul>
Family Team (A, B)	All ages	

## 12 Award presentation:

### 12.1 Online Medals & Certificates:

- 1<sup>st</sup> place: Gold medal(s) and certificate(s)
- 2<sup>nd</sup> place: Silver medal(s) and certificate(s)
- 3<sup>rd</sup> place and 4<sup>th</sup> place: Bronze medal(s) and certificate(s)
- 5<sup>th</sup> – 8<sup>th</sup> place: Certificate

### 12.2 Participation online certificate: all participants

## 13 International Referees:

13.1 The WT will appoint the required number of Poomsae International Referees.

13.2 Appointed referee should attend IR training and meeting for online competition in designated day.

## 14 WT-recognized Poomsae Competition uniform:

14.1 Participating contestants must wear the WT-recognized Poomsae Competition uniform.

**\*WT G2: All contestants should wear WT-approved Poomsae competition uniform.**

**\*WT Open: All contestants may wear WT-approved Poomsae competition uniform. If contestants don't have WT-approved Poomsae competition uniform, contestants are able to wear any white color uniform with the logo covered in only WT Open Poomsae Championships**

14.2 **Cadet Division** (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.





14.3 **Junior and Senior Division** (Ages 15-49): White top with dark blue pants for males; white top with light blue pants for females.



14.4 **Master Division** (Ages 50 and up): Yellow top and dark blue pants for both males and females.



## 15 Head of Team Meeting and Drawing of Lots:

The Head of Team Meeting and the Drawing of Lots session shall be conducted on **November 15<sup>th</sup>, 2020**, in the presence of the Technical Delegate, WT officials and the representatives of the participating nations by online.

## 16 Others

The detailed **recording guideline as well as sample recording video clip** will be published **early October** at the WT official website (<http://www.worldtaekwondo.org>)