

Section 1: To be completed by candidate

NAME of Candidate:(in full)	Gender:	_Year of Birth:	Age: (<u>As of 2025)</u>
Next of Kin (NOK)'s Name:	NOK's Email Address:		NOK's H/P:
Address of Candidate:		(S	3)
Name of Affiliate Coach:	Coach's H/P:	7	Fel:
AFFILIATE:	Affiliate's Emai	l Address:	
Medical condition of candidate (if any):			

I am attending the Open Selection for *Kyorugi / Poomsae (Circle where appropriate – Only 1 category is allowed)

Section 2: Coach's evaluation on candidate (To be completed by Affiliate Coach) - Please tick (\checkmark) at the appropriate box

	Qualities of candidate	Fair (1)	Good (2)	Very Good (3)	Excellent (4)
1.	Attitude and behavior towards coaches, teammates, fellow athletes, officials, and sports administrators, whether in relation to sporting matters or otherwise				
2.	General conduct and character which may affect the reputation, image, values or best interests of the athlete or the sport				
3.	Discipline				
4.	Potential for future development				
5.	Ability to demonstrate team spirit and work well with teammates and officials				

Section 3: Approval for Application of Candidate to attend Open Selections (To be completed by Affiliate Coach) - Please tick (\checkmark) at the appropriate box

Approved

Not Approved

Affiliate Coach's comments about the candidate:

Name of Affiliate Coach	Date of Approval	Signature of Affiliate Coach	Stamp of Affiliate



Section 4: To be completed by Candidate - Please tick (\checkmark) at the appropriate box (ONLY 1 Category (Kyorugi OR Poomsae) is allowed)

KYORUGI CADET (Born in 2011 or 2012)

Please ($\sqrt{}$) at the appropriate box

	Male		Female
Under 33kg	32.9 kg & Under	Under 29kg	28.9 kg & Under
Under 37kg	33 kg – 36.9 kg	Under 33kg	29 kg – 32.9 kg
Under 41kg	37 kg – 40.9 kg	Under 37kg	33 kg – 36.9 kg
Under 45kg	41 kg – 44.9 kg	Under 41kg	37 kg – 40.9 kg
Under 49kg	45 kg – 48.9 kg	Under 44kg	41 kg – 43.9 kg
Under 53kg	49 kg – 52.9 kg	Under 47kg	44 kg – 46.9 kg
Under 57kg	53 kg – 56.9 kg	Under 51kg	47 kg – 50.9 kg
Under 61kg	57 kg – 60.9 kg	Under 55kg	51 kg – 54.9 kg
Under 65kg	61 kg – 64.9 kg	Under 59kg	55 kg – 58.9 kg
Over 65kg	Over 65 kg	Over 59kg	Over 59 kg

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number



KYORUGI JUNIOR (Born in 2010, 2009 or 2008)

Please (\checkmark) at the appropriate box

	Male		Female
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42kg
Under 48kg	45 kg – 47.9 kg	Under 44kg	42 kg – 43.9kg
Under 51kg	48 kg – 50.9 kg	Under 46kg	44 kg – 45.9 kg
Under 55kg	51 kg – 54.9 kg	Under 49kg	46 kg – 48.9 kg
Under 59kg	55 kg – 58.9 kg	Under 52kg	49 kg – 51.9 kg
Under 63kg	59 kg – 62.9 kg	Under 55kg	52 kg – 54.9 kg
Under 68kg	63 kg – 67.9 kg	Under 59kg	55 kg – 58.9 kg
Under 73kg	68 kg – 72.9 kg	Under 63kg	59 kg – 62.9 kg
Under 78kg	73 kg – 77.9 kg	Under 68kg	63 kg – 67.9 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number



KYORUGI

SENIOR

(Born in 2007 or earlier)

Please (\checkmark) at the appropriate box

	Male		Female	
Under 54kg	Not exceeding 54 kg	Under 46kg	Not exceeding 46 kg	
Under 58kg	54 kg to 57.9 kg	Under 49kg	46 kg to 48.9 kg	
Under 63kg	58 kg to 62.9 kg	Under 53kg	49 kg to 52.9 kg	
Under 68kg	63 kg to 67.9 kg	Under 57kg	53 kg to 56.9 kg	
Under 74kg	68 kg to 73.9 kg	Under 62kg	57kg to 61.9 kg	
Under 80kg	74 kg to 79.9 kg	Under 67kg	62 kg to 66.9 kg	
Under 87kg	80 kg to 86.9 kg	Under 73kg	67 kg to 72.9 kg	
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg	

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number



POOMSAE

Male					
Division	Age	Circle where appropriate*			
Cadet	Born in 2011 or 2012	Recognised / Freestyle			
Junior	Born in 2008, 2009 or 2010	Recognised / Freestyle			
Senior	Born in 2007 or earlier	Recognised / Freestyle			

*Candidate may choose either one or both category (i.e. Recognised or Freestyle or both)

Female					
Division	Age	Circle where appropriate*			
Cadet	Born in 2011 or 2012	Recognised / Freestyle			
Junior	Born in 2008, 2009 or 2010	Recognised / Freestyle			
Senior	Born in 2007 or earlier	Recognised / Freestyle			

*Candidate may choose either one or both category (i.e. Recognised or Freestyle or both)

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number



ATHLETE'S UNDERTAKING

I, _____ (Last 4 digit of NRIC No._____)

of (Name of Affiliate)

declare that the information given is true, correct and complete. In the event if the declaration is false,

I may be sanctioned by the relevant authorities.

Date

Signature

Disclaimer & Indemnity

I hereby declare that I shall not claim against the Singapore Taekwondo Federation and/or any of its officers for any losses and liabilities suffered by me directly or indirectly and I hereby declare that I shall indemnify the Singapore Taekwondo Federation and/or any of its officers against any claims losses liabilities suffered directly or indirectly as a result of the **Open Selection 2025** held on 4, 5 and 11 January 2025 or any adjournment thereof at the venue of the activities.

Date

Signature

Contact Number

Parental Consent for Athlete Below 21 Years of Age			
I consent to the above named, who is my child to participate in the Open Selection 2025 . I hereby release the Singapore Taekwondo Federation and/or any of its officers from all liabilities that may arise in connection therein.			
Name/Relationship to Athlete	Signature/Date		
Last four digits of NRIC No.	(Mobile) Telephone Numbers		