

**Singapore Taekwondo Federation (STF) 2025 Calendar\* (as of 29 December 2024)**

<b>S/No.</b>	<b>Programme</b>	<b>Date(s)</b>	<b>Venue</b>
1	STF 2025 National Development Squad (NDS) Open Selection	4, 5 and 11 Jan 2025	Bedok National Training Centre (Bedok NTC)
2	STF 195th Centralised Grading	12 Jan 2025	Bedok NTC
3	STF 2025 Virtual Taekwondo (VTKD) NDS Open Selection	22 and/or 23 Feb 2025	Bedok NTC
4	2nd STF Para Taekwondo Competition	5 Apr 2025	Bedok NTC
5	STF 2025 NDS 1st Period Assessment / Closed Selection for 33rd SEA Games/ Closed Selection for Asian Cadet & Junior Championships	11 to 13 Apr 2025	Bedok NTC
6	STF 196th Centralised Grading	20 Apr 2025	Bedok NTC
7	Senior Belt Grading (4th Dan & Above)	1 May 2025	80 Lor Limau NTC
8	National School Games 2025 + Proposed Virtual Taekwondo Showcase	5 to 9 May & 13 to 16 May 2025	To be advised (TBA)
9	Proposed 2nd Singapore Open Virtual Taekwondo Championships	7 & 8 Jun 2025	Bedok NTC
10	Singapore Open Poomsae Ambassador Championships 2025	4 & 5 Jul 2025	SportSG Facility
11	Singapore Open Kyorugi Ambassador Championships 2025	5 & 6 Jul 2025	SportSG Facility
12	STF 197th Centralised Grading	13 Jul 2025	Bedok NTC
13	GetActive! Singapore (Taekwondo & Virtual Taekwondo Competitions)	30 Jul to 3 Aug 2025	SportSG Facility
14	STF 2025 NDS 2nd Periodic Assessment / Closed Selection for Wuxi 2025 WT Championships (Kyorugi)	16 & 17 Aug 2025	Bedok NTC
15	2025 National Poomsae	23 & 24 Aug 2025	SportSG Facility

	Championships		
<b>S/No.</b>	<b>Programme</b>	<b>Date(s)</b>	<b>Venue</b>
16	2025 National Kyorugi Championships	13 & 14 Sep 2025	SportSG Facility
17	STF 198th Centralised Grading	12 Oct 2025	Bedok NTC
18	Senior Belt Grading (4th Dan & Above)	25 Oct 2025	80 Lor Limau NTC
19	Proposed 1st Singapore International Virtual Taekwondo Championships	15 & 16 Nov 2025	TBA
20	Open Selection STF 2026 NDS	*Nov 2025/Jan 2026	Bedok NTC
21	33rd SEA Games @ Thailand	9 to 20 Dec 2025	Thailand, Bangkok, Chonburi and Songkhla

Please note the courses will be updated.

\*Subject to changes