



SINGAPORE OPEN KYORUGI CHAMPIONSHIPS 2025
(5th & 6th July 2025 / Jurong East Sports Hall)
Official Outline

SINGAPORE OPEN KYORUGI CHAMPIONSHIPS 2025 OUTLINE

1. ORGANISER : SINGAPORE TAEKWONDO FEDERATION (STF)

Address : Singapore Taekwondo Federation Office
7 Bedok North Street 2
Singapore 469646

Telephone : +65 6345 1491

Email : Tournament.stf@gmail.com
stkdf@mail.com

Website: www.stf.sg

2. COMPETITION DETAILS

Date : 5th & 6th July 2025

Time : 0900 Hr onward

Venue : 21 Jurong East Street 31
Jurong East Sports Hall, Singapore 609517

Organiser reserves the right to amend competition schedule, any changes will be posted on STF website.

3. REGISTRATION INFORMATION

Registration Period: 19th May to 12th June 2025

Registration Closes: 12th June 2025, 1600 Hr (Singapore Time Zone)

Submission To: Tournament.stf@gmail.com
STKDF@mail.com

Registration Fee: \$54.50 per participant for all events
(Inclusive of 9% GST)

Team Manager's: 29th June 2025, 1500 Hr
Briefing Whampoa National Training Centre
80 Lorong Limau, Singapore 320080



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3. COMPETITION RULES

STF Competition Rules in force as of 1st March, 2024 shall be apply. (Available on STF website)

4. QUALIFICATIONS

Criterion #1: Members of Clubs affiliated to Singapore Taekwondo Federation (STF)*

Criterion #2: Members of Clubs affiliated to Member of National Association (MNA) recognized by World Taekwondo (WT) (International Participants)

Criterion #3: Poom Belt Holder (Age 12, 13 & 14)
Black Belt Holder (Age 15 and above)

**Non-STF grade holders must be either STF invited parties or are under respective National Sports Association (NSA). Special circumstances and request should be directed to Organising Tournament Committee email and subjected to approval on a case-by-case basis.*

5. REGISTRATION

i. Registration shall be done by the Team Manager, who can be a coach, or someone designated to take charge of the Team.

ii. Team Managers **must** use the E-Registration Form to submit participants' registration for the respective event, form can be downloaded from STF website.

Teams are advised to access the form with a window OS device via excel application for best compatibility.

iii. Team Managers are to submit their registration to tournament.stf@gmail.com and stkdf@mail.com.

iv. An email response with payment amount and instructions will be sent upon successful receipt of softcopy registration.

v. Team Managers are to proceed with payment only **AFTER** they have received the confirmation email.

vi. Team Managers **may** choose to **either** physically head down to STF office or complete the registration procedure online via the below steps:



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Online Payment Procedure:

a. Paynow to STF **UEN** S74SS0031A or bank transfer to **DBS Bank account** 0220067206
SWIFT Code: DBSSSGSGXXX with reference number as '**Team Name – SG Open Kyorugi**'.

b. Send proof of successful payment to tournament.stf@gmail.com and
stkdf@mail.com (**Payment proof must show UEN reference as per above**)*

**Payment submission with incorrect or lack of reference number may result in incomplete registration.*

c. Online grade verification (**Required for all online payment**): Teams to send in participants' grading card or Poom/Dan certificate proof via dropbox link
(Filename as participant's name e.g 'Jack Tan – Grading Card').

Physical Payment Procedure:

A. Upon receiving confirmation email, print out team registration list and head down to STF office.

B. Verify grade according to team registration list.

C. Show email confirmation and make payment according to amount listed.

D. Attach STF receipt to email to confirm team registration for competition.

vii. The closing date for submission is on 12th June 2025, 1600 Hr (Singapore Time Zone) this **includes payment submission at STF office, sending of STF receipt to organizer email and verification of participants' grade**. It is the responsibility of the Team Managers to verify and ensure that the submission is accurate, and information of the participants are valid.

viii. Submission **will not be processed** if any information submitted is incorrect / incomplete.

viii . Team Managers are to ensure that all participants' registration forms are available for verification if requested by organizer.

x. The organizer reserves the rights to disqualify submissions if the team manager fails to make payment or verify participants grade by 12th June 2025, 1600 Hr (Singapore Time Zone).

xi. Tentative Bout sheet will be released before Team Managers meeting on 29th June 2025, **NO changes** are allowed after team managers meeting.



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Step-by-Step registration process

1. Submission of E-registration excel form to tournament.stf@gmail.com
2. Receive email reply with payment amount and instruction

Online Payment

- 3a. Paynow to STF **UEN S74SS0031A** or bank transfer to **DBS Bank account 0220067206**
SWIFT Code: DBSSSGSGXXX
- 3b. Send payment proof to tournament.stf@gmail.com
- 3c. Send dropbox link with participants grade for verification purpose

Physical Payment

- 3A. Print out team registration list, proceed to STF office
- 3B. Verify participants grade at office
- 3C. Show confirmation email with payment amount, proceed with payment
- 3D. Send STF payment receipt to tournament.stf@gmail.com to confirm registration
(By 12th June 2025, 1600 Hr Singapore Time Zone)

6A. CLASSIFICATION OF COMPETITION (INDIVIDUAL HEADKICK KYORUGI EVENTS)

EVENTS	AGE DIVISION	GRADE*
<ul style="list-style-type: none">• Individual	<ul style="list-style-type: none">• Cadet (12 to 14 Years Old)• Junior (15 to 17 Years Old)• Senior 1 (18 to 30 Years Old)• Senior 2 (31 to 40 Years Old)• Master 1 (41 to 50 Years Old)• Master 2 (51 Years Old & above)	<ul style="list-style-type: none">• Poom Belt**• Black Belt

**Based on highest grade obtained on or before 12th June 2025*

***Poom Belt event only for Cadet age division (Age 12 - 14 Years Old)*



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6B. CLASSIFICATION OF COMPETITION (TEAM HEADKICK KYORUGI EVENTS)

EVENTS**	AGE DIVISION	GRADE*
• Team of 4 (Female)	• Junior (15 to 17 Years Old)	• Black Belt
• Team of 4 (Male)	• Senior 1 (18 to 30 Years Old)	
• Team of 4 (Mixed)		

**Based on highest grade obtained on or before 12th June 2025*

***Team Kyorugi event only for Junior and Senior 1 age division*

7. AGE DIVISION

AGE DIVISION	AGE (As Of 31 st Dec 2025)	YEAR BIRTHED
Cadet	12 to 14	Year 2011 and 2013
Junior	15 to 17	Year 2008 to 2010
Senior 1	18 to 30	Year 1995 to 2007
Senior 2	31 to 40	Year 1985 to 1994
Master 1	41 to 50	Year 1975 to 1984
Master 2	51 and above	In or before Year 1974

8. METHOD OF COMPETITION (INDIVIDUAL)

i. Single Elimination System

ii. Number of courts: 3 or 4

iii. Best of 3 format

iv. Contest Time*: Two minutes round with a one-minute rest period between rounds

**Round duration may be adjusted to ninety seconds or one-minute contest with a thirty-seconds rest between each round upon decision of the Technical Delegate.*

v. Point Gap: Win by point gap (twelve points difference) will apply for all rounds except Semi-finals and Finals in Senior 1 Division

v. Number of participant: No limit to number of participants fielded for all events**

***However an Individual can only compete in 1 weight category*



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9A METHOD OF COMPETITION (TEAM)

i. Competition Format: Hybrid (Traditional Team + Tag Team)

ii. Contest Time*: Round One - 4 minute (Traditional Team)
Break – 1 minute
Round Two - 3 minute (Tag Team)

**Round and break duration may be adjusted upon decision of the Technical Delegate on competition day.*

iii. Number of team submission: No limit to number of teams fielded for all events**
***However an Individual can only compete in 1 team (either mixed gender or same gender category)*

iv. Point Gap: 50 point gap any time within the match

v. Golden Round: In the event of tie scores, a 1-minute tag team golden round will be held with the first fighter as the heaviest weighted player (Male heaviest weighted for mixed gender). First team to reach 4 points wins.

vi. In the event of an injury during the competition, a team of three (3) participants can continue to compete. However, the opponent will be awarded 10 point. Team with less than three (3) participants shall be disqualified.***

****Injury caused by opponent's illegal action will not be penalized 10 points. Team that has less than 3 **athletes due to opponent's illegal action** will be declared winner.*

9B. TEAM KYORUGI SUBSTITUTE(S)

i. Each team may register one (1) substitute for each gender (4+1 reserve for same gender event, 4+2 reserve for mixed gender event).

ii. Replacement of a competitor with the substitute shall be allowed only between matches, not allowed during the match.

iii. Replacement of competitor only allowed due to injuries or MC, to inform the registration counter of replacement at the earliest possible time.



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9C. TEAM KYORUGI PROCEDURE OF COMPETITION

- i. Four (4) athletes of each team shall march in together with maximum of **two coaches** **[Minimum one level 2 kyorugi coach must be present with team]**
- ii. The centre referee shall call “Chung, Hong.” Both teams shall enter the contest area with their head PSS firmly tucked under their left arms facing each other.
- iii. Following the referee’s command “Cha-ryeot” and “Kyeong-rye”, both teams shall make a standing bow to each other.
- iv. Player 1 (Lightest weight or female lightest for mixed gender events) shall remain in the court; the rest of teams shall exit to waiting area.
- v. The contest shall start by the centre referee’s command “Joon-bi” and “Shi-jak”.
- vi. End of Match: After the referee declares “Keu-man”, both teams shall enter the contest area with their head PSS firmly tucked under their left arms facing each other and make a standing bow to each other following command of the referee.
- vii. The referee shall declare the winner by raising own hand to the winner’s side.



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10A. WEIGHT CATEGORIES (INDIVIDUAL KYORUGI)

Cadet Category			
Male's division		Female's division	
Under 33 kg	Not exceeding 33 kg	Under 29 kg	Not exceeding 29 kg
Under 37 kg	Over 33 kg & Not exceeding 37 kg	Under 33 kg	Over 29 kg & Not exceeding 33 kg
Under 41 kg	Over 37 kg & Not exceeding 41 kg	Under 37 kg	Over 33 kg & Not exceeding 37 kg
Under 45 kg	Over 41 kg & not exceeding 45 kg	Under 41 kg	Over 37 kg & not exceeding 41 kg
Under 49 kg	Over 45 kg & not exceeding 49 kg	Under 44 kg	Over 41 kg & not exceeding 44 kg
Under 53 kg	Over 49 kg & not exceeding 53 kg	Under 47 kg	Over 44 kg & not exceeding 47 kg
Under 57 kg	Over 53 kg & not exceeding 57 kg	Under 51 kg	Over 47 kg & not exceeding 51 kg
Under 61 kg	Over 57 kg & not exceeding 61 kg	Under 55 kg	Over 51 kg & not exceeding 55 kg
Under 65 kg	Over 61 kg & not exceeding 65 kg	Under 59 kg	Over 55 kg & not exceeding 59 kg
Over 65 kg	Over 65kg	Over 59 kg	Over 59 kg

Junior Division			
Male's division		Female's division	
Under 45 kg	Not exceeding 45 kg	Under 42 kg	Not exceeding 42 kg
Under 48 kg	Over 45 kg & Not exceeding 48 kg	Under 44 kg	Over 42 kg & Not exceeding 44 kg
Under 51 kg	Over 48kg & Not exceeding 51 kg	Under 46 kg	Over 44 kg & Not exceeding 46 kg
Under 55 kg	Over 51 kg & Not exceeding 55 kg	Under 49 kg	Over 46 kg & Not exceeding 49 kg
Under 59 kg	Over 55 kg & Not exceeding 59 kg	Under 52 kg	Over 49 kg & Not exceeding 52 kg
Under 63 kg	Over 59 kg & Not exceeding 63 kg	Under 55 kg	Over 52 kg & Not exceeding 55 kg
Under 68 kg	Over 63 kg & Not exceeding 68 kg	Under 59 kg	Over 55 kg & Not exceeding 59 kg
Under 73 kg	Over 68 kg & Not exceeding 73 kg	Under 63 kg	Over 59 kg & Not exceeding 63 kg
Under 78 kg	Over 73 kg & Not exceeding 78 kg	Under 68 kg	Over 63 kg & Not exceeding 68 kg
Over 78 kg	Over 78kg	Over 68kg	Over 68kg

Senior 1, Senior 2, Master 1 and Master 2 Division			
Male's division		Female's division	
Under 54 kg	Not exceeding 54 kg	Under 46 kg	Not exceeding 46 kg
Under 58 kg	Over 54 kg & Not exceeding 58 kg	Under 49 kg	Over 46 kg & Not exceeding 49 kg
Under 63 kg	Over 58 kg & Not exceeding 63 kg	Under 53 kg	Over 49 kg & Not exceeding 53 kg
Under 68 kg	Over 63 kg & Not exceeding 68 kg	Under 57 kg	Over 53 kg & Not exceeding 57 kg
Under 74 kg	Over 68 kg & Not exceeding 74 kg	Under 62 kg	Over 57 kg & Not exceeding 62 kg
Under 80 kg	Over 74 kg & Not exceeding 80 kg	Under 67 kg	Over 62 kg & Not exceeding 67 kg
Under 87 kg	Over 80 kg & Not exceeding 87 kg	Under 73 kg	Over 67 kg & Not exceeding 73 kg
Over 87 kg	Over 87kg	Over 73 kg	Over 73 kg



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11B. WEIGHT CATEGORIES (TEAM)

Junior Division		
Male Team of 4	Female Team of 4	Mixed Team of 4
45.1 to 55kg	40.1 to 50kg	43.1 to 53kg
55.1 to 65kg	50.1 to 60kg	53.1 to 63kg
65.1 to 75kg	60.1 to 70kg	63.1 to 73kg

Senior Division		
Male Team of 4	Female Team of 4	Mixed Team of 4
50.1 to 60kg	45.1 to 55kg	48.1 to 58kg
60.1 to 70kg	55.1 to 65kg	58.1 to 68kg
70.1 to 80kg	65.1 to 75kg	68.1 to 78kg

**All participants in the team must fall within weight category*

12. WEIGH-IN

- i. Official weigh-in of participants will be done on competition day when participants' bout numbers are called. Participants that fail their official weigh-in will be disqualified.
- ii. A second weighing scale will be provided for participants to check their weight before official-weigh in, however only 1 attempt for official weigh-in will be allowed.
- iii. Official Weigh-in shall be done minimally in short and T-shirt, there will be no nude weigh-ins. An allowance of 100g will be given.
- iii. Random weigh-in of participant may be done any time after official weigh-in, upon approval of competition Technical Delegate. An allowance of 5% weight difference from registered weight category will be given for Random weigh-ins. *(i.e. Accepted Random weight for Under 55kg (51.1 to 55kg) will be 51.1 to 57.7kg, no 100g weight allowance is given for random weigh-ins)*
- iv. Weight will be rounded down to nearest 1 decimal place *(i.e. Weight of 50.09 will be considered as 50.0kg)*



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13. EQUIPMENT AND UNIFORM

- i. KPNP Protector and Scoring System (PSS) including PSS Headgear will be used.
Age Division Cadet and Junior will compete in PSS Headgear with face shield, mouthguard is optional.

Age Division Senior 1, Senior 2, Master 1, Master 2 will compete with PSS headgear, mouthguard is compulsory.
- ii. Organiser will provide PSS Body Protector and Headgears (with and without shield). Participants must prepare shin, forearm, groin guard, gloves, PSS sensing sock and mouthguard for personal use.
**STF no longer loans PSS sensing socks due to hygiene concerns.*
- iii. Participants with braces MUST compete with appropriate mouthguard, view STF rule at www.stf.sg for full detail on appropriate mouthguard for braces.
- iv. Mouthguard must be moulded and either transparent or white in colour
- v. Taping (if any) must be inspected and signed by STF on-site medical team before competing. View STF rule at www.stf.sg for full detail on taping guideline.
- vi. Local teams: Only STF approved uniforms should be worn, participants who wears unapproved uniform will not be permitted to compete. The latest STF approved uniform list can be viewed at www.stf.sg under Guidelines.

International teams: WT-approved uniforms should be worn, participants wearing Non-WT-approved uniform will not be permitted to compete.
- vii. Participants must wear **Full set** (Top and pants) of Taekwondo kyorugi competition uniform to compete.
*Half attire **will not be allowed** (i.e. Kyorugi competition uniform pants with normal uniform top).*
- viii. Competition Poomsae uniform is not permitted.
- viiii. Local Teams: All uniform must adhere to STF Taekwondo uniform guidelines which can be found in www.stf.sg.



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14. COACH REQUIREMENTS

- i. Local: Only Kyorugi level 2 coaches wearing coach pass will be allowed to enter the Field of Play (FOP) and coach their participants.
- ii. Local: Team Manager and Kyorugi level 1 coaches (wearing coach pass) are allowed to assist participants only at the holding area. They are not allowed to enter the FOP with participants.
- iii. International: Team Manager should send in their list of coaches with their coaching credential when submitting team's e-registration, a coach accreditation pass will be issued.
- iv. Non-qualified coaches or coaches holding the wrong coach pass entering the FOP will result in immediate disqualification with follow-up disciplinary action taken against the affected coach and team, following the STF Rules and Regulations.
- v. All coaches must attire in either track pants or business pants, collared shirt or jackets/windbreakers and 70% white-covered shoes.
- vi. Teams must provide sufficient coaches to accompany participants into the FOP when their bouts are called to ensure flow of the competition. Insufficient coaches causing a delay in competition flow may result in disqualification of affected participant.
- vii. Participant entering the FOP without their coach will result in disqualification of affected participant.

15. REFEREES & VOLUNTEERS REQUIREMENTS

- i. Volunteer: Each local team must provide 1 volunteer per competition day (minimum 15 years old).
- ii. Referees: Each local team must provide 1 referee for every 30 participants or part thereof (Only counting individual event)
- iii. Each local team must provide required number of volunteer and referee(s) throughout all days of competition.

I.e. Team A has registered 60 members for the Individual Kyorugi Event and 2 Team of 4 (Mixed). Team A must provide 1 volunteer and 2 referees for ALL competitions days. Team B has registered 61 members for the individual Kyorugi event, Team B must provided 1 volunteer and 3 referees for ALL competition days.

- iv. Required number of referees **might** reduce dependent on sign-up rates, finalized referees required for each team will be announced during Team Manager briefing. However, teams must prepare sufficient referees based upon point ii.



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v. Local Teams that do not fulfil Volunteer OR Referee requirement on any competition day will be barred from STF organized competition for a period of 1 year (from debarment date)

16. AWARD & CLASSIFICATION OF RESULTS

i. The following prizes will be awarded

- 1st Placing: 1 Gold Medal
- 2nd Placing: 1 Silver Medal
- 3rd Placing: 2 Bronze Medal

ii. All medallists must be attired in full uniform during prize presentation.

iii. Default medallist (participants with no opponent) must weigh in and meet their registered weight category to be awarded the gold medal.

17. TEAM MANAGER BRIEFING & DRAWING OF LOT

i. Team Manager Briefing will be held on 29th June 2025 (Sunday), 1500 Hr at NTC Whampoa, 80 Lorong Limau, Singapore 320080. Any changes will be posted on STF website at www.stf.sg.

ii. Drawing of lot will be done via computerized random draw prior to Team Manager's briefing, drawn bout list will be sent to Team Managers a week before Team Manager's briefing.

Organizing Committee reserves the right to merge weight categories for categories with only 1 participant. In such cases, registered actual weight of participants will be taken into consideration for merger purpose.

In the event of multiple participants from the same team competing in one weight category, Organizing Committee reserves the right to place these participants in separate bout trees. Such adjustment will only be made for the first 2 draw of same team participants.

(i.e. Team A has 4 participants in the same weight category [1, 2, 3, 4], on the first draw participants 1 and 2 met in the same bout tree, in this case a redraw will be done to ensure participants 1 and 2 are in two separate trees. Subsequently, if participant 3 receive a draw to compete against participant 1 in the first match, there will not be another redraw.)

iii. Team Managers may write in to Organizing Committee at Tournament.stf@gmail.com for competition related matters.



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- iv. All form of communication from Organizing Committee will be directed to Team Manager's email stated in the registration form.
- v. Competition bout list will be FINALIZED after Team Manager's briefing and sent to team managers, **strictly no request for change** will be entertained after Team Manager's briefing.

18. ARBITRATION & PROTEST MATTERS

- i. Protest with regards to competition matters and results must be made by registered Team Manager or Coach.
- ii. Any protest made against a judgment shall be made on the arbitration form and submitted together with the fee of \$327.00 (GST inclusive) to the Competition Supervisory Board within 10 minutes of the pertinent contest.
- iii. Arbitration form may be found in Annex A – Forms.

19. DECLARATION & INDEMNITIES

- i. Any previous training in other martial arts must be declared on registration form. (e.g. types of martial art; level and years of training)
- ii. Team Manager must ensure that parents of participants under 21 years old (Based on birthdate) personally endorse the indemnity forms. Team Manager will be held responsible if the forms contain fake signatures.
- iii. Team Manager / Coach(es) to ensure that their participants are prepared and fit for the competition. Team Manager / Coach (es) should withdraw any participant who is not feeling well on the day of the competition.
- iv. Team Manager must declare pre-existing medical conditions on electronic registration form under remarks column and attach document of doctor's clearance letter for medical conditions declared.
- iv. Team Manager must ensure all team members* shall have their own medical insurance coverage, including first aid and personal accident insurance.

*Team members refer to all member that identifies with the Team, including but not limited to Team Manager, Coaches, Participants, Volunteers, Referees and Supporters.



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COMPETITION TIMELINE & IMPORTANT DATES
(Subject to changes)

Date	Time	Detail	Venue
19 th May 2025 (Monday)	-	Competition Registration Opens	Submission*: Online – Softcopy STF Office – Payment
12 th June 2025 (Thursday)	1600 Hr	Competition Registration Closes	*Registration only confirmed upon payment proof (email) provided
22 nd June 2025 (Sunday)	-	Tentative Bout List sent to Team Manager	Online (Registered Team Manager's Email)
29 th June 2025 (Sunday)	1500 Hr	Team Manager Briefing	NTC Whampoa
2 nd July 2025 (Wednesday)	-	Finalized Bout List sent to Team Manager	Online (Registered Team Manager's Email)
5 th & 6 th July 2025 (Saturday & Sunday)	0900 Hr to 2100 Hr	Competition Day	Jurong East Sports Hall



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Annex A – Forms



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CODE OF CONDUCT

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described. For the full list of acceptable decorum please view STF Rules & Regulation at www.stf.sg.

1. Team Members* must always conduct and behave themselves in a pleasant manner. They should take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behavior.
2. The decisions of all judges and referees are deemed final, in the event of a genuine dispute or disagreement, affected member(s) must:
 - a) **Refrain from use of abusive language or aggressive behavior**
 - b) **Gracefully accept the official decision**
 - c) **Lodge an official protest through the Team Manager or Coach if they wish so**
3. Any dispute or protest must be made through the official channel as stated in the Competition Outline (Arbitration & Protest Matter).
4. Any attempts to discredit any competition officials, inclusive but not limited to Technical Delegate, Competition Supervisory Board (CSB) members, judges, referees, or volunteers will be faced with disciplinary actions.
5. No one, including the Team Manager or coaches, is allowed to step beyond the boundary line unless escorted by a competition official.
6. Participant(s) or Team(s) that has a record of ban / debarment are not allowed to participate in competition without first seeking clearance from the Tournament Committee.
7. The Federation and competition organizer reserves the right to vary or add to the above rules when necessary.
8. The Team Manager is responsible for ensuring that all team members adhere to the expected decorum stated within both the Code of Conduct and STF Rules & Regulation (Found in www.stf.sg)

**Team Members stated within Official Outline and Code of Conduct refers to any member that identifies with the Team, including but not limited to Team Manager, Coaches, Participants, Volunteers, Referees and Supporters.*

ARBITRATION AND SANCTION

1. CSB shall make corrections of misjudgments (if any) in accordance with decision(s) made after protest review, disciplinary action will be taken against official(s) who commits any misjudgment or illegal behavior.
2. CSB shall also be entitled Competition Extraordinary Committee of Sanction concurrently for matters in relation to competition management.
3. The Extraordinary Committee of Sanction may summon person concerned for confirmation of events.
4. The STF President or Secretary General (in case of their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviors are committed by Team Manager, Coach, or other team member(s),
 - a) Interfering with the management of contest or stirring up the spectators for the same purpose.
 - b) Interfering with the operation of the competition conducted by the STF and the Organizing Committee.
 - c) Spreading rumors for the purpose of exerting an unwarranted influence on official judgements.

AGREEMENT

Our team, with team manager as representative, hereby agrees to abide by all above guidelines **AND** the STF Competition Rules & Regulation listed on the STF website.

Team Name

Team Manager Full Name
& Signature

Date



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REGISTRATION FORM A - INDIVIDUAL CADET

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____

Medical condition* (NIL if none): _____ (Attach Medical Clearance) Years : _____

CADET CATEGORY

(12 to 14 years old, born on year 2011, 2012 and 2013)

(Please X the appropriate box)

DIVISION	MALE	
BELT	Poom	
Under 33 kg	33 kg & Under	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 45 kg	Over 41 – 45 kg	
Under 49 kg	Over 45 – 49 kg	
Under 53 kg	Over 49 – 53 kg	
Under 57 kg	Over 53 – 57 kg	
Under 61 kg	Over 57 – 61 kg	
Under 65 kg	Over 61 – 65 kg	
Over 65kg	Over 65kg	

DIVISION	FEMALE	
BELT	Poom	
Under 29 kg	29 kg & Under	
Under 33 kg	Over 29 – 33 kg	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 44 kg	Over 41 – 44 kg	
Under 47 kg	Over 44 – 47 kg	
Under 51 kg	Over 47 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Over 59 kg	Over 59 kg	

Actual Weight
Participant Signature

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Team Manager Email

Team Manager Signature



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REGISTRATION FORM B - INDIVIDUAL JUNIOR

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____

Medical condition* (NIL if none): _____ (Attach Medical Clearance) Years : _____

JUNIOR CATEGORY

(15 to 17 years old, born on year 2008, 2009 and 2010)

(Please X the appropriate box)

DIVISION	MALE	
BELT	Black	
Under 45 kg	45 kg & Under	
Under 48 kg	Over 45 – 48 kg	
Under 51 kg	Over 48 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 73 kg	Over 68 – 73 kg	
Under 78 kg	Over 73 – 78 kg	
Over 78 kg	Over 78 kg	

DIVISION	FEMALE	
BELT	Black	
Under 42 kg	42 kg & Under	
Under 44 kg	Over 42 – 44 kg	
Under 46 kg	Over 44 – 46 kg	
Under 49 kg	Over 46 – 49 kg	
Under 52 kg	Over 49 – 52 kg	
Under 55 kg	Over 52 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Over 68 kg	Over 68 kg	

Actual Weight

Participant Signature

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

 Name of Parent / Guardian

 Contact No.

 Signature / Date

 Name of Team Manager

 Team Manager Email

 Team Manager Signature



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REGISTRATION FORM C - INDIVIDUAL SENIOR 1 TO MASTER 2 CATEGORY

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____

Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

SENIOR 1 SENIOR 2 MASTER 1 MASTER 2
(18 years old and above born on and before year 2007)

(Please X the appropriate box)

DIVISION	MALE	
BELT	Black	
Under 54 kg	54 kg & Under	
Under 58 kg	Over 54 – 58 kg	
Under 63 kg	Over 58 – 63 kg	
Under 68 kg	Over 63 –68 kg	
Under 74 kg	Over 68 – 74 kg	
Under 80 kg	Over 74 – 80 kg	
Under 87 kg	Over 80 – 87 kg	
Over 87 kg	Over 87	

DIVISION	FEMALE	
BELT	Black	
Under 46 kg	46 kg & Under	
Under 49 kg	Over 46 – 49 kg	
Under 53 kg	Over 49 – 53 kg	
Under 57 kg	Over 53 – 57 kg	
Under 62 kg	Over 57 – 62 kg	
Under 67 kg	Over 62 – 67 kg	
Under 73 kg	Over 67 – 73 kg	
Over 73 kg	Over 73kg	

Actual Weight

Participant Signature

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Team Manager Email

Team Manager Signature



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REGISTRATION FORM D - JUNIOR MALE TEAM

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____

Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

JUNIOR CATEGORY

(15 to 17 years old, born on year 2008, 2009 and 2010)

(Please X the appropriate box)

MALE		
Belt	Black	
45.1 to 55kg		
55.1 to 65kg		
65.1 to 75kg		

Actual Weight

**Participant
 Signature**

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

 Name of Parent / Guardian

 Contact No.

 Signature / Date

 Name of Team Manager

 Team Manager Email

 Team Manager Signature



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REGISTRATION FORM E - JUNIOR FEMALE TEAM

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____
 Emergency Contact Name: _____ Relation: _____ Contact No: _____
 Address: _____ Postal: (S) _____
 Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____
 Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____
 Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

JUNIOR CATEGORY

(15 to 17 years old, born on year 2008, 2009 and 2010)

(Please X the appropriate box)

FEMALE		
Belt	Black	
40.1 to 50kg		
50.1 to 60kg		
60.1 to 70kg		

Actual Weight

**Participant
 Signature**

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

 Name of Parent / Guardian

 Contact No.

 Signature / Date

 Name of Team Manager

 Team Manager Email

 Team Manager Signature



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REGISTRATION FORM F - JUNIOR MIXED TEAM

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____
 Emergency Contact Name: _____ Relation: _____ Contact No: _____
 Address: _____ Postal: (S) _____
 Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____
 Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____
 Medical condition* (NIL if none): _____ (Attach Medical Clearance) Years : _____

JUNIOR CATEGORY
(15 to 17 years old, born on year 2008, 2009 and 2010)

(Please X the appropriate box)

GENDER	Male		Actual Weight
	Female		
BELT	Black		
	43.1 to 53kg		
	53.1 to 63kg		
	63.1 to 73kg		

Participant Signature

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

_____ Name of Parent / Guardian	_____ Contact No.	_____ Signature / Date
_____ Name of Team Manager	_____ Team Manager Email	_____ Team Manager Signature



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REGISTRATION FORM G - SENIOR MALE TEAM

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____
 Emergency Contact Name: _____ Relation: _____ Contact No: _____
 Address: _____ Postal: (S) _____
 Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____
 Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____
 Medical condition* (NIL if none): _____ (Attach Medical Clearance) Years : _____

SENIOR CATEGORY

(18 to 30 years old, born in and between year 1995 and 2007)

(Please X the appropriate box)

MALE		
Belt	Black	
50.1 to 60kg		
60.1 to 70kg		
70.1 to 80kg		

Actual Weight

**Participant
 Signature**

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

 Name of Parent / Guardian

 Contact No.

 Signature / Date

 Name of Team Manager

 Team Manager Email

 Team Manager Signature



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REGISTRATION FORM H - SENIOR FEMALE TEAM

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____
 Emergency Contact Name: _____ Relation: _____ Contact No: _____
 Address: _____ Postal: (S) _____
 Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____
 Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____
 Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

SENIOR CATEGORY

(18 to 30 years old, born in and between year 1995 and 2007)

(Please X the appropriate box)

FEMALE	
Belt	Black
45.1 to 55kg	<input type="checkbox"/>
55.1 to 65kg	<input type="checkbox"/>
65.1 to 75kg	<input type="checkbox"/>

Actual Weight

**Participant
 Signature**

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

 Name of Parent / Guardian

 Contact No.

 Signature / Date

 Name of Team Manager

 Team Manager Email

 Team Manager Signature



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REGISTRATION FORM J - SENIOR MIXED TEAM

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____
 Emergency Contact Name: _____ Relation: _____ Contact No: _____
 Address: _____ Postal: (S) _____
 Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____
 Team Name: _____ Team Manager Name: _____

Declaration

Others Martial Art: _____ Level: _____ Practicing Period: _____
 Medical condition* (NIL if none): _____ (Attach Medical Clearance) Years : _____

SENIOR MIXED CATEGORY

(18 to 30 years old, born in and between year 1995 and 2007)

(Please X the appropriate box)

GENDER	Male		Actual Weight
	Female		
BELT	Black		
	48.1 to 58kg		
	58.1 to 68kg		
	68.1 to 78kg		

Actual Weight

Participant Signature

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

 Name of Parent / Guardian

 Contact No.

 Signature / Date

 Name of Team Manager

 Team Manager Email

 Team Manager Signature



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ENTRIES FOR TEAM

Team Name: _____

Team Manager's Name: _____ **Contact No (HP):** _____

Email Address: _____

Head Coach Name: _____ **Contact No (HP):** _____

Name of Coaches: 1) _____ 6) _____
(Holding Professional Pass) 2) _____ 7) _____
3) _____ 8) _____
4) _____ 9) _____
5) _____ 10) _____

Name of Referees: 1) _____ 4) _____
(One for every 50 2) _____ 5) _____
submissions)* 3) _____ 6) _____

Name of volunteer: 1) _____ 4) _____
(One per day)* 2) _____ 5) _____
3) _____ 6) _____

**Team to provide required number of official per competition day following outline requirement*



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REGISTRATION SUMMARY

S/N	Gender	Age Div.	Belt	Weight Cat.	Name	Actual Weight

Name & Signature of Team Manager



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Payment Summary

Team Name: _____

Team Manager/Coach: _____
Name & Signature

Total Players: _____

Payment Amount: \$ _____ Date: _____

Payment Mode: Cash / Paynow / Cheque*

Receipt No : _____

*Cheque No: _____



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TAEKWONDO COMPETITION ARBITRATION FORM

EVENT :

For Treasurer's Use	
Administrative amount of S\$ 327.00 paid by:	Cash / Paynow
Official Receipt No.:	_____
Protest Lodged On :	_____ (Date) _____ (Time)

Protestee's Particulars	
Affiliate :	_____
Name of Protestee :	_____ Position: Coach / Team Manager

Information of Protest Concerned		
Bout No. :	Court No. :	Time: _____
Category* : Male / Female	Chung / Hong	Weight Category : _____
Name of Player Concerned :	_____	
Detailed Description of Protest :	_____	
_____	_____	
_____	_____	
_____	_____	

I declare that :

1. All the information provided in this form is accurate and true to the best of my knowledge.
2. I fully understand that any false or inaccurate data or wilful omission of information will render my protest invalid by the Competition Supervisory Board
3. I fully understand and will authorise the Competition Supervisory Board to obtain further information from me or any parties involved in relation to my protest where necessary.
4. I have read and fully understand the arbitration procedure and will abide by the decision of the Competition Supervisory Board.

Signature of Protestee (Name) _____
Date

For Competition Supervisory Board Use	
Findings :	_____
Conclusion :	_____
Action :	_____
Protestee informed of conclusion / action taken at :	_____ (Date & Time)
_____	_____
Signature of Competition Supervisory Board (Representative)	Date

* Please delete, where appropriate